



# Avalon Square Supper Menu

\*Denotes healthier entrée choice. Meal accompaniments may affect nutritional value.

|                     |                    |  |
|---------------------|--------------------|--|
| Sunday,<br>May 5    | Salad:             | Autumn Gelatin Salad   |
|                     | Entrée<br>Choices: | 1. Roasted Beef Eye of Round w/gravy<br>2. Baked Cod w/tomato & melted swiss                 |
|                     | Sides:             | Steamed Carrots, Parsley potatoes, Assorted Bread Basket                                     |
|                     | Dessert:           | Pumpkin Pie w/ whipped topping   |
| Monday,<br>May 6    | Salad:             | California Pasta Salad   |
|                     | Entrée<br>Choices: | 1. *Swedish Meatballs w/egg noodles<br>2. Boneless Charbroiled Pork Chop w/apricot sauce     |
|                     | Sides:             | Steamed Broccoli & Cauliflower, Oven Roasted Potato Medley, Assorted Bread Basket            |
|                     | Dessert:           | Peach Pie  |
| Tuesday<br>May 7    | Salad:             | Strawberry Banana Jello Salad  |
|                     | Entrée<br>Choices: | 1. Seafood & Sausage Jambalaya<br>2. Beef Burgundy w/carrots & mushrooms                     |
|                     | Sides:             | Chicken Flavored Rice w/red pepper, Buttered Peas, Cinnamon Swirl Bread                      |
|                     | Dessert:           | Cheesecake with Cherry Topping   |
| Wednesday,<br>May 8 | Salad:             | Cottage Cheese with Peaches  |
|                     | Entrée<br>Choices: | 1.*Italian Steak Sandwich w/sauteed peppers, onions & provolone cheese<br>2.Chicken Parmesan |
|                     | Sides:             | Steak Fries, Garlic Butter Breadstick, Chef Blend Vegetables                                 |
|                     | Dessert:           | Butter Pecan Ice Cream   |
| Thursday,<br>May 9  | Salad:             | Cinnamon Apple Sauce   |
|                     | Entrée<br>Choices: | 1. *Rotisserie Chicken Legs<br>2. Country Style Pork baked in Sauerkraut                     |
|                     | Sides:             | Oven Roasted Red Potatoes, Chefs Blend Vegetables, Cranberry Orange Muffin                   |
|                     | Dessert:           | German Cherry Streusel Cake  |
| Friday,<br>May 10   | Salad:             | Garden Salad w/egg   |
|                     | Entrée<br>Choices: | 1. Poor Mans Lobster<br>2. Beef Cube Steak w/Mushroom Gravy                                  |
|                     | Sides:             | Baked Potato w/SC & Chives, Sliced Carrots, Bread Basket                                     |
|                     | Dessert:           | Banana Cake w/ Fudge Frosting  |
| Saturday,<br>May 11 | Salad:             | Mandi's Cucumber Tomato Delight Salad  |
|                     | Entrée<br>Choices: | 1. Canadian Brown Sugar Roasted Pork<br>2. *Apple Glazed Chicken Breast                      |
|                     | Sides:             | Basil Pesto Rotini Pasta, Oven Roasted Whole Green Beans, Dinner Roll                        |
|                     | Dessert:           | Hillcrest Orange Cake  |

**Daily Dessert Alternates:** - Fresh Fruit Cup OR Yogurt  
- Ice Cream-Vanilla, Chocolate, or Strawberry (Chocolate sauce available upon request.)

### Beverage Selection

(Choose 1 hot beverage and 1 cold beverage)

|                      |   |
|----------------------|---|
| <b>Hot Beverage</b>  | Coffee: Regular/Decaf or Hot Tea                |
| <b>Cold Beverage</b> | Juice: OJ/Cran/Tomato/Apple/Prune Milk: Skim/2% |