



## Avalon Square Supper Menu

\*Denotes healthier entrée choice.  
Meal accompaniments may affect nutritional value.

Sunday, May 19	Salad:	Garden Salad
	Entrée Choices:	1. Grilled Sweet & Sour Glazed Chicken Breast 2. Baked Salmon w/dill butter
	Sides:	Peeled Roasted Potatoes, Buttered Carrot Coins, Dinner Roll
	Dessert:	Boston Crème Pie
Monday, May 20	Salad:	Mandarin Orange Jello Salad
	Entrée Choices:	1. Beef Pepper Steak 2. Herb Crusted Fish
	Sides:	Wild Brown Rice, California Blend Vegetable, Bread Basket
	Dessert:	Frosted Banana Cake
Tuesday, May 21	Salad:	Cinnamon Pears
	Entrée Choices:	1. Mushroom Swiss Steak Sandwich w/Steak Fries 2. Traditional Beef Lasagna
	Sides:	Green Beans Almondine, Parmesan Breadstick
	Dessert:	Rainbow Sherbert
Wednesday, May 22	Salad:	Peach Slices
	Entrée Choices:	1. Hand Carved Turkey w/gravy & cranberry sauce 2. Roasted Canadian Pork Loin in Au Jus
	Sides:	Mashed Sweet Potatoes, Steamed Broccoli Spears, Fruited Muffin
	Dessert:	Butter Pecan Ice Cream
Thursday, May 23	Salad:	Pasta Salad
	Entrée Choices:	1. Honey BBQ Roasted Chicken Leg 2. Baked Ham Steak with Pineapple
	Sides:	Baked Potato w/sour cream, Vegetable Medley, Fresh Baked Bread
	Dessert:	Honey Bun Cake
Friday, May 24	Salad:	Creamy Coleslaw
	Entrée Choices:	1. Coconut Breaded Butterfly Shrimp w/cocktail sauce & Lemon Wedge 2. Tennessee Whiskey glazed Pork Tenderloin Sandwich
	Sides:	Southern Sweet Potato Fries, Buttered Peas & Carrots, Bread Basket
	Dessert:	Cream De Menthe Cake
Saturday, May 25	Salad:	Vinegar Marinated Cucumbers
	Entrée Choices:	1. Bavarian Knockwurst 2. Boneless Chicken Wings w/ dipping sauce
	Sides:	Mac & Cheese, Buttered Cut Green Beans, Dinner Roll
	Dessert:	Strawberry Rhubarb Pie

**Daily Dessert Alternates:**

- Fresh Fruit Cup
- Ice Cream-Vanilla, Chocolate, or Strawberry (Chocolate sauce available upon request.)

**Beverage Selection**

(Choose 1 hot beverage and 1 cold beverage)

<b>Hot Beverage</b>	Coffee: Regular/Decaf Hot Tea
<b>Cold Beverage</b>	Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim or 2%