

Families are welcome to bring Arbor residents to all Croixdale events. Please see the calendar outside the Arbor doors for additional worship and entertainment opportunities for families to enjoy with the resident.

**Activity  
Locations**

**CH-Chapel**

1st Floor

**CR-Community Room**

1st Floor

**GV- Grand View Dining**

Garden Level

**WB-Willow Bluff Dining**

Garden Level

**HC-Hobby Center**

1st Floor

**WC-Wellness Center**

Garden Level

**TV-Channel 991**

**A-Led by aides**

**M-Led by Missy**

**K-Led by Kelly**

**C-Led by Chaplain**

**V-Led by Volunteers**

**Sunday**

**Monday**

**Tuesday**


**Wednesday**

**Thursday**

**Friday**

**Saturday**

	<p><b>1</b></p> <p>11:00 M Bingo 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno/Patio Time 5:15 M 4th of July Trivia 6:00 A Netflix or YouTube</p>	<p><b>2</b></p> <p>AM Catholic Communion 9:45 M Morning Chat 10:25 W Exercise with Wellness Staff 1:15 M Sing - Along 3:15 A Coffee Time 3:45 M Independence Day Reminiscing</p>	<p><b>3</b></p> <p>9:00 C Communion Service 10:00 CR African Kalimba Performance and Demonstration by visiting musician: Carl Winters 2:00 V Kitchen Fun 3:15 A Coffee Time 3:45 M This &amp; That 5:30 V Fun and Games with Diane</p>	<p><b>4</b> Independence Day!</p> <p>AM A Netflix or YouTube 3:15 A Coffee Time</p> 	<p><b>5</b> Kelly out</p> <p>9:45 M Discussion Group 10:25 W Exercises with Wellness Staff 2:00 M Hymn Sing 3:15 A Coffee Time 3:45 M Resident's Choice Trivia</p>	<p><b>6</b></p> <p>9:00 TV Fitness 10:30 TV Fitness 1:45 A Live Music in the Arbor by Tim Meyer 3:15 A Coffee Time 5:00 V Fun with Diane 6:00 A Netflix or YouTube</p>
	<p><b>7</b></p> <p>9:00 TV Fitness AM A Netflix or YouTube 3:15 A Coffee Time</p>	<p><b>8</b></p> <p>11:00 M 6-5-4 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno/ Patio Time 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube</p>	<p><b>9</b></p> <p>AM Catholic Communion 9:45 V Emmy the Therapy Dog and Nadine 10:25 W Exercise with Wellness Staff 1:15 M Sing - Along 3:15 A Coffee Time 3:45 M Resident's Choice Reminiscing</p>	<p><b>10</b></p> <p>9:00 M Morning Chat 9:30 C Bible Study 10:45 M Creative Storytelling 2:00 M MissyTime 3:15 A Coffee Time 3:45 M This &amp; That 5:30 V Fun and Games with Diane</p>	<p><b>11</b></p> <p>AM A Netflix or YouTube 10:45 M Fit Minds - Exercises for the Brain 2:00 M Various Card Games 3:00 V Piano Hymns with Beth 3:30 M Puzzling 5:15 M Resident's Choice Word Game</p>	<p><b>12</b></p> <p>9:45 M Discussion Group 10:25 W Exercises with Wellness Staff 1:45 CR Sing Along with Jimmy Sylvester and his Concertina 3:15 A Coffee Time 3:45 M Resident's Choice Trivia</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>14</b> 9:00 TV Fitness AM A Netflix or YouTube 3:15 A Coffee Time	<b>15</b> 11:00 M Bunco 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno/Patio Time 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube	<b>16</b> AM Catholic Communion 9:45 M Morning Chat 10:25 W Exercise with Wellness Staff 1:15 M Sing - Along 3:15 A Coffee Time 3:45 M Resident's Choice Reminiscing	<b>17</b> 9:00 M Morning Chat 9:30 C Bible Study 10:45 M Adult Art 2:00 V Kitchen Fun 3:15 A Coffee Time 3:45 M This & That 5:30 V Fun and Games with Diane	<b>18</b> <i>Pontoon Day</i> AM A Netflix or YouTube 10:45 M Fit Minds - Exercises for the Brain 1:15 CR Live Music By Lon Newman 3:00 V Piano Hymns with Beth 3:30 M Puzzling 5:15 M Resident's Choice Word Game	<b>19</b> 9:45 M Discussion Group 10:25 W Exercises with Wellness Staff 2:00 M Hymn Sing 3:15 A Coffee Time 3:45 M Resident's Choice Trivia	<b>20</b> 9:00 TV Fitness 10:30 TV Fitness 3:15 A Coffee Time 5:00 V Fun with Diane 6:00 A Netflix or YouTube
<b>21</b> 9:00 TV Fitness AM A Netflix or YouTube 3:15 A Coffee Time	<b>22</b> 11:00 M Bingo 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno/Patio Time 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube	<b>23</b> AM Catholic Communion 9:45 V Emmy the Therapy Dog and Nadine 10:25 W Exercise with Wellness Staff 1:45 GV Monthly Birthday Party with Cupcakes and Live Music by Curtis and Loretta 3:45 M Reminiscing	<b>24</b> 9:00 M Morning Chat 10:45 M Creative Storytelling 2:00 M Oreo the Therapy dog and Julie 3:15 A Coffee Time 3:45 M This & That/Patio 5:30 V Fun and Games with Diane	<b>25</b> AM A Netflix or YouTube 10:45 M Fit Minds - Exercises for the Brain 2:00 M Various Card Games 3:00 V Piano Hymns with Beth 3:45 C Bible Study 5:15 M Resident's Choice Word Game	<b>26</b> 9:00 M Discussion Group 10:25 W Exercises with Wellness Staff 2:00 M Hymn Sing 3:15 A Coffee Time 3:45 M Resident's Choice Trivia/Patio Time	<b>27</b> 9:00 TV Fitness 10:30 TV Fitness 2:30 V Coco's Heart Pet Visit 3:15 A Coffee Time 5:00 V Fun with Diane 6:00 A Netflix
<b>28</b> 9:00 TV Fitness AM A Netflix or YouTube 3:15 A Coffee Time	<b>29</b> 11:00 M 6-5-4 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno/Patio Time 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube	<b>30</b> AM Catholic Communion 9:45 M Morning Chat 10:25 W Exercise with Wellness Staff 2:00 CR Live Music by Memory Lane Singers 3:15 A Coffee Time 3:45 M Resident's Choice Reminiscing	<b>31</b> 9:00 M Morning Chat 9:30 C Bible Study 10:45 M Armchair Travel to France 2:00 V Kitchen Fun 3:15 A Coffee Time 3:45 M This & That/Patio 5:30 V Fun and Games with Diane	 <h1 style="color: red; font-size: 2em;">July Birthdays</h1>		