

AVALON SQUARE ARBOR MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
August 26	August 27	August 28	August 29	August 30	August 31	September 1
BREAKFAST SPECIALS						
Oatmeal Hard Boiled Eggs, Sausage, Raisin Toast, Fruit	Oatmeal Pancakes w/Syrup, Bacon, Fruit	Oatmeal Biscuit, Sausage, Egg and Cheese Sandwich, Fruit	Oatmeal French Toast w/ Cherry Topping, Bacon, Fruit	Oatmeal Cheesy Scrambled Eggs, Sausage, Toast, Fruit	Oatmeal Fried Egg, Hashbrowns, Ham Steak, Toast, Fruit	Oatmeal Egg, Sausage, & Cheese on Croissant, Fruit
LUNCH						
SOUP DU JOUR						
Cauliflower Cheese	Black Bean	Special: Mexican Fiesta	Chicken Noodle	Garden Vegetable	Chicken Tortilla	Broccoli Cheese
ENTRÉE CHOICES						
Pastrami Sandwich Fresh Fruit Cup	Chicken Chow Mein White Rice Asian Blend Vegetable	Steak & Chicken Fajitas Taco Casserole Roasted Mexican Corn Spanish Rice Corn Chips with Salsa	Egg Salad Sandwich Sun Chips Peaches	Battered Fish Baked Potato Wedges Coleslaw	Brat on a Bun w/ Sauerkraut & Fixings Watermelon	Turkey Sandwich w/ Basil Mayo Fresh Fruit Cup Broccoli Sunflower Cup
Breakfast Casserole Fresh Fruit Cup Assorted Muffin	Mediterranean Shrimp Salad Garlic Toast Fresh Fruit Cup	Mexican Wedding Cake NA Margarita Ice Water	Italian Sausage & Pepper Sauté Chive Roasted Potatoes	BBQ Pulled Pork Slider Baked Potato Wedges Coleslaw	Loaded Baked Potato Watermelon	Blueberry Pancakes w/ Syrup Scrambled Eggs Fresh Fruit Cup
DESSERT OPTIONS						
Chef's Choice Cookies, Ice Cream, or Fruit						
DINNER						
SALAD OF THE DAY						
Strawberry Banana Jell-O Salad	Cinnamon Applesauce	Tossed Salad	Cucumber Tomato Salad	Cottage Cheese w/ Pineapple	Creamy Pasta Salad	Garden Salad
ENTRÉE CHOICES						
Chicken Cordon Bleu Broiled Potatoes Vegetable Blend	Turkey Waldorf Salad Croissant Mandarin Oranges	Swiss Steak w/ Mashed Potatoes Broccoli	Baked Chicken Thigh Gravy Chive Roasted Potatoes	Honey Lemon Glazed Salmon Rice Blend Green Beans	Beef Taco Salad Corn	Beef Roast w/ Gravy Mashed Potatoes Roasted Carrots
Mushroom Pork Loin Broiled Potatoes Vegetable Blend	Corned Beef Dinner w/ Potatoes, Carrots, Cabbage, Onions & Creamy Horseradish Sauce	Ginger Peach Pork w/ Sweet Potatoes Broccoli	Spaghetti & Meat Sauce Roasted Brussel Sprouts Garlic Toast	Baked Chicken Breast w/ Tomato Cream Sauce Rice Blend Green Beans	Open Faced Hot Turkey Sandwich w/ Mashed Potatoes Corn	Roast Pork w/ Gravy Mashed Potatoes Roasted Carrots
DESSERT OF THE DAY						
Butter Pecan Ice Cream	Assorted Pie	Blueberry Muffin with Streusel Topping	Frosted Brownie	Strawberry Sundae	No-Bake Oreo Cheesecake	Iced Cinnamon Roll