

SUN

MON

TUES

WED

THUR

FRI

SAT

NOTICE: All activities are subject to change. Outings, crafts, baking activities, and Manicures require that you sign-up in the binder by the front desk. Please do not attend programs if you are feeling ill. If you have questions, please call Leann, Life Enrichment Director at *4207.

PLEASE CHECK YOUR TV CHANNEL 957 for Up to Date Activities DAILY Avalon Café: Continental Breakfast MWF 8:30-9:30 - Café



Location Key: MSL - Main Street Lounge CH- Chapel CR - Club Room FC - Fitness Center FL - Fireside Lounge LL- Lower Level FFH- Faith and Fellowship Hall HL - Historic Lounge PDR - Private Dining Room



State Fair Week! Wear Your Tie Dye Attire! No Chair Exercises Today!

1

State Fair Week! Wear Piggy Pink Attire!

2

1:00 Movie Matinee: FFH "The Great Escape" PG, 1963, 2hr 53 mins 3:00 Game: Sequence -MSL

3

10:00 Catholic Communion Service - CH 1:00 Worship Service w/ Rev. Peter Schmidt CH / FFH & CH. 957 1:30 Game: Sequence - Cafe 1:45 Hand & Foot Card Game - MSL

4



No Standing Balance Today! No Brainy Bunch Today! 11:00 Chair Stretch with Leann -FFH 1:30 Sheepshead- MSL 2:00 Book Group: "The Violin Conspiracy" by Brendan Slocumb-PDR 2:30 OOPPSS Band Practice -CH 2:30 Session 3: Community Barn Quilt Painting Project - HL 6:30 Live Classical Violin Performance: Ada Duo - FFH

5



Twin Day! Pick a Friend & Dress Alike! 10:00 Pick-n-Save Outing 11:00 Chair Exercise - FFH 12:00-4:00 Wii Bowling Teams- FFH No Popcorn Today! 12:45 Cubii Bike Group - HL 1:00-1:30 IL Free Blood Pressure Clinic - Health Services Office (Change in day/ time) 6:30 Euchre - MSL

6

Open House 11am-3pm 10:00 Standing Balance - FFH 11:00 Chair Exercise - FFH 11-1pm Popcorn & Lemonade-Café 11:00 Take & Make Craft: FanSea Votives-HL please sign up! 1:30 Sheepshead - MSL 2:30 Live Band Music w/ Dolce Duo-FFH 3:00 Dominoes - MSL

7

10:00 Catholic Communion Service w/ Deacon Gary - CH 11:00 Chair Exercise -FFH 12:45 Cubii Bike Group - HL 1:30 Bingo - FFH

8

10:00 Catholic Communion Service w/ Greg - CH 11:00 Outing: Dancing Horses Theatre- Culver's stop after (For those who signed up!) 1:00 Travelogue: Nova "Equus: The Story of the Horse"- FFH 3:00 Canasta-MSL

9

1:00 Movie Matinee: FFH "Hillbilly Elegy" R, 1hrs 56 mins Notice: Violence, Drug Use, Extreme Language) 3:00 Game: Sequence -MSL

10

10:00 Catholic Communion Service - CH 1:00 Worship Service w/ Pastor Debbie CH / FFH & CH. 957 1:30 Game: Sequence - Cafe 1:45 Hand & Foot Card Game - MSL

11

No Brainy Bunch Today! 10:00 Standing Balance - FFH 11:00 Chair Exercise - FFH 1:00 Foot Dr (Apts Only) - LL 1:00 Meet N Greet #1 w/Pastor Debbie w/ Light Refreshments- FFH 1:30 Sheepshead- MSL 2:00 Cookies for Sale - Café 2:30 Session 4: Community Barn Quilt Painting Project - HL

12



10:00 Pick-n-Save Outing 11:00 Chair Exercise - FFH 12:00-4:00 Wii Bowling Teams-FFH 12:30 Popcorn -Café 12:45 Cubii Bike Group - HL 1:30 Tuesdays with Mike-HL 6:30 Euchre - MSL

13

Caribbean Fest Cookout! Wear Your Tropical Attire! 10:00 Standing Balance - FFH 11:00 Chair Exercise - FFH 12:00 Caribbean Cookout! 1:30 Sheepshead -MSL 1:30 Live Percussion Music: Caribbean Eclipse - FFH 3:00 Dominoes -MSL

14



10:00 Catholic Communion Service w/ Deacon Gary - CH 11:00 Chair Exercise -FFH 12:45 Cubii Bike Group - HL 1:30 Bingo - FFH 2:00-3:00 Library Outreach-HL

15

10:00 Catholic Communion Service w/ Greg - CH 12:00 El Sistema Summer Camp Recital - Refreshments & Social Afterwards FFH 1:00 Canasta - MSL 3:00 Great Decisions w/Dr. Scott Hendrix "Project 2025: An American Election"

16



1:00 Movie Matinee: FFH "Rocky" PG, 1976, 1hr 56 mins 3:00 Game: Sequence -MSL

17

10:00 Catholic Communion Service - CH 1:00 Worship Service w/ Pastor Debbie CH / FFH & CH. 957 1:30 Game: Sequence - Cafe 1:45 Hand & Foot Card Game - MSL

18

10:00 Standing Balance - FFH 11:00 Chair Exercise - FFH 1:00 Brainy Bunch - FFH 1:30 Sheepshead- MSL 2:00 Cookies for Sale - Café 2:30 OOPPSS Band Practice All Singers Welcome! - CH 2:30 Session 4: Community Barn Quilt Painting Project - HL 4:30 Outing: Great Harvest Shopping & Dinner out - Please sign up!

19



10:00 Pick-n-Save Outing 11:00 Chair Exercise - FFH 12:00-4:00 Wii Bowling Teams-FFH 12:30 Popcorn - Café 12:45 Cubii Bike Group - HL 6:30 Euchre - MSL

20

10:00 Standing Balance - FFH 11:00 Chair Exercise - FFH 1:30 Sheepshead - MSL 1:30 Jeopardy Teams-FFH 3:00 Dominoes - MSL 4:30 Dinner Outing: Water Street Brewery Delafield- Please sign up!

21

10:00 Catholic Communion Service w/ Deacon Gary - CH 11:00 Chair Exercise -FFH 12:45 Cubii Bike Group - HL 1:30 Bingo - FFH 2:30 Meet N Greet #2 w/Pastor Debbie w/ Light Refreshments- FFH

22

10:00 Catholic Communion Service w/ Greg - CH 1:00 Travelogue: "France"-FFH 3:00 Canasta - MSL

23

1:00 Movie Matinee: FFH Western: "Wild Bill" R, 1995 1hr 38 mins 3:00 Game: Sequence -MSL

24

10:00 Catholic Communion Service - CH 1:00 Worship Service-TBD CH / FFH & CH. 957 1:30 Game: Sequence - Cafe 1:45 Hand & Foot Card Game -MSL

25



10:00 Standing Balance - FFH 11:00 Chair Exercise - FFH 1:00 Brainy Bunch - FFH 1:30 Sheepshead- MSL 2:00 Cookies for Sale - Café 2:30 Avalon Square Spelling Bee -FFH

26



10:00 Pick-n-Save Outing 11:00 Chair Exercise - FFH 12:00-4:00 Wii Bowling Teams-FFH 12:30 Popcorn - Café 12:45 Cubii Bike Group - HL 1:30 Tuesdays with Mike-HL 6:30 Euchre - MSL

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Fiesta Cook Out! Dress in Bright Colors & Patterns 10:00 Standing Balance-FFH 11:00 Chair Exercise - FFH 12:00 Fiesta Cookout! 1:30 Sheepshead - MSL 3:00 Dominoes - MSL

28

10:00 Catholic Communion Service w/ Deacon Gary - CH 11:00 Chair Exercise -FFH 12:45 Cubii Bike Group - HL 1:30 Bingo - FFH

29

10:00 Catholic Communion Service w/ Greg - CH 10:30 Baking Group: Pineapple Upside Down Cakes- HL Please sign up! 2:00 Live Piano and Vocals w/Carolyn Wehner - FFH 3:00 Canasta - MSL

30



1:00 Movie Matinee: FFH "The Sting" PG, 1973, 2hrs 9 mins 3:00 Game: Sequence -MSL

31

