



Avalon Square Lunch Menu

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| Sunday April 28 | Entrée Choices: | 1.Chicken Tenders w/Ranch , California Fruit Salad 2.Grilled Italian Sausage on a Bun w/diced onions & relish, California Fruit Salad |
| | Soup: | Beef Vegetable Soup |
| | Dessert: | Cookies or Ice Cream |
| Monday April 29 | Entrée Choices: | 1. Traditional Chili w/shredded cheese, cornbread muffin 2.Fillet O Fish sandwich w/cheese, LT & tarter, French fries |
| | Soup: | Broccoli Cheddar Soup |
| | Dessert: | Cookies or Ice Cream |
| Tuesday April 30 | Entrée Choices: | 1.Chicken Tetrizzini w/ French Bread 2.*Sliced Roast Beef & Swiss on croissant w/ L&T, Tropical Fruit |
| | Soup: | Mexican Fiesta Soup |
| | Dessert: | Cookies or Ice Cream |
| Wednesday May 1 | Entrée Choices: | 1.*Tuna Sub w/LT, chips, peaches 2. Open Faced Hot Turkey Sandwich w/ gravy, cauliflower rice |
| | Soup: | Stuffed Pepper Soup |
| | Dessert: | Cookies or Ice Cream |
| Thursday May 2 | Entrée Choices: | 1.Ground Beef Stroganoff, Egg Noodles, Dinner Roll 2. *Chicken Salad w/grapes & walnuts on a bed of lettuce, vegetable garnish & dip, assorted crackers |
| | Soup: | Turkey Vegetable with Dumplings |
| | Dessert: | Cookies or Ice Cream |
| Friday May 3 | Entrée Choices: | 1.Crab Louis Salad, parmesan breadstick 2. *Grilled Rachel on marble rye, Fries, bread & butter pickles |
| | Soup: | French Onion Soup w/croutons |
| | Dessert: | Cookies or Ice Cream |
| Saturday May 4 | Entrée Choices: | 1. Old Fashioned Hamburger & Potato Casserole, Fresh Pineapple 2. Italian Sub w/salami, pepperoni, provolone, LT & Italian dressing, Fresh Pineapple |
| | Soup: | Cream of Spinach w/bacon Soup |
| | Dessert: | Cookies or Ice Cream |

Daily Dessert Alternatives: - Fresh Fruit Cup - Ice Cream – Yogurt

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| Featured Soup | Chicken Rice |
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| Beverage Selection | |
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| (Choose 1 hot beverage and 1 cold beverage) | |
| Hot Beverage | Coffee: Regular/Decaf Hot Tea |
| Cold Beverage | Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim/2% |

| Sandwich Board – Available as Entrée Choice | |
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| <ul style="list-style-type: none"> • Choice of white, wheat, or marble rye bread. • Served cold (or grilled upon request.) • Includes lettuce, tomato, onion, pickle. • Served with choice of chips OR Side(s) of the day. | Choices: <ul style="list-style-type: none"> • Cheese (American, Swiss, Provolone or Cheddar) • Ham • Turkey • Peanut Butter and Jelly • Bacon |