

Harbor Crossing – The Arbor
Life Enrichment - Activities Calendar



JULY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please note that activities are subject to change.</p> <p>In addition to group activities, Life Enrichment staff and volunteers are enjoying individual time with the residents.</p>	<p>Ice Cream Day! 1</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:00 Picture Stories 1:00 Manicures & Pampering 2:00 Sippin' Social 2:30 Art: Fireworks Painting 5:00 Chat with Friends</p>	<p>BEAR VISIT 2</p> <p>9:30 Living Spirit Music Therapy 10:15 Chronicle News 12:15 Devotions with Pastor Laura 1:00 Game Time & Social 2:15 Fitness with Caroline 3:00 Tree Talk on the Patio 5:00 Chat with Friends</p>	<p>3</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Virtual Travel: Isle Royale National Park 12:30 Guitar Music with Lon 2:00 BINGO! & Social 3:00 Afternoon Stretch on Patio 5:00 Chat with Friends</p>	<p>Independence Day! 4</p> <p>BEAR VISIT</p> <p>9:30 Chronicle News! 10:00 Sunshine on the Patio 1:15 Fitness Fun with Caroline 2:00 Bomb Pop Popsicle Social 3:00 Poetry Reading 5:00 Chat with Friends</p>	<p>5</p> <p>9:30 Chronicle News! 10:00 Worship Service with Pastor Laura 1:00 Bean Bag Toss 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends</p>	<p>6</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Sunshine on the Patio 1:15 BINGO! & Sippin' Social 3:00 Sing Along 5:00 Chat with Friends</p>
<p>7</p> <p>9:30 Morning Stretch 10:00 Hymn Sing 1:00 Virtual Tour: Holland 3:00 Sing Along 5:00 Chat with Friends</p>	<p>8</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:00 Sunshine on the Patio 1:00 Manicures & Pampering 2:00 Sippin' Social 2:30 ART: Corn Craft 5:00 Chat with Friends</p>	<p>BEAR VISIT 9</p> <p>9:30 Living Spirit Music Therapy 10:15 Chronicle News 12:15 Devotions with Pastor Laura 1:00 Game Time & Social 2:15 Fitness with Caroline 3:00 Jokes on the Patio 5:00 Chat with Friends</p>	<p>Green Day! 10</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Virtual Travel: Voyageur National Park 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Afternoon Stretch on Patio 5:00 Chat with Friends</p>	<p>BEAR VISIT 11</p> <p>9:30 Chronicle News! 10:00 Worship Service with Pastor Laura 1:15 Fitness Fun with Caroline 2:00 Sippin' Social on the Patio 3:00 A Little Trivia 4:00 Dinner Music with Jim</p>	<p>12</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Sing Along! 1:00 UNO! 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends</p>	<p>13</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Sunshine on the Patio 1:15 BINGO! & Sippin' Social 3:00 Sing Along 5:00 Chat with Friends</p>
<p>14</p> <p>9:30 Chronicle News! 9:45 Hymn Sing 10:00 Sunshine on the Patio 1:00 UNO! 2:00 Sippin' Social 3:00 Afternoon Laughter 5:00 Chat with Friends</p>	<p>Tapioca Pudding Day! 15</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:00 A Little Trivia! 1:00 Manicures & Pampering 2:00 Sippin' Social 3:00 Music Life with Joey 5:00 Chat with Friends</p>	<p>BEAR VISIT 16</p> <p>10:15 Living Spirit Music Therapy 1:00 Game Time & Social 2:15 Fitness with Caroline 3:15 Geography Talk on the Patio 5:00 Chat with Friends</p>	<p>Pink Day! 17</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Virtual Travel: Zion National Park 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Afternoon Stretch on Patio 5:00 Chat with Friends</p>	<p>BEAR VISIT 18</p> <p>9:30 Chronicle News! 10:00 Worship Service 1:15 Fitness Fun with Caroline 2:00 Sippin' Social on the Patio 3:00 Picture Stories 5:00 Chat with Friends</p>	<p>19</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 A Little Trivia! 1:00 Bean Bag Toss 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends</p>	<p>20</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Sunshine on the Patio 1:15 BINGO! & Sippin' Social 3:00 Sing Along 5:00 Chat with Friends</p>
<p>21</p> <p>9:30 Chronicle News! 9:45 Hymn Sing 10:00 Sunshine on the Patio 1:00 Horseracing Game 2:00 Sippin' Social 3:00 Afternoon Laughter 5:00 Chat with Friends</p>	<p>Silly Hat Day! 22</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:00 Michael Larson Playing the Accordion 11:00 Lorie on the Piano 1:00 Manicures & Pampering 2:00 Sippin' Social 2:30 ART: Pinecone Flowers 5:00 Chat with Friends</p>	<p>BEAR VISIT 23</p> <p>9:30 Living Spirit Music Therapy 10:15 Chronicle News 12:15 Devotions with Pastor Laura 1:00 Bean Bag Toss & Social 2:15 Fitness Fun with Caroline 3:15 Wetland Talk on the Patio 5:00 Chat with Friends</p>	<p>Black Day! 24</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Virtual Travel: Grand Tetons National Park 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Afternoon Stretch on Patio 5:00 Chat with Friends</p>	<p>BEAR VISIT 25</p> <p>9:30 Chronicle News! 10:00 Worship Service with Pastor Laura 1:15 Fitness Fun with Caroline 2:00 Sippin' Social on the Patio 3:00 Word Puzzles 4:00 Dinner and Music with Jim</p>	<p>Summer Olympics Start! 26</p> <p>9:30 Chronicle News! 10:00 Music Life with Joey 1:00 Word Puzzles 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends</p>	<p>27</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Sunshine on the Patio 1:15 BINGO! & Sippin' Social 3:00 Sing Along 5:00 Chat with Friends</p>
<p>28</p> <p>9:30 Morning Stretch 10:00 Hymn Sing 1:00 Virtual Tour: England 3:00 Sing Along 5:00 Chat with Friends</p>	<p>29</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:00 Sunshine on the Patio 1:00 Manicures & Pampering 2:00 Birthday Party Social 2:30 ART: Pineapple Painting 5:00 Chat with Friends</p>	<p>BEAR VISIT 30</p> <p>9:30 Living Spirit Music Therapy 10:15 Chronicle News 12:15 Devotions with Pastor Laura 1:00 Horse Racing & Social 2:15 Fitness Fun with Caroline 3:00 Bird Watching on the Patio 5:00 Chat with Friends</p>	<p>Blue Day! 31</p> <p>9:30 Chronicle News! 9:45 Morning Stretch 10:15 Virtual Travel: Glacier National Park 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Afternoon Stretch on Patio 5:00 Chat with Friends</p>			