

**Harbor Crossing – The Arbor**  
Life Enrichment- Activities Calendar

# APRIL 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please note that activities are subject to change.</p> <p>In addition to group activities, Life Enrichment staff and volunteers are enjoying individual time with the residents.</p>	<p><b>1</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Manicures &amp; Pampering 1:00 Balloon Ball 2:00 Sippin' Social 2:30 Art: Watercolors 5:00 Chat with Friends</p>	<p><b>2</b></p> <p>9:30 Music Therapy with Melissa 9:45 Chronicle News! 10:00 Sing Along 12:15 Devotions with Pastor Laura 1:00 Bean Bag Toss 2:00 Sippin' Social 2:15 Fitness with Caroline 3:00 Puzzle Craze! 5:00 Chat with Friends</p>	<p><b>3</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Sing Along 1:00 Manicures &amp; Pampering 2:00 BINGO! &amp; Sippin' Social 3:00 Let's Reminisce 5:00 Chat with Friends</p>	<p><b>4</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship Service with Pastor Laura 1:15 Fitness Fun with Caroline 2:00 Sippin' Social 2:30 Trivia Time! 4:00 Dinner Music with Jim</p>	<p><b>5</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:00 Balloon Ball 2:00 Happy Hour Social 2:30 Carol &amp; Andy Sing Along 5:00 Chat with Friends</p>	<p><b>6</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:15 BINGO! &amp; Sippin' Social 3:00 Movie: I Love Lucy 5:00 Chat with Friends</p>
<p><b>7</b></p> <p>9:30 Morning Stretch 10:00 Worship &amp; Hymn Sing 1:00 Movie: Laurel &amp; Hardy 2:00 Sippin' Social 3:00 Sing Along 5:00 Chat with Friends</p>	<p><b>8</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Sing Along with Bobby 1:00 Manicures &amp; Pampering 2:00 Sippin' Social 2:30 Art: Rocks 5:00 Chat with Friends</p>	<p><b>9</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 12:15 Devotions with Pastor Laura 1:00 Balloon Ball 2:00 Sippin' Social 2:15 Fitness with Caroline 3:00 Family Feud 5:00 Chat with Friends</p>	<p><b>10</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Sing Along 1:00 Manicures &amp; Pampering 2:00 BINGO! &amp; Sippin' Social 3:00 Let's Reminisce... 5:00 Chat with Friends</p>	<p><b>11</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship Service with Pastor Laura 1:15 Fitness Fun with Caroline 2:00 Sippin' Social 2:30 Trivia Time! 4:00 Dinner Music with Jim</p>	<p><b>12</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Music for Life with Joey 1:00 Parachute Ball 2:00 Happy Hour Social 2:30 Carol &amp; Andy Sing Along 5:00 Chat with Friends</p>	<p><b>13</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:15 BINGO! &amp; Sippin' Social 3:00 Movie: Honeymooners 5:00 Chat with Friends</p>
<p><b>14</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship &amp; Hymn Sing 1:00 Poetry Reading 1:15 Yahtzee! 2:00 Sippin' Social 2:30 Trivia! 3:00 Balloon Ball 5:00 Chat with Friends</p>	<p><b>15</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Manicures &amp; Pampering 1:00 Balloon Ball 2:00 Sippin' Social 2:30 Art: Creative Painting 5:00 Chat with Friends</p>	<p><b>16</b></p> <p>9:30 Music Therapy with Melissa 9:45 Chronicle News! 10:00 Sing Along 12:15 Devotions with Pastor Laura 1:00 Bowling Fun! 2:00 Sippin' Social 2:15 Fitness with Caroline 3:00 Trivia Time! 5:00 Chat with Friends</p>	<p><b>17</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Sing Along 1:00 Manicures &amp; Pampering 2:00 BINGO! &amp; Sippin' Social 3:00 Lets Reminisce... 5:00 Chat with Friends</p>	<p><b>18</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship Service with Pastor Laura 1:15 Fitness Fun with Caroline 2:00 Sippin' Social 2:30 Trivia Time! 4:00 Dinner Music with Jim</p>	<p><b>19</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:00 Balloon Ball 2:00 Happy Hour Social 2:30 Carol &amp; Andy Sing Along 5:00 Chat with Friends</p>	<p><b>20</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:15 BINGO! &amp; Sippin' Social 3:00 Movie: Lawrence Welk 5:00 Chat with Friends</p>
<p><b>21</b></p> <p>9:30 Morning Stretch 10:00 Worship Service &amp; Hymns 1:00 Movie: I Love Lucy 2:00 Sippin' Social 3:00 Sing Along 5:00 Chat with Friends</p>	<p><b>22</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Manicures &amp; Pampering 1:00 Balloon Ball 2:00 Sippin' Social 2:30 Art: Spring Flowers 5:00 Chat with Friends</p>	<p><b>23</b></p> <p>9:30 Music Therapy with Melissa 9:45 Chronicle News! 10:00 Sing Along 12:15 Devotions with Pastor Laura 1:00 Parachute Ball 2:00 Sippin' Social 2:15 Fitness Fun with Caroline 3:00 Spelling Bee 5:00 Chat with Friends</p>	<p><b>24</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Sing Along 1:00 Manicures &amp; Pampering 2:00 BINGO! &amp; Sippin' Social 3:00 Lets Reminisce... 5:00 Chat with Friends</p>	<p><b>25</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:15 Fitness Fun with Caroline 2:00 Sippin' Social 2:30 Trivia Time! 4:00 Dinner Music with Jim</p>	<p><b>26</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Music Life with Joey 1:00 Bean Bag Toss 2:00 Happy Hour Social 2:30 Carol &amp; Andy Sing Along 5:00 Chat with Friends</p>	<p><b>27</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:15 BINGO! &amp; Sippin' Social 3:00 Movie: Andy Griffith 5:00 Chat with Friends</p>
<p><b>28</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship &amp; Hymn Sing 1:00 Poetry Reading 1:15 Yahtzee! 2:00 Sippin' Social 2:30 Trivia! 3:00 Balloon Ball 5:00 Chat with Friends</p>	<p><b>29</b></p> <p>9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Manicures &amp; Pampering 1:00 Balloon Ball 2:00 Michael Larson Playing the Accordion 2:45 Sippin' Social 5:00 Chat with Friends</p>	<p><b>30</b></p> <p>9:30 Music Therapy with Melissa 9:45 Chronicle News! 10:00 Sing Along 12:15 Devotions with Pastor Laura 1:00 Music Life with Joey 2:00 Sippin' Social 2:15 Fitness Fun with Caroline 3:00 Let's do the Math! 5:00 Chat with Friends</p>				