

# August 2024

## Lunch Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1. LENTIL</b> Mushroom & Swiss Burger w/ Sweet Potato Fries <b>OR</b> Sweet & Sour Pork w/ Vegetable Fried Rice <b>BOTH w/</b> Marinated Cucumbers	<b>2. CLAM CHOWDER</b> Dijon Dill Salmon w/ Potato Salad <b>OR</b> Turkey Wild Rice Salad & Dinner Roll <b>BOTH w/</b> Watermelon	<b>3. TOMATO BASIL</b> Beef Lasagna <b>OR</b> Grilled Cheese Sandwich <b>BOTH w/</b> Watermelon
<b>4. COUNTRY CHICKEN</b> Meatloaf w/ Beef Gravy, Mashed Potatoes & Tomato Salad <b>OR</b> Cheese Omelet w/ Bacon Strawberries & A Scone	<b>5. ZUPPA TOSCANA</b> Coconut Shrimp w/ Orange Mango Sauce <b>OR</b> Salisbury Steak <b>BOTH w/</b> Baked Sweet Potatoes & Roasted Cauliflower	<b>6. BLACK BEAN</b> Dijon Dill Cod <b>OR</b> Braised Pork Ribs <b>BOTH w/</b> Red Cabbage & Garlic Mashed Potatoes	<b>7. CORN CHOWDER</b> Tuna Melt on Wheat w/ Chips <b>OR</b> Roast Turkey w/ Gravy & Mashed Potatoes <b>BOTH w/</b> Diced Beets	<b>8. GARDEN VEGETABLE</b> Sesame Ginger Chicken w/ Fried Rice <b>OR</b> Beef Goulash w/ Dinner Roll <b>BOTH w/</b> Green Beans w/ Red Peppers	<b>9. BROCCOLI CHEESE</b> Beef Enchiladas w/ Cilantro Lime Black Beans <b>OR</b> Grilled Fish Sandwich & Fresh Fruit	<b>10. CHICKEN WILD RICE</b> Chicken Club Sandwich <b>OR</b> Spinach & Mushroom Strata <b>BOTH w/</b> Garbanzo Salad & Mandarin Oranges
<b>11. MINESTRONE</b> Ham w/ Apples, Scalloped Potatoes & Veggie Blend <b>OR</b> Belgian Waffle w/ Strawberries, Scrambled Eggs & Sausage Links	<b>12. CAULIFLOWER CHEESE</b> Chicken Caesar Salad w/ Dinner Roll <b>OR</b> French Dip Sandwich w/ Side Caesar Salad	<b>13. CLAM CHOWDER</b> Beef Stroganoff w/ Herb Buttered Noodles <b>OR</b> Cheese & Sausage Strata w/ Banana <b>BOTH w/</b> Veggie Blend	<b>14. NAVY BEAN</b> Baked Salmon w/ Dill Butter <b>OR</b> Pork Lyonnaise <b>BOTH w/</b> Baby Bakers & Sauté Summer Squash	<b>15. CHICKEN W/ DILL</b> Cottage Cheese Fruit Plate w/ Muffin <b>OR</b> Pasta Meatball w/ Marinara & Veggie Mix	<b>16. VEGETABLE BEEF</b> Egg Salad Sandwich w/ Fruit & Chips <b>OR</b> Beef Pepper Steak w/ Mashed Potatoes	<b>17. LENTIL</b> Chicken Kiev w/ Rice Pilaf & Corn <b>OR</b> Beef Chili w/ Fixings
<b>18. SPLIT PEA &amp; HAM</b> Roast Turkey w/ Mashed Potatoes & Gravy & Almond Buttered Corn <b>OR</b> French Toast w/ Grilled Ham Steak & Berries	<b>19. CORN CHOWDER</b> Swedish Meatballs w/ Herbed Buttered Noodles & Carrots <b>OR</b> Greek Chicken Salad w/ Pita Bread	<b>20. TOMATO BASIL</b> Beef Stir Fry w/ Brown Rice <b>OR</b> Grilled Cheese on Wheat w/ Fruit & Chips	<b>21. BEEF BARLEY</b> Tuna Sandwich on Wheat w/ Fruit & Chips <b>OR</b> Cheese Roll Up w/ Meat Sauce & Steamed Spinach	<b>22. CHICKEN WILD RICE</b> Swiss & Spinach Quiche <b>OR</b> Grilled Ham Steak w/ Au Gratin Potatoes <b>BOTH w/</b> Broccoli Sunflower Salad	<b>23. MINESTRONE</b> Ginger Chicken Thigh w/ Fried Rice <b>OR</b> Fish & Chips <b>BOTH w/</b> Napa Slaw	<b>24. ZUPPA TOSCANA</b> Pork w/ Tomato Cream Sauce & Potato Dumplings & Asparagus <b>OR</b> Turkey Rachel Sandwich w/ Fruit
<b>25. COUNTRY CHICKEN</b> Meat Loaf w/ Mashed Potatoes, Gravy & Steamed Cauliflower <b>OR</b> Egg, Ham & Cheese on a Croissant w/ Cinnamon Pears	<b>26. CAULIFLOWER CHEESE</b> Pastrami Sandwich w/ Fruit <b>OR</b> Pork w/ Mushroom Sauce w/ Boiled Potatoes & Veggie Blend	<b>27. BLACK BEAN</b> Chicken Chow Mein w/ White Rice & Asian Blend Veggies <b>OR</b> Mediterranean Shrimp Salad w/ Garlic Toast & Fruit	<b>28. VEGETABLE BARLEY</b> Chicken Tenders <b>OR</b> Ginger Peach Pork <b>BOTH w/</b> Sweet Potatoes & Strawberries	<b>29. CHICKEN NOODLE</b> Egg Salad Sandwich w/ Chips & Peaches <b>OR</b> Spaghetti & Meat Sauce w/ Roasted Brussel Sprouts & Garlic Toast	<b>30. GARDEN VEGETABLE</b> Battered Fish <b>OR</b> BBQ Pulled Pork Slider <b>BOTH w/</b> Baked Potato Wedges & Coleslaw	<b>31. CHICKEN TORTILLA</b> Open Faced Hot Turkey Sandwich w/ Mashed Potatoes & Gravy <b>OR</b> Beef Taco Salad <b>BOTH w/</b> Corn

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