



Avalon Square Lunch Menu

Monday, June 10	Entrée	1. Shrimp Tortellini Salad Plate
	Choices:	2. Greek Chicken Salad, Pita Bread
	Soup:	Corn Chowder Soup
	Dessert:	Cookies or Ice Cream or Fruit
Tuesday, June 11	Entrée	1. Beef Stir Fry, Brown Rice, Fortune Cookie
	Choices:	2. Grilled Cheese on Wheat, Fresh Fruit Cup, Chips
	Soup:	Tomato Basil Soup
	Dessert:	Cookies or Ice Cream or Fruit
Wednesday, June 12	Entrée	1. Tuna Salad on Wheat, Grapes, Sun Chips
	Choices:	2. Chicken Tenders, Grapes, Sun Chips
	Soup:	Beef Barley Soup
	Dessert:	Cookies or Ice Cream or Fruit
Thursday, June 13	Entrée	1. Swiss Spinach Quiche, Fresh Fruit Cup
	Choices:	2. Sloppy Joe on a Bun, Fresh Fruit Cup
	Soup	Chicken Wild Rice Soup
	Dessert:	Cookies or Ice Cream or Fruit
Friday, June 14	Entrée	1. Ginger Chicken Thigh, Fried Rice, Napa Slaw
	Choices:	2. Fish and Chips, Napa Slaw
	Soup:	Minestrone Soup
	Dessert:	Cookies or Ice Cream or Fruit
Saturday, June 15	Entrée	1. Chef Salad, Assorted Muffins
	Choices:	2. Turkey Rachel Sandwich, Watermelon
	Soup:	Zuppa Toscana Soup
	Dessert:	Cookies or Ice Cream or Fruit
Sunday, June 16	Entrée	1. Cheese Pizza, Side Caesar Salad
	Choices:	2. Egg, Ham, and Cheese on Croissant, Cinnamon Pears
	Soup:	Country Chicken Soup
	Dessert:	Cookies or Ice Cream or Fruit

Sandwich Board – Available as Entrée Choice	Beverage Selection (Choose 1 hot beverage and 1 cold beverage)
Choices: <ul style="list-style-type: none"> • Cheese (American, Swiss, Provolone, or Cheddar) • Ham • Turkey • Peanut Butter and Jelly • Bacon Choice of white, wheat, or marble rye bread. Served cold (or grilled upon request.) Includes lettuce, tomato, onion, pickle. Served with choice of chips OR Side(s) of the day.	Hot Beverages: <ul style="list-style-type: none"> • Coffee, Decaf • Tea (Black, Green, Decaf) Cold Beverages: <ul style="list-style-type: none"> • Juice: OJ/Cranberry/Tomato/Apple/Prune • Milk: Skim/2%