

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

30

1

2

3

4

5

6

**11:00 - Catholic Mass**  
Town Hall/Ch. 993

**3:00 - Worship Service**  
Town Hall/Ch. 993

Activities are subject to change.

Grab n' Go Snack Available outside the Commons Dining Room every day from 2:00-3:00 PM.

Key: CH. 993  
Boutwells TV Channel 993

**8:30-11:00-Open Gym**  
Wellness Center

**10:30 - Crosswords w/Emma** - Sunroom

**1:00 - Movie: "The Chosen"**  
Lower Level Theater

**1:30 - Chair Exercise with Fitness**  
1st Floor Family Room

**2:00 - Walk w/Fitness**  
Meet in 1st Floor Family Room

**9:15 - Seated Stretch**  
Wellness Studio

**10:00 - Bingo with Jewels**  
Club Room

**1:00 - Cardio Drumming**  
Wellness Studio

**1:30 - Movie: "The Artist"**  
Lower Level Theater

**1:30 - Outdoor Garden Time with Jewels**  
Garden Area  
Down by Club Room

**3:30 - Bible Study**  
Town Hall/Ch. 993

**8:30-11:00 - Open Gym**  
Wellness Center

**10:00 - Ecumenical Service w/Trinity Lutheran** - Town Hall

**10:30 - Crosswords with Emma** - Sunroom

**11:30 - Ecumenical Service w/Ascension Episcopal** - Town Hall

**1:00 - Catholic Mass**  
Town Hall/Ch.993

**1:30 - Movie Theme Quiz with Emily** - Sunroom

**2:00 - Seated Strength with Fitness**  
1st Floor Family Room

**3:00 - Java Music with Emily**  
Commons Dining Room Patio  
(Rain Location: Sunroom)

**Happy 4th of July**

**10:00 - Bingo**  
Club Room

**3:00 - Worship Service - Town Hall/Ch. 993**

**8:30-11:00 - Open Gym**  
Wellness Center

**1:00 - Catholic Mass**  
Chapel/Ch. 993

**2:00 - Friday Fun Fitness**  
1st Floor Family Room

**2:45 - Chat with Emily**  
Commons Dining Room Patio  
(Rain Location: Sunroom)

**3:30 - Sing along with Emily**  
Sunroom

**10:00 - Bingo w/Sara**  
Club Room

**12:00-3:00 - Train Room Open**  
Lower Level

**2:00 - Movie: "South Pacific"**  
Lower Level Theater

**2:30 - Ice Cream Social w/Sara** - Club Room

**3:15 - Trivia w/Sara**  
Club Room



July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8	9	10	11	12	13
<p><b>11:00 - Catholic Mass</b> Town Hall/Ch. 993</p> <p><b>3:00 - Worship Service with Communion</b> Town Hall/Ch. 993</p> <p><b>5:30 - Movie: "Little Shop of Horrors"</b> Lower Level Theater</p> <p>Activities are subject to change.</p> <p>Grab n' Go Snack Available outside the Commons Dining Room every day from 2:00-3:00 PM.</p> <p>Key: CH. 993 Boutwells TV Channel 993</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>10:30 - Crosswords w/Sara</b> - Sunroom</p> <p><b>1:30 - Chair Exercise with Fitness</b> 1st Floor Family Room</p> <p><b>2:00 - Walk w/Fitness</b> Meet in 1st Floor Family Room</p> <p><b>2:30 - Cupcake Liner Flower Craft w/Sara</b> 2nd Floor Activity Room</p> <p><b>4:00 - Trivia with Sara</b> Sunroom</p>	<p><b>9:15 - Seated Stretch</b> Wellness Studio</p> <p><b>10:00 - Bingo with Sara</b> Club Room</p> <p><b>1:00 - Cardio Drumming</b> Wellness Studio</p> <p><b>1:30 - Movie: " Saving Mr. Banks"</b> Lower Level Theater</p> <p><b>1:30 - Outdoor Garden Time with Sara</b> Garden Area Down by Club Room</p> <p><b>3:00 - Pokeno w/Sara</b> 2nd Floor Activity Room</p> <p><b>3:30 - Bible Study</b> Town Hall/Ch. 993</p> <p><b>4:00 - Trivia with Sara</b> Sunroom</p>	<p><b>8:30-10:30 - Open Gym</b> Wellness Center</p> <p><b>10:30 - Crosswords with Sara</b> - Sunroom</p> <p><b>11:30 - Ecumenical Service w/Ascension Episcopal</b> - Town Hall</p> <p><b>1:00 - Catholic Mass</b> Town Hall/Ch.993</p> <p><b>1:30-2:00 Free Manicures: File &amp; Polish Only</b> Club Room</p> <p><b>2:00 - Seated Strength with Fitness</b> 1st Floor Family Room</p> <p><b>3:00 - Craft: Make Your Own Visor! with Emma</b> Sunroom</p> <p><b>4:00 - 1920's Pop Culture Trivia with Emma</b> Sunroom</p> <p><b>6:00 - Movie: "On Golden Pond"</b> Lower Level Theater</p>	<p><b>9:15 - Cardio Drumming</b> Wellness Studio</p> <p><b>10:00 - Bingo w/Sara</b> Club Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>1:30 - Outdoor Garden Time with Sara</b> Garden Area Down by Club Room</p> <p><b>2:15 - Standing Balance w/Fitness</b> 1st Floor Family Room</p> <p><b>3:00 - Hymn Sing</b> Town Hall/Ch. 993</p> <p><b>3:45 - Table Topics with Sara</b> Sunroom</p> <p><b>6:30 - Foreign/Classic Film: "All Quiet on the Western Front"</b> Lower Level Theater</p>	<p><b>8:30-11:00 - Open Gym</b> Wellness Center</p> <p><b>10:30 - Crosswords with Emma</b> - Sunroom</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>2:45 - Walk with Emma</b> Meet by Sunroom</p>	<p><b>10:00 - Bingo w/Lauryn</b> Club Room</p> <p><b>12:00-3:00 - Train Room Open</b> Lower Level</p> <p><b>2:00 - Movie: "Hidden Figures"</b> Lower Level Theater</p>



**July 2024**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16	17	18	19	20
<p><b>11:00 - Catholic Mass</b> Town Hall/Ch. 993</p> <p><b>3:00 - Worship Service</b> Town Hall/Ch. 993</p> <p>Activities are subject to change. Grab n' Go Snack Available outside the Commons Dining Room every day from 2:00-3:00 PM.</p> <p>Key: CH. 993 Boutwells TV Channel 993</p>	<p><b>8:30-10 - Open Gym</b> Wellness Center</p> <p><b>10:30 - Crosswords w/Sara</b> - Sunroom</p> <p><b>1:30 - Chair Exercise with Fitness</b> 1st Floor Family Room</p> <p><b>2:00 - Walk w/Sara</b> Meet in 1st Floor Family Room</p> <p><b>3:00 - Piano Concert with Don Irwin</b> Town Hall/Ch. 993</p> <p><b>4:00 - Trivia with Sara</b> Sunroom</p>	<p><b>9:15 - Seated Stretch</b> Wellness Studio</p> <p><b>10:00 - Bingo with Emily</b> Club Room</p> <p><b>1:00 - Cardio Drumming</b> Wellness Studio</p> <p><b>1:30 - Movie: "Marley &amp; Me"</b> Lower Level Theater</p> <p><b>1:30 - Outdoor Garden Time with Sara</b> Garden Area Down by Club Room</p> <p><b>3:00 - Crazy Eights w/Sara</b> 2nd Floor Activity Room</p> <p><b>3:30 - Bible Study</b> Town Hall/Ch. 993</p> <p><b>4:00 - Trivia with Sara</b> Sunroom</p>	<p><b>8:30-10:30 - Open Gym</b> Wellness Center</p> <p><b>10:00 - Ecumenical Service w/St. Paul Lutheran</b> - Town Hall</p> <p><b>10:30 - Crosswords with Sara</b> - Sunroom</p> <p><b>11:30 - Ecumenical Service w/Ascension Episcopal</b> - Town Hall</p> <p><b>11:30 - Lunch Cookout Music with Bill Cagley</b> Commons Dining Room</p> <p><b>1:00 - Catholic Mass</b> Town Hall/Ch.993</p> <p><b>1:30-2:00 Free Manicures: File &amp; Polish Only</b> Club Room</p> <p><b>2:00 - Seated Strength with Fitness</b> 1st Floor Family Room</p> <p><b>3:00 - Learn about Paris France with Emily</b> Commons Dining Room Patio (Rain Location: Sunroom)</p> <p><b>4:00 - 1930's Pop Culture Trivia w/Emma</b> - Sunroom</p>	<p><b>9:15 - Cardio Drumming</b> Wellness Studio</p> <p><b>10:00 - Bingo w/Sara</b> Club Room</p> <p><b>1:00-3:00 - Open Gym</b> Wellness Center</p> <p><b>1:30 - Baking: Zucchini Muffins with Sara</b> Club Room</p> <p><b>2:15 - Standing Balance w/Fitness</b> 1st Floor Family Room</p> <p><b>3:00 - Worship Service with Communion</b> Town Hall/Ch. 993</p> <p><b>3:45 - Table Topics with Sara</b> Sunroom</p>	<p><b>8:30-11:00 - Open Gym</b> Wellness Center</p> <p><b>10:30 - Crosswords with Emma</b> Sunroom</p> <p><b>1:00 - Catholic Mass</b> Chapel/Ch. 993</p> <p><b>1:00- Learn about Wedding songs w/ Emily</b> Commons Dining Room Patio (Rain Location: Sunroom)</p> <p><b>1:45 - Trivia with Emily</b> Sunroom</p> <p><b>2:30 - Walk with Emily</b> Meet by Sunroom</p> <p><b>3:15 - Table Games with Emily</b> Commons Dining Room Patio (Rain Location: Sunroom)</p>	<p><b>10:00 - Bingo w/Emily</b> Club Room</p> <p><b>12:00-3:00 - Train Room Open</b> Lower Level</p> <p><b>2:00 - Movie: "Yentl"</b> Lower Level Theater</p> <p><b>2:30 - Learn about London with Emily</b> Sunroom</p> <p><b>3:15 - Guess the 50's Songs with Emily</b> Commons Dining Room Patio (Rain Location: Sunroom)</p>

# July 2024

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

21

**11:00 - Catholic Mass**  
Town Hall/Ch. 993

**3:00 - Worship Service**

Town Hall/Ch. 993

**5:30 - Movie: "NYAD"**  
Lower Level Theater

Activities are subject to change.

Grab n' Go Snack Available outside the Commons Dining Room every day from 2:00-3:00 PM.

Key: CH. 993  
Boutwells TV Channel 993

22

**8:30-10 - Open Gym**  
Wellness Center

**10:30 - Crosswords w/Sara** - Sunroom

**1:00 - Music with Joyce and Mark** - Courtyard

**1:30 - Chair Exercise with Fitness**  
1st Floor Family Room

**1:30 - Book Club with Sara & Amy Z**  
Fireside

**3:00 - Outdoor Garden Time with Sara**  
Garden Area  
Down by Club Room

23

**9:15 - Seated Stretch**  
Wellness Studio

**10:00 - Bingo with Jewels**  
Club Room

**1:00 - Cardio Drumming**  
Wellness Studio

**1:30 - Movie: "Drums Along the Mohawk"**  
Lower Level Theater

**1:30 - Outdoor Garden Time with Emma**  
Garden Area  
Down by Club Room

**3:30 - Bible Study**  
Town Hall/Ch. 993

24

**8:30-11:00 - Open Gym**  
Wellness Center

**10:30 - Crosswords with Emma** - Sunroom

**11:30 - Ecumenical Service w/Ascension Episcopal** - Town Hall

**1:00 - Catholic Mass**  
Town Hall/Ch.993

**1:30-2:00 Free Manicures: File & Polish Only**  
Club Room

**2:00 - Seated Strength with Fitness**  
1st Floor Family Room

**3:00 - Lemonade Social with Emily**  
Commons Dining Room Patio  
(Rain Location: Sunroom)

**6:00 - Movie: "Sideways"**  
Lower Level Theater

25

**9:15 - Cardio Drumming**  
Wellness Studio

**10:00 - Bingo w/Jewels**  
Club Room

**1:00-3:00 - Open Gym**  
Wellness Center

**1:00 - Resident Meeting**  
Club Room

**1:30 - Outdoor Garden Time with Emma**  
Garden Area  
Down by Club Room

**2:15 - Standing Balance w/Fitness**  
Club Room

**3:00 - Worship Service**  
Town Hall/Ch. 993

**6:30 - Foreign/Classic Film: "The Miracle Club"**  
Lower Level Theater

26

**8:30-11:00 - Open Gym**  
Wellness Center

**10:30 - Crosswords with Emma**  
Sunroom

**11:00 - Olympics Opening Ceremonies Watch Party** -Theater

**1:00 - Catholic Mass**  
Chapel/Ch. 993

**1:00 - USA History quiz with Emily**  
Commons Dining Room Patio  
(Rain Location: Sunroom)

**2:00 - Friday Fun Fitness**  
1st Floor Family Room

**2:30 - Walk with Emily**  
Meet by Sunroom

**3:15 - Learn about the Olympics with Emily**  
Commons Dining Room Patio  
(Rain Location: Sunroom)

27

**10:00 - Bingo w/Emma**  
Club Room

**12:00-3:00 - Train Room Open**  
Lower Level

**2:00 - Movie: "Pearl Harbor"**  
Lower Level Theater

**2:30 - Word Game with Emma**  
2nd Floor Activity Room

**3:15 - Table Topics with Emma**  
2nd Floor Activity Room

Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday

28	29	30	31	1	2	3
<p><b>11:00 - Catholic Mass</b> Town Hall/Ch. 993</p> <p><b>3:00 - Worship Service</b> Town Hall/Ch. 993</p> <p>Activities are subject to change.</p> <p>Grab n' Go Snack Available outside the Commons Dining Room every day from 2:00-3:00 PM.</p> <p>Key: CH. 993 Boutwells TV Channel 993</p>	<p><b>8:30-11:00-Open Gym</b> Wellness Center</p> <p><b>10:30 -Crosswords w/Emma</b> - Sunroom</p> <p><b>1:30 - Chair Exercise with Fitness</b> 1st Floor Family Room</p> <p><b>2:00 - Walk w/Fitness</b> Meet in 1st Floor Family Room</p> <p><b>2:00 - Music Concert with The Flora's</b> Town Hall/Ch. 993</p> <p><b>3:45 - Word Game w/ Emma</b> - Sunroom</p>	<p><b>9:15 - Seated Stretch</b> Wellness Studio</p> <p><b>10:00 - Bingo with Emily</b> Club Room</p> <p><b>1:00 - Resident vs Staff Volleyball</b> Town Hall</p> <p><b>1:30 - Movie: "From Russia with Love"</b> Lower Level Theater</p> <p><b>2:30 - Outdoor Garden Time with Sara</b> Garden Area Down by Club Room</p> <p><b>3:30 - Bible Study</b> Town Hall/Ch. 993</p> <p><b>4:00 - Trivia with Sara</b> Sunroom</p>	<p><b>8:30-11:00 - Open Gym</b> Wellness Center</p> <p><b>10:30 - Crosswords with Sara</b> - Sunroom</p> <p><b>11:30 - Ecumenical Service w/Ascension Episcopal</b> - Town Hall</p> <p><b>1:00 - Catholic Mass</b> Town Hall/Ch.993</p> <p><b>1:30-2:00 Free Manicures: File &amp; Polish Only</b> Club Room</p> <p><b>2:00 - Seated Strength with Fitness</b> 1st Floor Family Room</p> <p><b>3:00 - Special Music Program with Mary and Emily</b> - Sunroom</p> <p><b>4:00 - 1940's Pop Culture Trivia with Emma</b> Sunroom</p>			