

May 2024

Where it all began

Twelve years ago, I found myself searching for a new profession. I was struggling to find my path, to find a place I fit in. My mom suggested I think about a career in the growing field of senior care and specifically Presbyterian Homes. So, being a good daughter I did what she said, and I applied. I was soon hired for the newly built Founders Ridge campus in West Bloomington.

I had never worked in healthcare or the housing industry before. I was “green,” and I had a lot to learn, but I found many of my skills and experience was an asset to work we were doing. It was a fantastic challenge, and although I didn’t know it yet, it was the beginning of a beautiful new career.

Many years later I find myself in a similar place. Leaving the comfort of the familiar for something new, a bit scary and with the grace of God also wonderful. I have faith that the skills I have learned from this awesome team will serve me well and I will serve the PHS residents in a new way.

Founders Ridge is a special place because of the wonderful people that call it home and



for the staff who choose to serve here. Thank you for letting me be a part of your family.

Sincerely,

Jennifer Erickson

The Ridgeline

Here comes OLLI!

We will be showing 5 virtual OLLI, (Osher Lifelong Learning Institute), lectures on the Thursdays listed below from 12:30 p.m. to 2:00 p.m. in the Performing Arts Center. The lectures showcase a range of exciting work and important research taking place at the University.

- Thursday, April 4 – Dynamic Design in Everyday Objects
- Thursday, April 11 – Awesome Apples: Honeycrisps to Kudos.
- Thursday, April 18 – Diabetes, Obesity, and the Next-Generation Drugs Shaping Our Future.
- Thursday, April 25 – The Post-Pandemic City: Space, Structures, and Design in a Post-Pandemic World.
- Thursday, May 2 – University of Minnesota Libraries: The Front Line of Providing Access to Information to the Campus, the Community, and the World.

Grief support

In April, Pastor Tom, the Campus Pastor at Founders Ridge, began a grief group for residents. The plan is to offer a topic each meeting and to offer space for those who attend to talk about, if they wish, where they are at in their grief that day. Grief is not something we get over. It is something that

Save the date!

Before we know it, summer will be here. Before your summer schedule fills up, be sure to keep Friday, June 28 open. That is the day of our annual Anniversary Party. There will be music and food. Friends and family will be there as well. We look forward to celebrating with you.



becomes a part of us. We want to support those who feel the need to be supported.

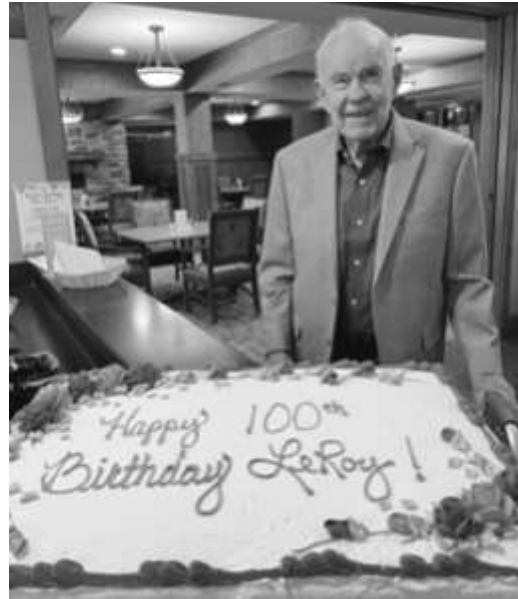
Our days of meeting are May 17 and 31 at 11 a.m. in the Club room. We welcome all who grieve any kind of loss they are feeling, that they may find the support they need.

Man of the century

Friday, March 29 was Good Friday for Christians. For Leroy Williamson, it was a great Friday. Our community took time that day to celebrate his 100th birthday. Technically, Leroy was still 99 years old on that day, as he reminded the staff at the party. His actual birthdate was only a day later, Saturday March 30.

Residents and staff regaled Leroy with a rousing Happy Birthday song and shared in eating cake and ice cream with him.

Many more Happy Birthdays, Leroy!



A beneficiary with benefits

Leaving a legacy that extends kindness to your community beyond your lifetime doesn't have to be complicated nor require an attorney's involvement. You can make an impact when you designate Presbyterian Homes Foundation or your own community as a beneficiary of one or more of your assets. This is one of the simplest ways you can secure your financial affairs and leave a gift that reflects your values. It expresses deep appreciation for your community and makes a difference in the future of your neighbors.

Naming a beneficiary on a retirement account, life insurance policy, bank account, or other investment ensures that your resources continue to serve the needs of those around you. It's usually as straightforward as completing a form from your insurer/custodian or, if you prefer, you may complete a form online. Please give us a call at (651) 631-6418 or 651-631-6408 if you would like assistance with this.

Did you know that you can name both individuals

and charities as beneficiaries on the same accounts? For example, you may choose to give 80% to family members and 20% to charities. It's also possible to specify a certain dollar amount that you would like to leave. And, if a primary beneficiary becomes deceased, a charitable organization could be named as a contingent beneficiary. If you already have a donor-advised fund set up, the distribution of investment funds may also be managed for years to come.

Naming a charity as a beneficiary brings flexibility to your financial plans so that assets are available during your lifetime. It also enables you to sow seeds of kindness and compassion that will bear fruit into the future, demonstrating gratitude for blessings and ongoing care for our loved ones. Thank you for considering taking the step to designate your community or Presbyterian Homes as a beneficiary of one or more of your assets. Your generosity makes a difference!

Founders Ridge
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FoundersRidgePHS.org

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

We are thrilled to announce the brand-new website!

The Presbyterian Homes & Services website is new and improved. Designed specifically with YOU in mind, the redesigned website is easy to use with simple navigation, abundant resources and a fresh look.

- Get news, stories and updates on PHS communities, residents and employees, plus resourceful information on living well!
- Access your community's newsletter, social calendar and dining menus all in one place.
- Explore the many different types of support PHS offers including rehabilitative services, home meal delivery and more.



Visit PresHomes.org today!