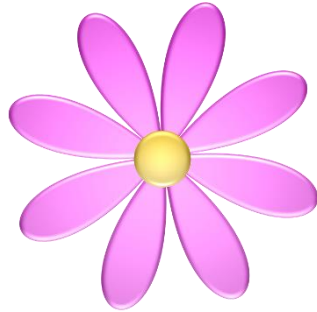
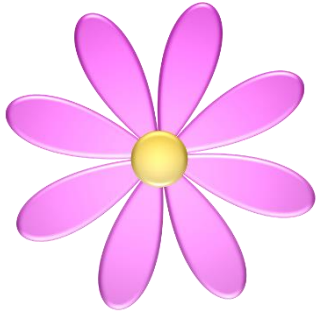


Harbor Crossing – The Arbor
 Life Enrichment - Activities Calendar

MAY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please note that activities are subject to change. In addition to group activities, Life Enrichment staff and volunteers are enjoying individual time with residents and will spend time on the patio too.			1 9:30 Morning Stretch 9:45 Chronicle News & Trivia! 9:45 Bear Visits 10:00 Sing Along 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Tabletop Balloon Ball 5:00 Chat with Friends	2 9:30 Chronicle News! 10:00 Worship Service with Pastor Laura 1:15 Fitness Fun with Caroline 2:00 Sippin' Social 2:30 Picture Stories 3:00 Test your Math Skills 4:00 Dinner Music with Jim	3 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:00 Poetry on the Patio 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends	4 9:30 Morning Stretch 9:45 Chronicle News & Trivia! 10:00 Sing Along 1:15 BINGO! & Sippin' Social 3:00 Table Balloon Ball 5:00 Movie: I Love Lucy
			5 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship & Hymn Sing 1:00 Poetry Reading 1:15 Yahtzee! 2:00 Sippin' Social 2:30 Sing Along 3:00 Balloon Ball 5:00 Chat with Friends	6 9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Sing Along! 1:00 Ladies' Afternoon Tea 2:00 Cooking Fun & Social 3:00 Let's Play Jenga! 5:00 Chat with Friends	7 9:30 Music Therapy with Melissa 10:15 Chronicle News & Trivia! 12:15 Devotions with Pastor Laura 1:00 Art: Lady Bug Art! 2:00 Sippin' Social 2:15 Fitness Fun with Caroline 3:00 Family Feud 5:00 Chat with Friends	8 9:30 Morning Stretch 9:45 Chronicle News & Trivia! 9:45 Bear Visits 1:15 Sing Along 2:00 BINGO! & Social 3:00 Let's Play Jenga! 5:00 Chat with Friends
Mother's Day! 12 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship & Hymn Sing 1:00 Movie: Beverly Hillbillies 2:00 Sippin' Social 3:00 Balloon Ball 5:00 Chat with Friends	13 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along with Bobby 11:00 Lorie on Piano at Lunch 12:30 Balloon Volleyball 1:00 Apple Pie Social 3:00 I Love Lucy Show! 5:00 Chat with Friends	14 9:30 Music Therapy with Melissa 10:15 Chronicle News! 12:15 Devotions with Pastor Laura 1:00 Art: Pressed Flowers 2:00 Sippin' Social 2:15 Fitness Fun with Caroline 3:00 Guess Who? 5:00 Chat with Friends	15 9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Music for Life with Joey 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Tabletop Balloon Ball 5:00 Chat with Friends	16 9:30 Chronicle News! 10:00 Worship Service with Pastor Laura 1:15 Fitness Fun with Caroline 2:00 Sippin' Social 2:30 Let's Play Jenga! 3:00 Spelling Bee 4:00 Dinner Music with Jim	17 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:00 Poetry on the Patio 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends	18 9:30 Morning Stretch 9:45 Chronicle News & Trivia! 10:00 Sing Along 1:15 BINGO! & Sippin' Social 3:00 Table Balloon Ball 5:00 Movie: Lawrence Welk
19 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship & Hymn Sing 1:00 Poetry Reading 1:15 Yahtzee! 2:00 Sippin' Social 2:30 Sing Along 3:00 Let's Play Jenga! 5:00 Chat with Friends	20 9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Michael Larson Playing the Accordion 1:00 Chicken Soup Readings 1:30 Manicures & Pampering 2:30 Cooking Fun & Social 3:00 Balloon Ball 5:00 Chat with Friends	21 9:30 Music Therapy with Melissa 10:15 Chronicle News! 12:15 Devotions with Pastor Laura 1:00 Art: Rock Art 2:00 Sippin' Social 2:15 Fitness Fun with Caroline 3:00 Spelling Bee 5:00 Chat with Friends	22 9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Coffee with a Cop 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Let's Play Jenga! 5:00 Chat with Friends	23 9:30 Chronicle News! 10:00 Worship Service with Pastor Laura 1:00 Chronicle News! 1:15 Fitness Fun with Caroline 2:00 Monthly Birthday Social 2:30 Trivia Fun! 3:00 Picture Stories 4:00 Dinner Music with Jim	24 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Music Life with Joey 1:00 After Lunch Laughs! 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends	25 9:30 Morning Stretch 9:45 Chronicle News & Trivia! 10:00 Sing Along 1:15 BINGO! & Sippin' Social 3:00 Table Balloon Ball 5:00 Movie: Andy Griffith
26 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Worship & Hymn Sing 1:00 Movie: Golden Girls 2:00 Sippin' Social 3:00 Balloon Ball 5:00 Chat with Friends	Memorial Day! 27 9:30 Morning Stretch 9:45 Chronicle News! 10:00 Sing Along 1:00 Chicken Soup Readings 2:00 Cooking Fun & Social 3:00 Bean Bag Toss 5:00 Chat with Friends	28 9:30 Music Therapy with Melissa 10:15 Chronicle News! 12:15 Devotions with Pastor Laura 1:00 Art: Puzzles! 2:00 Sippin' Social 2:15 Fitness Fun with Caroline 3:00 Guess Who? 5:00 Chat with Friends	29 9:30 Morning Stretch 9:45 Chronicle News & Trivia! 9:45 Bear Visits 10:00 Sing Along 1:00 Manicures & Pampering 2:00 BINGO! & Social 3:00 Tabletop Balloon Ball 5:00 Chat with Friends	30 9:30 Chronicle News! 10:00 Worship Service with Pastor Laura 1:00 Chronicle News! 1:15 Fitness Fun with Caroline 2:00 Sippin' Social 2:30 Lets Play UNO! 4:00 Dinner Music with Jim	31 9:30 Morning Stretch 9:45 Chronicle News! 9:45 Bear Visits 10:00 Trivia Fun! 1:00 Poetry on the Patio 2:00 Happy Hour Social 2:30 Carol & Andy Sing Along 5:00 Chat with Friends	