

## TERRACE JULY 2024 Beacon Hill Senior Apartments



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Asterisk denotes activity Is on channel 991. Calendar Subject To Change Please see daily Bulletin Board	1 10:30 Updates & Donuts 1st fl. 11:45 Catholic Communion 12:30 Wii Bowling 2nd fl. *1:30 Fire & Fall Prevention 1:45 Bible Study Pvt. Dining 2:30 Balance w/Jessica 2nd fl. 3:00 Cardio Strength w/Jessica 4:00 Men's Fitness 1st fl.	2 A.M. Rides to M.D.  *9:45 Bible Reading 9:00 Men's Pool 11:00 Bingo Dining Rm only *1:00 Exercise Video in chapel 2:30 Reflex Kickball 7:00 500 Cards	3 Podiatry Appts.  11:00 Bingo in Dining Rm & 991 12:30 Wii Bowling *1:00 Exercise Video chapel 1:00 Cart Store—Lobby 2:00 Airplane flying contest Front of Commons Win Prizes 2:30 Left/Center/Right Game	4 Office Closed Meal Served at Noon	10:30 Cart Store in Lobby 1:00 Exercise Video in chapel 1:30 Women's Pool *3:00 Holy Land Video 7:00 Movie Night in Chapel	6 10:00 Open Pool 3:30 Social Hour 6:30 Bridge
9:20 Bethlehem Lutheran & All Saints Lutheran 9:40 Faith Presbyterian 10:15 IHM 2:00 Adult Coloring Group In Dining Room	8 10:30 Updates & Donuts 1st fl. 11:45 Catholic Communion 12:30 Wii Bowling 2nd fl. *1:00 Exercise Video in Chapel 1:45 Bible Study w/Gene 1st 2:30 Balance w/Jessica 2nd fl. 3:00 Cardio Strength w/Jessica 4:00 Men's Fitness 1st fl. 6:30 Bridge	9:00 Men's Pool *9:45 Bible Reading 10:00 Hennepin Library pick up 11:00 Bingo Dining Rm only 2:30 Reflex Kickball 2nd fl. 7:00 500 Card Game 1st fl.	10 Hair Salon Open—Appt needed  11:00 Bingo in Dining Rm & 991 12:30 Wii Bowling *1:00 Exercise Video chapel 1:00 Cart Store—Lobby 2:00 Book Club	8:45 Target trip sign up 9:00 Men's Pool 2nd fl. 12:30 Bridge 3:00 Cardio w/Jessica 2nd fl. 4:00 Men's Fitness 1st fl. 7:00 Bingo 2nd fl.	8:00 Men's Breakfast 2nd 10:30 Cart Store in Lobby 1:00 Exercise Video in chapel 1:30 Women's Pool *3:00 Holy Land Video 7:00 Movie Night in Chapel	9-11 Hosting River Valle Volunteer Sandwich Making Group 3rd 10:00 Open Pool 10:30 Writing Group in Private Dining room 3:30 Social Hour 6:30 Bridge
14 Bus rides to Church 9:20 Bethlehem Lutheran & All Saints Lutheran 9:40 Faith Presbyterian 10:15 IHM 2:00 Adult Coloring Group In Dining Room ***********************************	15 10:30 Updates & Donuts 1st fl. 11:45 Catholic Communion 12:30 Wii Bowling 2nd fl. *1:00 Exercise Video in Chapel 1:45 Bible Study w/Gene 1st 2:30 Balance w/Jessica 2nd fl. 3:00 Cardio Strength w/Jessica 4:00 Men's Fitness 1st fl. 6:30 Bridge	*9:45 Bible Reading 9:00 Men's Pool 11:00 Bingo Dining Rm only *1:00 Exercise Video in chapel 2:00 Piano Music at Commons Mary Knutson! All invited! 2:30 Reflex Kickball 7:00 500 Cards	17 Hair Salon Open—Appt needed  11:00 Campus Bingo & 991 12:30 Wii Bowling *1:00 Exercise Video chapel 1:00 Cart Store—Lobby 2:30 Left/Center/Right Game 5:00 Birthday Dinner sign up 6:00 Music by Top Three Band! 2nd fl. Everyone invited!	8:45 Cub trip sign up 9:00 Men's Pool 2nd fl. 12:30 Bridge 2:30 Balance w/Jessica 2nd 3:00 Cardio w/Jessica 2nd 4:00 Men's Fitness 1st fl. 7:00 Bingo 2nd fl.	10:30 Cart Store in Lobby 12:15 Pontoon Ride sign up 1:00 Exercise Video in chapel 1:30 Women's Pool *3:00 Holy Land Video 7:00 Movie Night in Chapel	20 10:00 Open Pool 3:30 Social Hour 6:30 Bridge
21 Bus rides to Church 9:20 Bethlehem Lutheran & All Saints Lutheran 9:40 Faith Presbyterian 10:15 IHM 2:00 Adult Coloring Group In Dining Room ***********************************	10:30 Updates & Donuts 1st fl. 11:45 Catholic Communion 12:30 Wii Bowling 2nd fl. *1:00 Exercise Video in Chapel 1:45 Bible Study w/Gene 1st 2:30 Balance w/Jessica 2nd fl. 3:00 Cardio Strength w/Jessica 4:00 Men's Fitness 1st fl. 6:30 Bridge	23 A.M. Rides to M.D.  9:00 Men's Pool *9:45 Bible Reading 10:00 Hennepin Library pick up 11:00 Bingo Dining Rm only 2:00 Jimmy D's Karaoke Sing Along Classics! All invited! 1st 2:30 Reflex Kickball 2nd fl. 7:00 500 Card Game 1st fl.	24Hair Salon Open—Appt needed  8:45 Aldi trip sign up 11:00 Bingo in Dining Rm Only 12:30 Wii Bowling *1:00 Exercise Video chapel 1:00 Cart Store—Lobby 2:30 Left/Center/Right Game	9:00 Men's Pool 2nd fl. 12:30 Bridge 1-3 Card Making w/Joy 1st fl Balance w/Jessica 2nd fl. 3:00 Cardio w/Jessica 2nd fl. 4:00 Men's Fitness 1st fl. 7:00 Bingo 2nd fl.	10:30 Cart Store in Lobby 1:00 Exercise Video in chapel 1:30 Women's Pool *3:00 Holy Land Video 7:00 Movie Night in Chapel	10:00 Open Pool 10:30 Writing Group in Private Dining room 3:30 Social Hour 6:30 Bridge
28 No Church Bus Today :00 Adult Coloring Group In Dining Room :::::::::::::::::::::::::::::::::::	29 10:30 Updates & Donuts 1st fl. 11:45 Catholic Communion 12:30 Wii Bowling 2nd fl. *1:00 Exercise Video in Chapel No Exercise w/Jessica Today 6:30 Bridge	9:00 Men's Pool 11:00 Bingo Dining Rm only *1:00 Exercise Video in chapel 2:30 Reflex Kickball 7:00 500 Cards	31 Hair Salon Open—Appt needed  11:00 Bingo in Dining Rm & 991 12:30 Wii Bowling 1:00 Cart Store—Lobby 2:30 Left/Center/Right Game	Jane P. David H Anne K Jann H Karen J Judy R Mike D	R. 7/3 Maggie S. 7/22 7/7 Julie D. 7/24 . 7/10 Harlan C. 7/24 L. 7/15 Bill B. 7/26 a. 7/16 Vicki Z. 7/29	