

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

CR=Community Room, Lower Level
DR= Dining Room
TVR= TV Room, 2nd Floor
CH= Chapel, 3rd Floor

10:00 Cafe Chats 1st Floor Café
11:00 Group Exercise CR
1:30 BINGO CR
2:30 Seated Drumming Exercise CR
3:00 Dutch Shuffleboard CR

Canada Day
Happy Birthday Linda P!

10:00 Catholic Communion CH
11:00 Group Exercise CR
1:30 Commons Worship CH
3:00 Bean Bag Toss CR

10:15 Chimes w/ Kathleen CR
11:00 Group Exercise CR
1:30 Food Fun CR
2:30 Seated Dance CR
3:00 Arts and Crafts CR

4TH OF JULY
Independence Day (US)

10:00 Bible Study CR
11:00 Group Exercise CR
1:30 BINGO CR
2:30 Matinee CR

9:30 Exercise CH 1983
11:00 Group Exercise CR
2:30 Sing-a-long CR
3:30 History Special CH 1983

9:30 Exercise CH 1983
10:00 Sunday Sermon CH 1983
2:00 Sunday Sermon CH 1983
3:30 Hymns CH 1983

10:00 Lovely Fingernails CR
11:00 Group Exercise CR
1:30 BINGO CR
2:30 Food Meeting CR
3:15 Finishing Lines CR

10:00 Catholic Communion CH
11:00 Group Exercise CR
1:30 Commons Worship CH
2:30 Strength & Balance CR
3:00 Mind Joggers CR

10:00 Music Time in the 1st Floor Café
11:00 Group Exercise CR
1:30 Food Fun CR
2:30 Seated Dance CR
3:00 Arts and Crafts CR

10:00 Kalimba Presentation CR
11:00 Group Exercise CR
1:15 Games/Cards CR
3:00 The Chosen CR

10:00 Bible Study CR
11:00 Group Exercise CR
1:30 BINGO CR
2:30 Resident Meeting CR

9:30 Exercise CH 1983
11:00 Group Exercise CR
2:30 Table Games CR
3:30 History Special CH 1983

9:30 Exercise CH 1983
10:00 Sunday Sermon CH 1983
2:00 Sunday Sermon CH 1983
3:30 Hymns CH 1983

10:00 Catholic Mass CH
11:00 Group Exercise CR
1:30 BINGO CR
2:30 Seated Drumming Exercise CR
3:00 Word Games CR

10:00 Catholic Communion CH
11:00 Group Exercise CR
1:30 Commons Worship CH
2:30 Strength & Balance CR
3:00 Dice Games CR

10:15 Chimes w/ Kathleen CR
11:00 Group Exercise CR
1:30 Food Fun CR
2:30 Seated Dance CR
3:15 Arts and Crafts CR

10:00 Rosary CH
11:00 Group Exercise CR
1:15 Games/Cards CR
3:00 Hymn Sing CR

10:00 Bible Study CR
11:00 Group Exercise CR
1:30 BINGO DR
2:30 Birthday Party w/ Music by Tim Meyer CR

9:30 Exercise CH 1983
10:00 Time with Grandfriends: Share a Song and Story CR
11:00 Group Exercise CR
2:30 Balloon Volleyball CH
3:30 History Special CH 1983

9:30 Exercise CH 1983
10:00 Sunday Sermon CH 1983
2:00 Sunday Sermon CH 1983
3:30 Hymns CH 1983

10:00 Lovely Fingernails CR
11:00 Group Exercise CR
1:30 BINGO CR
2:30 Seated Drumming Exercise CR
6:30 Outdoor Concert in the Parking Lot w/ The Fridley City Band

10:00 Catholic Communion CH
11:00 Group Exercise CR
1:30 Commons Worship CH
2:30 Strength & Balance CR
3:00 Spelling Bee CR

10:00 Music Time in the 1st Floor Café
11:00 Group Exercise CR
1:30 Food Fun CR
2:30 Seated Dance CR
3:15 Arts and Crafts CR

10:00 Cheese Trivia CR
11:00 Group Exercise CR
1:15 Games/Cards CR
2:30 Strength & Balance CR
3:00 Service of Remembrance CR

10:00 Bible Study CR
11:00 Group Exercise CR
1:30 BINGO CR
2:30 New Resident Meet & Greet CR

9:30 Exercise CH 1983
11:00 Group Exercise CR
2:30 Sing-a-long CR
3:30 History Special CH 1983

9:30 Exercise CH 1983
10:00 Sunday Sermon CH 1983
2:00 Sunday Sermon CH 1983
3:30 Hymns CH 1983

10:00 Cafe Chats 1st Floor Café
11:00 Group Exercise CR
1:30 BINGO CR
2:30 Seated Drumming Exercise CR
3:00 Fun Trivia CR

10:00 Catholic Communion CH
11:00 Group Exercise CR
1:30 Commons Worship CH
2:30 Strength & Balance CR
3:00 Current Events w/ Tim TVR

10:15 Chimes w/ Kathleen CR
11:00 Group Exercise CR
1:30 Food Fun CR
2:30 Seated Dance CR
3:15 Arts and Crafts CR

Happy Birthday Beverly M!

July 2024

At the Commons

*Schedule is subject to change, we will inform you of any changes. Updated Activity Schedules are posted to channel 1983 daily.