



Avalon Square Lunch Menu

Monday, July 15	Entrée 1. Shrimp Tortellini Salad Plate Choices: 2. Greek Chicken Salad, Pita Bread Soup: Corn Chowder Soup Dessert: Cookies or Ice Cream or Fruit
Tuesday, July 16	Entrée 1. Beef Stir Fry, Brown Rice, Fortune Cookie Choices: 2. Grilled Cheese on Wheat, Fresh Fruit Cup, Chips Soup: Tomato Basil Soup Dessert: Cookies or Ice Cream or Fruit
Wednesday, July 17	Entrée 1. 1/3 lb Burger Choices: 2. Beer Bratwurst 3. All Beef Hot Dog Sides: Steakhouse Potato Salad, Bourbon Baked Beans, Marinated Fresh Fruit Salad Dessert: Assorted Ice Cream Novelties
Thursday, July 18	Entrée 1. Swiss Spinach Quiche, Fresh Fruit Cup Choices: 2. Sloppy Joe on a Bun, Fresh Fruit Cup Soup: Chicken Wild Rice Soup Dessert: Cookies or Ice Cream or Fruit
Friday, July 19	Entrée 1. Ginger Chicken Thigh, Fried Rice, Napa Slaw Choices: 2. Fish and Chips, Napa Slaw Soup: Minestrone Soup Dessert: Cookies or Ice Cream or Fruit
Saturday, July 20	Entrée 1. Chef Salad, Assorted Muffins Choices: 2. Turkey Rachel Sandwich, Watermelon Soup: Zuppa Toscana Soup Dessert: Cookies or Ice Cream or Fruit
Sunday, July 21	Entrée 1. Cheese Pizza, Side Caesar Salad Choices: 2. Egg, Ham, and Cheese on Croissant, Cinnamon Pears Soup: Country Chicken Soup Dessert: Cookies or Ice Cream or Fruit

Sandwich Board – Available as Entrée Choice	Beverage Selection (Choose 1 hot beverage and 1 cold beverage)
Choices: <ul style="list-style-type: none"> • Cheese (American, Swiss, Provolone, or Cheddar) • Ham • Turkey • Peanut Butter and Jelly • Bacon Choice of white, wheat, or marble rye bread. Served cold (or grilled upon request.) Includes lettuce, tomato, onion, pickle. Served with choice of chips OR Side(s) of the day.	Hot Beverages: <ul style="list-style-type: none"> • Coffee, Decaf • Tea (Black, Green, Decaf) Cold Beverages: <ul style="list-style-type: none"> • Juice: OJ/Cranberry/Tomato/Apple/Prune • Milk: Skim/2%