



# Avalon Square Lunch Menu

Monday, August 26	Entrée	1. Pastrami Sandwich, Fresh Fruit Cup
	Choices:	2. Breakfast Casserole, Fresh Fruit Cup, Assorted Muffin
	Soup:	Cauliflower Cheese Soup
	Dessert:	Cookies, Ice Cream, Yogurt, or Fruit
Tuesday, August 27	Entrée	1. Chicken Chow Mein, White Rice, Asian Blend Vegetable
	Choices:	2. Mediterranean Shrimp Salad, Garlic Toast, Fresh Fruit Cup
	Soup:	Black Bean Soup
	Dessert:	Cookies, Ice Cream, Yogurt, or Fruit
Wednesday, August 28 <b>*Fiesta Cookout</b>	Entrée	Steak & Chicken Fajitas, Taco Casserole, Roasted Mexican Corn, Spanish Rice,
	& Sides:	Marinated Fruit Salad, Corn Chips with Salsa
	Beverage:	NA Margarita, Ice Water
	Dessert:	Mexican Wedding Cake
Thursday, August 29	Entrée	1. Egg Salad Sandwich, Sun Chips, Peaches
	Choices:	2. Italian Sausage & Pepper Sauté, Chive Roasted Potatoes
	Soup	Chicken Noodle Soup
	Dessert:	Cookies, Ice Cream, Yogurt, or Fruit
Friday, August 30	Entrée	1. Battered Fish, Baked Potato Wedges, Coleslaw
	Choices:	2. BBQ Pulled Pork Slider, Baked Potato Wedges, Coleslaw
	Soup:	Garden Vegetable Soup
	Dessert:	Cookies, Ice Cream, Yogurt, or Fruit
Saturday, August 31	Entrée	1. Brat on a Bun w/ Sauerkraut and Fixings, Watermelon
	Choices:	2. Loaded Baked Potato, Watermelon
	Soup:	Chicken Tortilla Soup
	Dessert:	Cookies, Ice Cream, Yogurt, or Fruit
Sunday, September 1	Entrée	1. Turkey Sandwich w/Basil Mayo, Fresh Fruit Cup, Broccoli Sunflower Salad
	Choices:	2. Blueberry Pancakes w/Syrup, Scrambled Eggs, Fresh Fruit Cup
	Soup:	Broccoli Cheese Soup
	Dessert:	Cookies, Ice Cream, Yogurt, or Fruit

<b>Sandwich Board – Available as Entrée Choice</b>	<b>Beverage Selection</b> (Choose 1 hot beverage and 1 cold beverage)
Choices: <ul style="list-style-type: none"> <li>• Cheese (American, Swiss, Provolone, or Cheddar)</li> <li>• Ham</li> <li>• Turkey</li> <li>• Peanut Butter (Jelly optional)</li> <li>• Bacon</li> </ul> Choice of white, wheat, or marble rye bread. Served cold (or grilled upon request.) Includes lettuce, tomato, onion, pickle. Served with choice of chips OR Side(s) of the day.	Hot Beverages: <ul style="list-style-type: none"> <li>• Coffee, Decaf</li> <li>• Tea (Black, Green, Decaf)</li> </ul> Cold Beverages: <ul style="list-style-type: none"> <li>• Juice: OJ/Cranberry/Tomato/Apple/Prune</li> <li>• Milk: 2%</li> </ul>