

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 ERRAND DAY! 10-12 & 12-2p 10:15 Chair Mix Exercise on 3rd 1:30 Bible Study 3rd Fl. 3:00 Open Swim 7:00 Community Animal Visits Cat visits w. Gayle/Garfield Canada Day	2 10:00 Sit outside with friends Flagstone entry benches 2:00 Restorative Stretch 4th Fl. 3:00 Trivia with Sally on 3rd Fl. 6:00 Caring & Sharing with Hazel & Harvey (Katie & Kiddos) 7:00 Movie: "The Long Game" 2024 Thr	3 10:15 Chair Mix Exercise on 3rd 10:45 Cardio Drumming on 3rd 1:00 BINGO! Commons 3rd Fl. 2:30 Prayer Circle on 3rd E. End SPECIAL DINNER: All American	4  Independence Day (US)	5 10:15 Chair Mix Exercise on 3rd 3:00 Special Presentation: American Music- By OboeBass! 6:00 Friday Night Musical: "1776" Thr Starring William Daniels and Howard Da Silva	6 Meet Someone New 1:00 BINGO! Commons 3rd Fl. 2:00 Movie Matinee: "Ocean's 11" Thr	
	7 12:30 Bingo! Commons 3rd Fl. 3:30 Worship In The Chapel	8 10:15 Chair Mix Exercise on 3rd 1:30 Bible Study 3rd Fl. 3:00 Open Swim 7:00 Community Animal Visits Cat visits w. Kelly/Mata	9 10:00 Sit outside with friends Flagstone entry benches 2:00 Restorative Stretch 4th Fl. 3:30 Special Event: Fireworks (Gables Entrance) 2021 Thr 7:00 Movie: "The Courier" 2021 Thr	10 10:15 Chair Mix Exercise on 3rd 10:45 Cardio Drumming on 3rd 1:00 BINGO! Commons 3rd Fl. 2:00 Resident Council on 3rd 4:00 Flagstone Forum: "AI" Cpl 7:00 Special Concert: Magician, Jared Sherlock in the Chapel and 992 EXTRA-SPECIAL DINNER: Family BBQ Night	11 11:00 Hooked On Classics: "Bernstein on Broadway" Thr 1:00 Commons Crew on 3rd 3:00 Hymn Sing in the Chapel	12 NO Chair Mix Exercise on 3rd 12:45 Lk. Mtka Pontoon Ride 3:00 Special Program: Stan Tekiela "Uncommon Facts About Common Birds" 6:00 Friday Night Musical: "7 Brides for 7 Brothers" Thr Starring Jane Powell and Howard Keel	13 Meet Someone New 10:30 Barbershop Music Day with Pastor Paula on 4th Fl. 1:00 BINGO! Commons 3rd Fl. 2:00 Movie Matinee: "Ocean's 12" Thr
	14 12:30 Bingo! Commons 3rd Fl. 3:30 Worship In The Chapel	15 10:15 Chair Mix Exercise on 3rd 1:30 Bible Study 3rd Fl. 6:00 Special Documentary: "Federer: 12 Final Days" Thr 7:00 Community Animal Visits Krystal and Dottie AND Brian, Kerstie & Aurora!	16 9:45 1:1 Art with Larry 12:00 Road Scholar: "Images That Changes A Nation" Livestream in the Theater 2:00 Restorative Stretch 4th Fl. 3:00 Trivia with Sally on 3rd Fl. 6:00 Dementia Education in Cpl 7:00 Movie: "Vertigo" 1958 Thr	17 9:45 Catholic Service Chapel 10:15 Chair Mix Exercise on 3rd 10:45 Cardio Drumming on 3rd 1:00 BINGO! Commons 3rd Fl. 2:30 Prayer Circle on 3rd E. End 3:00 Open Swim SPECIAL DINNER: Comfort Food	18 ERRAND DAY! 10-12 & 12-2p 11:00 Hooked On Classics: Bernstein Teaches: "Berlioz Takes A Trip" Thr 1:00 Commons Crew: CARD CLUB on 4th 3:00 Hymn Sing in the Chapel	*HAPPY BIRTHDAY JOAN!* 19 10:15 Chair Mix Exercise on 3rd 2:00 Happy Hour (4th) 2:45 Special Outside Concert: Steve Clarke & The Working Stiffs 6:00 Friday Night Musical: "Pal Joey" Thr Starring Frank Sinatra and Rita Hayworth	20 Visit With Your Neighbor 1:00 BINGO! Commons 3rd Fl. 2:00 Movie Matinee: "Ocean's 13" Thr
	21 12:30 Bingo! Commons 3rd Fl. 3:30 Worship In The Chapel	22 10:15 Chair Mix Exercise 3:00 Open Swim 3:00 Yatzee w/Hannah on 3rd 7:00 Community Animal Visits Doggie Visits with Hannah/Chip	23 10:00 Sit outside with friends Flagstone entry benches 2:00 Restorative Stretch 4th Fl. 3:00 Trivia with Sally on 3rd Fl. 6:00 Caregiver Support Group 7:00 Movie: "Just Mercy" 2021 Thr	24 NO Chair Mix Exercise on 3rd NO Cardio Drumming on 3rd 1:00 BINGO! Commons 3rd Fl. 2:30 Prayer Circle on 3rd E. End 3:00 Open Swim 7:00 Special Concert: The Music Company SPECIAL DINNER: Seafood Night	25 11:00 Bernstein Teaches: "What Is Impressionism?" Thr 1:00 Commons Crew on 3rd 3:00 Hymn Sing in the Chapel 7:00 Faith Movie: "The Cokeville Miracle" in Theater	26 10:15 Chair Mix Exercise on 3rd 1:00 Flagstone Dixieland Jazz Band Jam Session 3:00 Special Program: I Believe In Music II w. DJ Jan & Pr. Keith 6:00 Friday Night Musical: "South Pacific" Thr Starring Rossano Brazzi and Mitzi Gaynor	27 Sing To Someone 1:00 BINGO! Commons 3rd Fl. 2:00 Movie Matinee: "Ocean's 8" Thr 2024 Summer Olympics in Paris July 26th - August 11th
	28 10:30 Pax Christie Outing 12:30 Bingo! Commons 3rd Fl. 3:30 Worship In The Chapel	29 ERRAND DAY! 10-12 & 12-2p 10:15 Chair Mix Exercise on 3rd 1:30 Bible Study 3rd Fl. 3:00 Open Swim 6:00 Special Documentary: Oscar & Orwell Award Winner "Icarus" Thr	30 10:00 Sit outside with friends Flagstone entry benches 2:00 Restorative Stretch 4th Fl. 3:00 Trivia with Sally on 3rd Fl. 7:00 Movie: "Prefontaine" Thr	31 10:15 Chair Mix Exercise on 3rd 10:45 Cardio Drumming on 3rd 11:00 Lunch Bunch Outing 1:00 BINGO! Commons 3rd Fl. 2:30 Prayer Circle on 3rd E. End 3:00 Open Swim SPECIAL DINNER: German Night			

Flagstone Commons / Activities are subject to change. Trying new things encouraged! Additional fun spontaneous activities will also pop up! *Special Programs/Concerts are in the Chapel*