



Avalon Square Dinner Menu

*Denotes healthier entrée choice. Meal accompaniments may affect nutritional value.

Monday, August 26	Starter:	Strawberry Banana Jell-O or Cauliflower Cheese Soup
	Entrée Choices:	1. Chicken Cordon Bleu 2. Mushroom Pork Loin
	Sides:	Broiled Potatoes, Vegetable Blend
	Dessert:	Butter Pecan Ice Cream
Tuesday, August 27	Starter:	Cinnamon Applesauce or Black Bean Soup
	Entrée Choices:	1. Turkey Waldorf Salad, Croissant, Mandarin Oranges 2. Corned Beef Dinner w/ Potatoes, Carrots, Cabbage, Onions and Creamy Horseradish Sauce
	Dessert:	Assorted Pie
Wednesday, August 28	Starter:	Tossed Salad or Vegetable Barley Soup
	Entrée Choices:	1. Swiss Steak with Mashed Potatoes 2. Ginger Peach Pork with Sweet Potatoes
	Sides:	Broccoli
	Dessert:	Blueberry Muffin with Streusel Topping
Thursday, August 29	Starter:	Cucumber Tomato Salad or Chicken Noodle Soup
	Entrée Choices:	1. Baked Chicken Thigh, Gravy, Chive Roasted Potatoes 2. Spaghetti & Meat Sauce, Roasted Brussel Sprouts, Garlic Toast
	Dessert:	Frosted Brownie
Friday, August 30	Starter:	Cottage Cheese with Pineapple or Garden Vegetable Soup
	Entrée Choices:	1. Honey Lemon Glazed Salmon 2. Baked Chicken Breast w/Tomato Cream Sauce
	Sides:	Rice Blend, Green Beans
	Dessert:	Strawberry Sundae
Saturday, August 31	Starter:	Creamy Pasta Salad or Chicken Tortilla Soup
	Entrée Choices:	1. Beef Taco Salad 2. Open Faced Hot Turkey Sandwich w/Mashed Potatoes
	Sides:	Corn
	Dessert:	No-Bake Oreo Cheesecake
Sunday, September 1	Starter:	Garden Salad or Broccoli Cheese Soup
	Entrée Choices:	1. Beef Roast w/Gravy 2. Roast Pork w/Gravy
	Sides:	Mashed Potatoes, Roasted Carrots
	Dessert:	Iced Cinnamon Roll

Daily Dessert Alternates:

- Ice Cream-Vanilla, Chocolate, or Strawberry
- Yogurt
- Fruit

Beverage Selection

(Choose 1 hot beverage and 1 cold beverage)

Hot Beverage	Coffee: Regular/Decaf Hot Tea
Cold Beverage	Juice: OJ/Cran/Tomato/Apple/Prune Milk: 2%