

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Commons</p> <p>Freedom Week</p> 	<p>9:30 Stretch w/ Greta (Wellness Center)</p> <p>10:00 Morning Uplift w/ Pastor Keith (Commons)</p> <p>11:00 Prayer Meeting w/ Pastor Keith (Club Room)</p> <p>1:30 Games w/ Greta (CCR)</p> <p>5:30 Fried Green Tomatoes Movie Night (AUD)</p> <p>Canada Day</p>	<p>9:15 Chair Yoga (WC) 2</p> <p>9:45 Balance & Strength (Wellness Center)</p> <p>10:00 Spa Social (AUD)</p> <p>11:30-12 Staffed Open Gym</p> <p>1:30 Worship with Cornerstone Assembly of God</p> <p>1:45 Cribbage (Commons)</p>	<p>10:00 Chapel and Communion All Campus w/ Pastor Keith 3</p> <p>1:00 Chair Exercise (Wellness Center)</p> <p>1:30 Balloon Volleyball (AUD)</p> <p>3:00 Resident Meeting (CCR)</p> <p>3:00 Catholic Service w/ Rita</p> <p>3:30-4 Staffed Open Gym</p>	<p>12:45 Bingo (AUD) 4</p> <p>Happy 4th of July!</p> <p>Independence Day (US)</p>	<p>9:30 Ball Stretch w/Greta-WC 5</p> <p>10:15 Farkle Friday w/ Greta (CCR)</p> <p>1:00 Balloon Volleyball (AUD)</p> <p>2:30 Patriotic Music and Scenery w/ Snacks (AUD)</p> <p>3:30-4 Staffed Open Gym</p>	<p>10:30 Cookies & Coffee Chat and Trivia - Clock Tower 6</p>
<p>10:30 Cookies & Coffee Chat & Trivia (Clock Tower) 7</p> <p><i>*Word Games and Puzzles across from the LE Office- Play for Prizes*</i></p>	<p>9:30 Stretch w/Greta (Wellness Center) 8</p> <p>10:00 Morning Uplift w/ Pastor Keith (Commons)</p> <p>11:00 Prayer Meeting w/ Pastor Keith (Club Room)</p> <p>1:30 July Jeopardy (AUD)</p>	<p>9:15 Chair Yoga (WC) 9</p> <p>9:45 Balance & Strength (Wellness Center)</p> <p>10:00 Manicures (AUD)</p> <p>11:30-12 Staffed Open Gym</p> <p>1:30 Worship with Prairiewest Covenant</p> <p>1:45 Cribbage (Commons)</p>	<p>10:00 Chapel All Campus w/ Pastor Keith 10</p> <p>12:15 CEDAR LAKE PONTOON RIDE-Please Sign Up</p> <p>1:00 Chair Exercise (Wellness Center)</p> <p>3:30-4 Staffed Open Gym</p>	<p>9:15 Chair Yoga (WC) 11</p> <p>10:00 Catholic Service w/ Mike</p> <p>11:30 - 12 Staffed Open Gym</p> <p>12:30 Balloon Volleyball Tournament @ Croixdale</p> <p>2:00 Red White and Blue Bingo w/ Maria (CCR)</p>	<p>9:30 Ball Stretch w/Greta-WC 12</p> <p>10:15 Decorate the Bus for the Parade w/ Greta (Front Parking Lot)</p> <p>1:00 Fitness Foosball (AUD)</p> <p>3:00 Ephesians Bible Study w/Pastor Keith (Club Room)</p> <p>3:30-4 Staffed Open Gym</p>	<p>10:30 Cookies & Coffee Chat and Trivia - Clock Tower 13</p>
<p>10:30 Cookies & Coffee Chat & Trivia (Clock Tower) 14</p> <p>10:50-1:30 Fun Fest Parade-Please Sign Up</p> <p><i>*Word Games and Puzzles across from the LE Office- Play for Prizes*</i></p>	<p>9:30 Stretch w/Greta (WC) 15</p> <p>10:00 Morning Uplift w/ Pastor Keith (Commons)</p> <p>11:00 Prayer Meeting w/ Pastor Keith (Club Room)</p> <p>1:30 Music w/ Joanne Bolles (AUD)</p> <p>6:00 Card Making-Sign Up Only (limit 8 spots) Town Center</p>	<p>9:15 Chair Yoga (WC) 16</p> <p>9:45 Balance & Strength (Wellness Center)</p> <p>10:00 Manicures (AUD)</p> <p>11:30-12 Staffed Open Gym</p> <p>1:30 Worship with First Lutheran</p> <p>1:45 Cribbage (Commons)</p> <p>7:00 MLB All-Star Game (on Fox)</p>	<p>10:00 Chapel All Campus 17</p> <p>12:30 1:1 Visits w/ Greta</p> <p>1:00 Chair Exercise (Wellness Center)</p> <p>1:30 Bean Bag Games (AUD)</p> <p>3:30-4 Staffed Open Gym</p>	<p>9:15 Chair Yoga (WC) 18</p> <p>10:00 Catholic Service w/ Karen</p> <p>11:30 - 12 Staffed Open Gym</p> <p>2:00 Lemonade on the Front Porch w/ Maria (CCR)</p> <p>2:00 Men's Coffee Chat-Club Room</p>	<p>9:30 Ball Stretch w/Greta-WC 19</p> <p>11:00 Lunch Outing- Royal Buffet Chinese Food-Please Sign Up</p> <p>1:00 Balloon Volleyball (AUD)</p> <p>3:00 Ephesians Bible Study w/Pastor Keith (Club Room)</p> <p>3:30-4 Staffed Open Gym</p>	<p>10:30 Cookies & Coffee Chat and Trivia - Clock Tower 20</p>
<p>10:30 Cookies & Coffee Chat & Trivia (Clock Tower) 21</p> <p><i>*Mini-Golf Week*</i></p>	<p>9:30 Stretch w/Greta (Wellness Center) 22</p> <p>10:00 Morning Uplift w/ Pastor Keith (Commons)</p> <p>11:00 Prayer Meeting w/ Pastor Keith (Club Room)</p> <p>1:30 Tie Dye Shirts-Please Sign Up w/ Greta (AUD)</p>	<p>9:15 Chair Yoga (WC) 23</p> <p>9:45 Balance & Strength (Wellness Center)</p> <p>10:00 Manicures (AUD)</p> <p>11:30-12 Staffed Open Gym</p> <p>1:30 Worship with Christ Lutheran</p> <p>1:45 Cribbage (Commons)</p> <p>3:00 Book Club (AUD)</p> <p>6:00 Sing-along w/ Cindy Prokash (AUD)</p>	<p>10:00 Chapel All Campus w/ Pastor Keith 24</p> <p>12:30 1:1 Visits w/ Greta</p> <p>1:00 Chair Exercise (Wellness Center)</p> <p>1:30 Mini Golf (AUD)</p> <p>3:30-4 Staffed Open Gym</p>	<p>9:15 Chair Yoga (WC) 25</p> <p>10:00 Catholic Mass /Father John</p> <p>11:30 - 12 Staffed Open Gym</p> <p>12:00 Library with Nora</p> <p>2:00 Car Races w/ Maria (CCR)</p> <p>2:00 Men's Coffee Chat-Club Room</p>	<p>9:30 Ball Stretch w/Greta-WC 26</p> <p>10:15 Games w/ Greta (CCR)</p> <p>1:00 Line Dancing (WC)</p> <p>3:00 Ephesians Bible Study w/Pastor Keith (Club Room)</p> <p>3:30-4 Staffed Open Gym</p> <p>**2024 Summer Olympics Opening Ceremony**</p>	<p>10:30 Cookies & Coffee Chat and Trivia - Clock Tower 27</p>
<p>10:30 Cookies & Coffee Chat & Trivia (Clock Tower) 28</p> <p><i>*Friendship Week*</i></p>	<p>9:30 Stretch w/Greta (Wellness Center) 29</p> <p>10:00 Morning Uplift w/ Pastor Keith (Commons)</p> <p>11:00 Prayer Meeting w/ Pastor Keith (Club Room)</p> <p>1:30 Bingo w/ Greta (CCR)</p>	<p>9:15 Chair Yoga (WC) 30</p> <p>9:45 Balance & Strength (Wellness Center)</p> <p>10:00 Manicures (AUD)</p> <p>11:30-12 Staffed Open Gym</p> <p>1:30 Worship with St. Luke's Lutheran</p> <p>1:45 Cribbage (Commons)</p>	<p>10:00 Chapel All Campus w/ Pastor Keith 31</p> <p>10:30-12:30 Root Beer Floats, Free Will Donation to the Walk to End Alzheimer's (Bistro)</p> <p>12:30 1:1 Visits w/ Greta</p> <p>1:00 Chair Exercise (Wellness Center)</p> <p>1:30 Birthday Party (AUD)</p> <p>3:30-4 Staffed Open Gym</p>			

*All activities subject to change *Anything highlighted orange you can tune in to on your TV, channel 127.1* CCR-Commons Community Room CR*-Club Room AUD-Auditorium TC-Town Center WC-Wellness Center-