



Avalon Square Breakfast Menu

Daily Breakfast Specials

Monday, August 26	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Hard Boiled Eggs, Sausage, Raisin Toast, Fruit
Tuesday, August 27	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Pancakes w/Syrup, Bacon, Fruit
Wednesday, August 28	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Cheesy Scrambled Eggs, Sausage & Biscuit, Fruit
Thursday, August 29	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	French Toast w/Cherry Topping, Bacon, Fruit
Friday, August 30	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Cheesy Scrambled Eggs, Sausage, Toast, Fruit
Saturday, August 31	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Fried Egg, Hashbrowns, Ham Steak, Toast, Fruit
Sunday, September 1	Hot Cereal of the Day:	Oatmeal
	Breakfast Entrée Special:	Egg, Sausage & Cheese on Croissant, Fruit

Everyday Breakfast Items

From the Bread Box	Toasted Items:	English Muffin Whole Wheat, White, Rye, or Cinnamon Raisin bread
	Whole fruit:	Apple, Orange or Banana
From the Pantry	Cold Cereal:	Raisin Bran, Rice Krispies, Corn Pops, Apple Jacks, Frosted Mini Wheats, Fruit Loops, Krave
	Dairy:	Yogurt: Peach, Strawberry, or Raspberry Cottage Cheese
From the Icebox	Fruit:	Fresh-cut Mixed Fruit
	Eggs:	Any style - One, Two or Three Eggs Hardboiled Eggs (Served cold)
From the Grill	Omelets:	Denver (Ham, green/red pepper, onion, & cheese) Cheese (American, Swiss, or cheddar) or Plain
	Griddle Items:	Pancakes (Short stack), French Toast, Belgian Waffle Hash browns
	Meat Items:	Sausage patty or links, Bacon

Beverage Options

One hot beverage and one cold beverage offered per meal

Cold	Juice: Orange, Apple, Cranberry, Prune or Tomato, Milk: 2%
Hot	Coffee or Decaf, Tea: Green, Black or Decaf