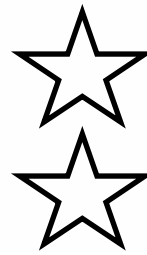


July 2024

Douglas and Ron, both veterans, performed a flag folding ceremony before the car show on June 12. Douglas noticed that the flag in our front parking lot was ripped, and he asked if they could fold and dispose of the flag in the appropriate manner. VFW Post 10818 of New Richmond/ St. Croix County raised a new flag a few days later. Thank you so much to our veterans!



Do you know the “Flag Man?”

Have you ever wondered how the flags show up all around Deerfield for special holidays? Do you know the “flag man?” His name is Ed Everson. He is a long time community member of New Richmond. His wife, Marilyn, worked at Deerfield in Life Enrichment for many years. Making sure Deerfield has flags on display for these special holidays is so very important to him, because he knows it means a lot to us. Thank you Ed!



2024 Deerfield Car Show Winners

Thank you to everyone who came out to the car show!



**The Winner-
Yellow 57 Chevy**



**1st Runner Up –
Black Dodge Challenger**



**2nd Runner Up –
Black Chevy Impala**

The Deerfield

Resident Star of the Month: James Langan

James Langan was born in Rock Island, Ill. to James J. and Rose Langan. He was raised by a good Catholic family with three brothers and four sisters. While living through the depression, his parents worked very hard to raise the eight kids to be strong faith-minded adults.

Jim enjoyed his Catholic grade school days in Rock Island. He graduated in 1952 and then married his high school sweetheart Regina Faith. He continued his education serving in an apprenticeship in International Typographical Union. He was proud of his accomplishment — completing the apprenticeship in four years instead of the expected six-year program. Additionally, he finished his college degree in printing with extra classes at the University for English courses on proofreading and holds an associate degree in business.

In 1954, Jim married Regina and they spent most of their working life in Madison, Wis. One of his favorite times was working for 12 years as a journeymen at a printing company. He loved to be part of the Wisconsin State Journal and Capital Times publishing their articles.

When the technology progressed with more computer systems, his printing days were coming to an end. Regina and he decided to work for the Madison Metropolitan School District for over 20 years. He was the lead maintenance supervisor and Regina was the administrative secretary.

Regina and Jim raised two children, James Patrick and Susan Marie. He is proud of their accomplishments of both graduating from the University of Madison. James works for the Canadian Pacific Railroad and Susan lives in California. Jim is the proud grandfather of five grandchildren and seven great grandchildren. He has watched all of them become successful and experience many new challenges. His family enjoys summer vacations at their lake home in Upper Peninsula of Michigan on a private lake.

At age 65, Jim retired, and he and Regina bought a RV on a golf resort in Yuma, Ariz. He spent ten years there and then built a home in Mesquite, Ariz. Regina and Jim were married for 67 years before her passing in 2021. Jim moved back to WI to be closer to his family. He enjoys golfing and fishing and loves being at The Deerfield. Jim was one of the first residents to move into Terrace II during the summer of 2023. We are so happy to have Jim as a great friend and resident!



Deerfield resident birthdays

We wish you all a happy birthday and blessed year!

Lynn M. — July 1

Cherie W. — July 4

Joseph L. — July 7

Russell S. — July 7

Cliff E. — July 7



Evelyn B. — July 12

JoAnn D. — July 15

Sandy N. — July 24

John S. — July 25

Felix C. — July 29

New Technology

The staff at The Deerfield have been busy preparing for another technology-related change that we anticipate will bring many advantages and efficiencies.

On June 24, we went live with a new software called eMenuCHOICE for our Nutrition & Culinary department. You may have noticed some changes with this new technology. Staff are now using iPads to take meal orders at the tableside in dining rooms. Orders are then electronically sent to the kitchens for the kitchen staff to plate the meals.

This software is also being used for purchases made at our gift shop and salons.

With these changes, **we will no longer be accepting cash or checks as payment** in the dining rooms, gift shop or the salons. Meals, salon charges and gift shop purchases will need to be paid for using a credit or debit card or by charging to a resident's apartment to be included on the following month's billing statement.

We ask in advance for your grace and patience as our staff navigate learning this new technology.

Additionally, as a reminder, our Town Center Dining Room does require reservations in advance for groups larger than six.

The Deerfield

WELLNESS: Happy Social Wellness Month!!

In July, we celebrate social wellness! Boston University defines social wellbeing as “building and maintaining healthy relationships and having meaningful, authentic interactions with others.”

There are numerous health benefits to having positive, engaging relationships with other individuals, especially as we age. Social connection can improve one's mood, reduce cognitive decline, reduce anxiety, and lower blood pressure. Most importantly, social connection can give others a sense of purpose and belonging!

This month let's prioritize our social wellness and be intentional about connecting with others, growing our existing relationships, and fostering new relationships.

Here's a few ideas to get you started:

- Try a new fitness class! Get there early and mingle with your neighbors!
- Ask a neighbor to go for a walk with you!
- Engage in volunteering opportunities that interest you.
- Attend a new activity or join a new group in your building.
- Introduce yourself to someone new or someone you don't know well during a meal or social activity.
- Find others who enjoy the same activities as you – puzzles, reading, knitting, etc.
- Connect in person or over the phone with old friends or your grandchild you only see a few times a year.

“Be the reason someone smiles today!”

-Roy T. Bennett

Therapy thoughts: Deerfield Therapy Department – Here to Support Your Independence

Our on-site therapy department is here to keep you as safe and independent as possible.

What is outpatient therapy?

- Consists of occupational, physical, and speech therapy
- Promotes safety and independence with mobility, daily tasks, physical well-being, cognition, speech, and swallowing

How could outpatient therapy help me?

What are goals focused on?

- Suggest adaptive equipment to make daily tasks safer and easier
- Determine appropriate mobility device(s)
- Suggest cognitive strategies for independence
- Improve strength, endurance, and balance
- Increase ease of eating and speaking
- Assess home safety and setup
- Reduce pain

How do I get started?

- Get an order for OT, PT and/or ST from your doctor
- Have orders sent to the Deerfield Rehab Department

We will contact you to set up your first visit!

For more information or with questions, reach out to Deerfield rehab department by phone at (715) 243-3940. Our fax number for orders to be sent to is (715) 243-3931.



Spiritually speaking

Dear friends at The Deerfield,

As you all read this, the 4th of July will soon be upon us. This year, our great country is just two short years from its 250th birthday. Wow!

As I write this article, today happens to be June 14, Flag Day. This morning, I le my usual Friday morning service for The Gables. With it being Flag Day, I had a patriotic theme around the verse in Psalm 33:10: "Blessed is the nation whose God is the Lord." Sadly, in America today, I'm not sure we are that nation any more...

In that service, we discussed two questions. The first question was, 'With what has God blessed our country?' We came up with a number of good answers, like...

- Freedom
- Democracy: here and protecting it abroad
- Opportunity
- Beauty, and many more things



The second question I asked was, 'What can we do to be good citizens of the USA?' Recall that President John F Kennedy famously said, "Ask NOT what your country can do for you. Ask what YOU can do for your country." I suggested two things to them:

- We can **PRAY!** For world peace, for spiritual vitality and revival in America, for our government and leaders, our military personnel, our churches and schools, and many other things.
- We also can contribute. We can volunteer, we can serve in our churches and community, and we can make a positive difference for Christ in our world in whatever way God has gifted us to serve. Our country and our world needs people who are committed to serving God and His people however we possibly can.

This year, as we all enjoy the hot dogs and hamburgers off the grill at our 4th of July barbecues, let us never take for granted God's rich blessings that we all enjoy as citizens of the good old USA.

Blessings to you all! Have a safe and happy 4th of July with your friends and family this year.

See you all in chapel on Wednesday mornings.

Your friend in Christ, Pastor Keith

The importance of the Vial of Life

Terrace I and II residents: The Vial of Life form that you filled out when you first moved to The Deerfield is a very important document to keep up to date and somewhere visible. This form has your main contact information in the event of an emergency. The staff at Deerfield keep a copy of this form, but it is a great idea to have it also hanging on your refrigerator door. If there are any changes to whom you want contacted in an emergency, please let Deerfield staff know by completing a new form.

The Deerfield
1127 West Eighth Street
New Richmond, WI 54017

715-243-3900
DeerfieldPHS.org

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

How to find this newsletter online

- Go to DeerfieldPHS.org
- Look at the “At Our Community” navigation menu on the right side of the screen.
- From there you can click on “Newsletter” or “Activities and Events” to find social calendars for the Terrace, Commons, Arbor and Gables.

Vision

To provide more choices and opportunities for more older adults to live well.

Values

Christian Ministry
Ready & Engaged People
Operational Integrity
Service Excellence
Stewardship

Nominate a PHS employee for the 2024 CROSS Awards

Nominations are now open through July 21 for the 2024 Presbyterian Homes & Services (PHS) CROSS Awards! These awards recognize individual employees who go above and beyond expectations as they embody and extend the five **PHS CROSS Values**:

- ✝ **Christian Ministry**
- ✝ **Ready and Engaged People**
- ✝ **Operational Integrity**
- ✝ **Service Excellence**
- ✝ **Stewardship**

Almost 8,000 employees serve at PHS. They make us proud through the dedication, compassion, and excellence they demonstrate every day. That is why each employee is eligible to be nominated by residents, coworkers, family, or friends.

What employees stands out to you and why? Simply scan the QR code to complete, and submit your nomination online. Or complete the paper nomination form included in this month’s newsletter and return to the reception desk. Award recipients will be honored this fall. **Nominations are due by July 21.**

**Nominate electronically
by scanning the QR code**

