


July 2024

Dinner Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1. ZUPPA TOSCANA Balsamic Herb Chicken w/ Rice Blend OR Roast Beef Sandwich BOTH w/ Carrot Raisin Salad	2. BLACK BEAN Pork Chops w/ Stuffing & Oven Roasted Tomatoes OR Cashew Chicken Salad w/ Mini Croissant & Fruit	3. CORN CHOWDER Veggie Egg Bake w/ Scone & Yogurt Parfait OR Sirloin Steak w/ Baked Potato & Lemon Buttered Broccoli	4. GARDEN VEGETABLE BBQ Chicken OR Hot Dog BOTH w/ Baked Beans & Watermelon	5. BROCCOLI CHEESE Shrimp Alfredo w/ Pasta & Italian Veggies OR Chef Salad w/ Muffin	6. CHICKEN WILD RICE Cheese Burger OR Pork w/ Mushroom Sauce & Mashed Potatoes BOTH w/ Broccoli Slaw	
7. MINISTRONE Citrus Herb Chicken w/ Buttered Corn OR Reuben Sandwich w/ Chips BOTH w/ Watermelon	8. CAULIFLOWER CHEESE Orange Glazed Chicken OR Pork Marsala BOTH w/ Chive Roasted Potatoes & Carrots	9. CLAM CHOWDER Pepperoni Pizza w/ Veggie Blend OR Oriental Chicken Salad w/ Breadstick	10. NAVY BEAN Hamburger on Bun w/ Fixings OR Kielbasa w/ Sauerkraut BOTH w/ Baked Beans & Watermelon	11. CHICKEN w/ DILL Ginger Peach Pork w/ Baked Sweet Potatoes & Steamed Spinach OR Shredded Turkey Sandwich w/ Potato Salad & Fruited Jello	12. VEGETABLE BEEF Chicken Pesto w/ penne Pasta, Roasted Zucchini & Tomato OR Seafood Salad w/ Breadstick	13. LENTIL Herb Crusted Fish OR Bruschetta Chicken BOTH w/ Brown Rice Pilaf & Lemon Asparagus	
14. SPLIT PEA w/ HAM Beef Lasagna w/ Italian Veggies OR Chicken Salad on Croissant & Fresh Fruit	15. CORN CHOWDER Shrimp Tortellini Salad OR Patty Melt w/ 3 Bean Salad	16. TOMATO BASIL Sirloin Steak OR Mushroom Pork BOTH w/ Baked Potato & Veggie Blend	17. BEEF BARLEY Country Style Pork Ribs OR Chicken Tenders BOTH w/ Macaroni & Cheese & Marinated Cucumbers	18. CHICKEN WILD RICE Pulled Chicken Salad OR Sloppy Joe on Bun BOTH w/ Tortilla Chips & Fruit	19. MINISTRONE Baked Tilapia w/ Lemon Butter Sauce & Sweet Potatoes OR Chicken Pot Pie BOTH w/ Veggie Blend	20. ZUPPA TOSCANA Salisbury Steak w/ Baked Potato & Green Beans w/ Tomatoes OR Chef Salad w/ Muffin	
21. COUNTRY CHICKEN Baked Salmon w/ Artichokes & Wild Rice OR Cheese Pizza BOTH w/ Side Caesar Salad	22. CAULIFLOWER CHEESE Chicken Cordon Bleu w/ Baby Bakers & Sautéed Summer Squash OR Breakfast Casserole w/ a Muffin & Fruit	23. BLACK BEAN Turkey Waldorf Salad w/ Oranges & Croissant OR Corned Beef Dinner	24. VEGETABLE BARLEY Swiss Steak w/ Mashed Potatoes & Broccoli OR White Chicken Chili w/ Corn Muffin & Fruit	25. CHICKEN NOODLE Baked Chicken Thigh w/ Gravy & Cucumber Tomato Salad OR Italian Sausage & Pepper Sauté BOTH w/ Chive Roasted Potatoes	26. GARDEN VEGETABLE Honey Lemon Glazed Salmon OR Baked Chicken Breast w/ Tomato Cream Sauce BOTH w/ Rice Blend & Green Beans	27. CHICKEN TORTILLA Loaded Baked Potato OR Brat on Bun w/ Sauerkraut & Creamy Pasta Salad BOTH w/ Watermelon	
28. BROCCOLI CHEESE Beef Pot Roast w/ Mashed Potatoes & Gravy & Carrots OR Turkey Sandwich w/ Basil Mayo & Broccoli Sunflower Salad	29. CHICKEN w/ DILL Smoked Brisket OR Parmesan Crusted Fish w/ Lemon Butter Sauce BOTH w/ Baby Bakers & Squash	30. BEEF BARLEY Roast Turkey w/ Honey Mustard cream Sauce OR Swedish Meatballs BOTH w/ Herb Buttered Noodles & Grilled Veggies	31. BEEF CHILI Maple Glazed Ham OR Chicken Marsala BOTH w/ Oven Roasted Potatoes & Wax Beans	