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# July 2024

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		2 3	4	5	
8:30-11:00-Open Gym Wellness Center	9:15 - Seated Stretch Wellness Studio	8:30-11:00 - Open Gym Wellness Center	Happy 4th of July	8:30-11:00 - Open Gym Wellness Center	10:00 - Bingo w/Sara Club Room
10:30 - Crosswords w/Emma - Sunroom	10:00 - Bingo with Jewels Club Room	10:00 - Ecumenical Service w/Trinity Lutheran - Town Hall		1:00 - Catholic Mass Chapel/Ch. 993	12:00-3:00 - Train Room Open Lower Level
1:00 - Movie: "The Chosen" Lower Level Theater	1:00 - Cardio Drumming Wellness Studio	10:30 - Crosswords with Emma - Sunroom	10:00 - Bingo Club Room	2:00 - Friday Fun Fitness 1st Floor Family Room	2:00 - Movie: "South Pacific" Lower Level Theater
with Fitness  1st Floor Family Room	1:30 - Movie:	11:30 - Ecumenical Service w/Ascension Episcopal - Town Hall	3:00 - Worship	2:45 - Chat with Emily	2:30 - Ice Cream Social w/Sara - Club Room
<b>2:00 - Walk w/Fitness</b> Meet in 1st Floor Family Room	"The Artist" Lower Level Theater	1:00 - Catholic Mass Town Hall/Ch.993	■	Commons Dining Room Patio (Rain Location: Sunroom)	3:15 - Trivia w/Sara Club Room
	1:30 - Outdoor Garden Time with Jewels Garden Area	1:30 - Movie Theme Quiz with Emily - Sunroom		3:30 - Sing along with Emily Sunroom	
	Down by Club Room  3:30 - Bible Study	2:00 - Seated Strength with Fitness 1st Floor Family Room			
	Town Hall/Ch. 993	3:00 - Java Music with Emily Commons Dining Room Patio			
	8:30-11:00-Open Gym Wellness Center  10:30 - Crosswords w/Emma - Sunroom  1:00 - Movie: "The Chosen" Lower Level Theater  1:30 - Chair Exercise with Fitness 1st Floor Family Room  2:00 - Walk w/Fitness Meet in 1st	## Seated Stretch ## Wellness Center  ## 10:30 - Crosswords ## w/Emma - Sunroom  ## 1:00 - Movie: ## The Chosen* Lower Level Theater  ## 1:30 - Chair Exercise ## with Fitness ## 1st Floor Family Room  ## 1:30 - Walk w/Fitness ## Meet in 1st ## Floor Family Room  ## 1:30 - Movie: ## The Artist* Lower Level Theater  ## 1:30 - Outdoor Garden ## Time with Jewels ## Garden Area ## Down by Club Room  ## 3:30 - Bible Study	1   2   3   3   3   3   3   3   3   3   3	B:30-11:00-Open Gym Wellness Center  9:15 - Seated Stretch Wellness Studio  9:15 - Seated Stretch Wellness Center  10:00 - Grosswords w/Emma - Sunroom  11:00 - Movie: "The Chosen" Lower Level Theater  11:30 - Chair Exercise with Fitness 1st Floor Family Room  1:30 - Walk w/Fitness Meet in 1st Floor Family Room  1:30 - Outdoor Garden Time with Jewels Garden Area Down by Club Room  1:30 - Outdoor Garden Time with Jewels Garden Area Down by Club Room  1:30 - Bible Study Town Hall/Ch. 993  1:30 - Java Music with Emily Commons Dining Room Patio	8:30-11:00-Open Gym Wellness Center  9:15 - Seated Stretch Wellness Studio  10:30 - Crosswords w/Emma - Sunroom 1:00 - Movie: "The Chosen" Lower Level Theater 1:30 - Chair Exercise with Fitness 1st Floor Family Room  1:30 - Outdoor Garden Time with Jewels Garden Area Down by Club Room  1:30 - Outdoor Garden Time with Jewels Garden Area Down by Club Room  1:30 - Bible Study Town Hall/Ch. 993  1:30 - Bible Study Town Hall/Ch. 993  1:30 - Java Music with Emily Commons Dining Room Patio  3:30 - Java Music with Emily Commons Dining Room Patio

### July 2024

PAGE 2			July 2024			PAGE 2
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8		7	0 11	12	13
11:00 - Catholic Mass Town Hall/Ch. 993	8:30-11:00-Open Gym Wellness Center	9:15 - Seated Stretch Wellness Studio	8:30-10:30 - Open Gym Wellness Center	9:15 - Cardio Drumming Wellness Studio	8:30-11:00 - Open Gym Wellness Center	10:00 - Bingo w/Lauryn Club Room
3:00 - Worship Service with Communion Town Hall/Ch. 993	10:30 - Crosswords w/Sara - Sunroom 1:30 - Chair Exercise	10:00 - Bingo with Sara Club Room  1:00 - Cardio	10:30 - Crosswords with Sara - Sunroom  11:30 - Ecumenical Service w/Ascension Episcopal - Town Hall	10:00 - Bingo w/Sara Club Room	10:30 - Crosswords with Emma - Sunroom  1:00 - Catholic Mass	12:00-3:00 - Train Room Open Lower Level
5:30 -Movie: "Little Shop of Horrors"	with Fitness 1st Floor Family Room	<b>Drumming</b> Wellness Studio	1:00 - Catholic Mass Town Hall/Ch.993	1:00-3:00 - Open Gym Wellness Center	Chapel/Ch. 993  2:45 - Walk with Emma	2:00 - Movie: "Hidden Figures"
Activities are subject to change.	2:00 - Walk w/Fitness Meet in 1st Floor Family Room	1:30 - Movie: " Saving Mr. Banks" Lower Level Theater	1:30-2:00 Free Manicures: File & Polish Only	1:30 - Outdoor Garden Time with Sara Garden Area Down by Club Room	Meet by Sunroom	Lower Level Theater
Grab n' Go Snack Available outside the Commons Dining Room every	2:30 - Cupcake Liner Flower Craft w/Sara 2nd Floor Activity Room	1:30 - Outdoor Garden Time with Sara Garden Area Down by Club Room	Club Room  2:00 - Seated Strength with Fitness 1st Floor Family Room	2:15 - Standing Balance w/Fitness 1st Floor Family Room		
day from 2:00-3:00 PM.	<b>4:00 - Trivia with Sara</b> Sunroom	3:00 - Pokeno w/Sara 2nd Floor Activity Room	3:00 - Craft: Make Your Own Visor! with Emma Sunroom	<b>3:00 - Hymn Sing</b> Town Hall/Ch. 993		
Key: CH. 993 Boutwells TV Channel 993		3:30 - Bible Study Town Hall/Ch. 993  4:00 - Trivia with Sara	4:00 - 1920's Pop Culture Trivia with Emma Sunroom	3:45 - Table Topics with Sara Sunroom		
		Sunroom	6:00 - Movie: "On Golden Pond" Lower Level Theater	6:30 - Foreign/Classic Film: "All Quiet on the Western Front" Lower Level Theater		

### July 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	10		7	19	
<b>11:00 - Catholic Mass</b> Town Hall/Ch. 993	8:30-10 - Open Gym Wellness Center	9:15 - Seated Stretch Wellness Studio	8:30-10:30 - Open Gym Wellness Center  10:00 - Ecumenical Service w/St. Paul	9:15 - Cardio Drumming Wellness Studio	8:30-11:00 - Open Gym Wellness Center	10:00 - Bingo w/Emily Club Room
<b>3:00 - Worship</b> <b>Service</b> Town Hall/Ch. 993	10:30 - Crosswords w/Sara - Sunroom	10:00 - Bingo with Emily Club Room	Lutheran - Town Hall  10:30 - Crosswords  with Sara - Sunroom	10:00 - Bingo w/Sara Club Room	10:30 - Crosswords with Emma Sunroom	12:00-3:00 - Train Room Open Lower Level
	1:30 - Chair Exercise with Fitness 1st Floor Family Room	1:00 - Cardio Drumming Wellness Studio	11:30 - Ecumenical Service w/Ascension Episcopal - Town Hall	1:00-3:00 - Open Gym Wellness Center	1:00 - Catholic Mass Chapel/Ch. 993	2:00 - Movie: "Yentl"
Activities are subject to change.	2:00 - Walk w/Sara	1:30 - Movie:	11:30 - Lunch Cookout Music with Bill Cagley Commons Dining Room	1:30 - Baking: Zucchini Muffins with Sara	1:00- Learn about Wedding songs w/ Emily	Lower Level Theater
Grab n' Go Snack Available outside	Meet in 1st Floor Family Room	"Marley & Me" Lower Level Theater	1:00 - Catholic Mass Town Hall/Ch.993	Club Room  2:15 - Standing	Commons Dining Room Patio (Rain Location: Sunroom)	2:30 - Learn about London with Emily Sunroom
the Commons Dining Room every day from	3:00 - Piano Concert with Don Irwin Town Hall/Ch. 993	Garden Area	1:30-2:00 Free Manicures: File & Polish Only Club Room	Balance w/Fitness 1st Floor Family Room	1:45 - Trivia with Emily Sunroom	3:15 - Guess the 50's Songs with Emily
2:00-3:00 PM. Key: CH. 993	4:00 - Trivia with Sara	Down by Club Room  3:00 - Crazy Eights	2:00 - Seated Strength with Fitness 1st Floor Family Room	3:00 - Worship Service with Communion Town Hall/Ch. 993	2:30 - Walk with Emily Meet by Sunroom	Commons Dining Room Patio (Rain Location: Sunroom)
Boutwells TV Channel 993	Sunroom	w/Sara 2nd Floor Activity Room	3:00 - Learn about Paris France with Emily Commons Dining	3:45 - Table Topics with Sara	3:15 - Table Games with Emily	
	<b>3:30 - Bible Study</b> Town Hall/Ch. 993	Room Patio (Rain Location: Sunroom)	Sunroom	Commons Dining Room Patio (Rain Location: Sunroom)		
		<b>4:00 - Trivia with Sara</b> Sunroom	4:00 - 1930's Pop Culture Trivia w/Emma - Sunroom			

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Wednesday	Thursday	Friday	Saturday
23 24	25	26	27

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	2	3 24	25	26	27
11:00 - Catholic Mass Town Hall/Ch. 993	8:30-10 - Open Gym Wellness Center	9:15 - Seated Stretch Wellness Studio	8:30-11:00 - Open Gym Wellness Center	9:15 - Cardio Drumming Wellness Studio	8:30-11:00 - Open Gym Wellness Center	10:00 - Bingo w/Emma Club Room
3:00 - Worship Service	10:30 - Crosswords w/Sara - Sunroom	10:00 - Bingo with Jewels Club Room	10:30 - Crosswords with Emma - Sunroom  11:30 - Ecumenical	10:00 - Bingo w/Jewels Club Room	10:30 - Crosswords with Emma Sunroom	12:00-3:00 - Train Room Open
Town Hall/Ch. 993  5:30 - Movie: "NYAD"  Lower Level Theater	1:00 - Music with Joyce and Mark - Courtyard	1:00 - Cardio Drumming Wellness Studio	Service w/Ascension Episcopal - Town Hall  1:00 - Catholic Mass	1:00-3:00 - Open Gym Wellness Center 1:00 - Resident Meeting	11:00 - Olympics Opening Ceremonies Watch Party - Theater	Lower Level  2:00 - Movie:  "Pearl Harbor"
Activities are subject to change. Grab n' Go Snack Available outside	1:30 - Chair Exercise with Fitness 1st Floor Family Room 1:30 - Book Club with	1:30 - Movie: "Drums Along the Mohawk" Lower Level Theater	Town Hall/Ch.993  1:30-2:00 Free Manicures: File & Polish Only Club Room	Club Room  1:30 - Outdoor Garden Time with Emma Garden Area	1:00 - Catholic Mass Chapel/Ch. 993 1:00 - USA History quiz	2:30 - Word Game with Emma 2nd Floor Activity Room
the Commons Dining Room every day from 2:00-3:00 PM.	Sara & Amy Z Fireside  3:00 - Outdoor Garden	1:30 - Outdoor Garden Time with Emma Garden Area	2:00 - Seated Strength with Fitness 1st Floor Family Room	Down by Club Room  2:15 - Standing  Balance w/Fitness  Club Room	with Emily Commons Dining Room Patio (Rain Location: Sunroom)	3:15 - Table Topics with Emma 2nd Floor Activity Room
Key: CH. 993 Boutwells TV Channel 993	<b>Time with Sara</b> Garden Area Down by Club Room	3:30 - Bible Study Town Hall/Ch. 993	3:00 - Lemonade Social with Emily Commons Dining Room Patio (Rain Location: Sunroom)	3:00 - Worship Service Town Hall/Ch. 993 6:30 - Foreign/Classic	2:00 - Friday Fun Fitness 1st Floor Family Room 2:30 - Walk with Emily	
			6:00 - Movie: "Sideways" Lower Level Theater	Film: "The Miracle Club" Lower Level Theater	Meet by Sunroom  3:15 - Learn about the Olympics with Emily Commons Dining Room Patio (Rain Location: Sunroom)	

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### July 2024

## August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
11:00 - Catholic Mass Town Hall/Ch. 993	8:30-11:00-Open Gym Wellness Center	9:15 - Seated Stretch Wellness Studio	8:30-11:00 - Open Gym Wellness Center			
3:00 - Worship Service Town Hall/Ch. 993  Activities are subject to change.  Grab n' Go Snack Available outside the Commons Dining Room every day from 2:00-3:00 PM.  Key: CH. 993 Boutwells TV Channel 993	10:30 - Crosswords w/Emma - Sunroom  1:30 - Chair Exercise with Fitness 1st Floor Family Room  2:00 - Walk w/Fitness Meet in 1st Floor Family Room  2:00 - Music Concert with The Flora's Town Hall/Ch. 993  3:45 - Word Game w/ Emma - Sunroom	10:00 - Bingo with Emily Club Room  1:00 - Resident vs Staff Volleyball Town Hall  1:30 - Movie: "From Russia with Love" Lower Level Theater  2:30 - Outdoor Garden Time with Sara Garden Area Down by Club Room  3:30 - Bible Study Town Hall/Ch. 993  4:00 - Trivia with Sara Sunroom	10:30 - Crosswords with Sara - Sunroom  11:30 - Ecumenical Service w/Ascension Episcopal - Town Hall  1:00 - Catholic Mass Town Hall/Ch.993  1:30-2:00 Free Manicures: File & Polish Only Club Room  2:00 - Seated Strength with Fitness 1st Floor Family Room  3:00 - Special Music Program with Mary and Emily - Sunroom  4:00 - 1940's Pop Culture Trivia with Emma Sunroom			