


## Highland Path Presbyterian Homes & Services - May 2024 - Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>DR</b> Floor 1 Dining Room <b>RR</b> Floor 1 River Room <b>CR</b> Floor 1R Comm Room <b>ICL</b> Floor 1R IL Chapel <b>2T</b> Floor 2 Theater <b>2RL</b> Floor 2R Library <b>3W</b> Floor 3 Wellness Room <b>4C</b> Floor 4 AL Chapel			<b>1</b> 10:00 Ros&Comm 10:30 Mass - ICH 10:15 Chair Exercise - 4C 11:00 Coffee & Trivia - CR 1:00 Seed Planting - RR 2:00 Cribbage - RR 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Walking Group - Lobby 6:00 2nd Floor Gathering - 2T	<b>2</b> 10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 My Car: Walgreens 1:00 Schwan's Delivery 1:00 Highland Chimes - 4C 2:30 Derby-Themed Social - CR 6:00 Puzzling w/ Others - 2RL	<b>3</b> 10:00 Ros&Comm 10:30 Mass - ICH 10:15 Chair Exercise - 4C 11:00 Coffee & Trivia - CR 2:00 Balance - CR 2:45 Yoga - 4C 3:00 MacPhail Music - CR 3:30 Strength - 4C 6:30 Movie & Popcorn - 2T	<b>4</b> 10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Games - RR 1:10 Twins vs. Red Sox - RR 1:30 Movie Matinee - 2T 3:00 Conversation Corner - RR
<b>5</b> *Cinco De Mayo*	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
10:00 Rosary & Comm - ICH 10:15 Exercise w/ Jackie - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:10 Twins vs. Red Sox - RR 1:30 Interdenominational Church - P. Darrel & Lin - 4C 2:30 "Bombshell-Hedy Lamar"-2T 6:30 "Chosen" TV Series - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 1:15 Bingo - 4C 2:00 Balance and Strength Mix - CR 3:00 Open Gym - 3W 3:00 Movie Matinee - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 3W 10:30 Coffee & Trivia - CR 10:30 Bible Study - 4C 11:00 Munsterlander Visit - RR 1:30 Cactus Painting - 4C 3:00 One-on-Ones 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill - DR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:00 Writing Session - 4C 2:00 Cribbage - RR 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Owain the Dog Visit - RR 6:00 3rd Floor Gathering - 3W	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 Flower Pots w/ Amy - Patio 11:00 My Car: Lunds & Byerlys 1:00 Highland Chimes - 4C 2:30 Cinco De Mayo Social - DR 6:00 Activity Interest Meeting - RR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:00 Cooking Demo - CR 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Strength - 4C 6:30 Movie & Popcorn - 2T	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Water Coloring - CR 1:00 Resident-Led Games - RR 1:30 Movie Matinee - 2T 3:00 Bach Society of MN Mini Concert Series - CR
<b>12</b> *Mother's Day*	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
10:00 Rosary & Comm - ICH 10:15 Exercise w/ Laura - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:30 Interdenominational Church w/ P. Darrel - 4C 2:30 Table Games - 4C 6:30 "Chosen" TV Series w/ Coffee & Treats - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 1:15 Bingo - 4C 2:00 Balance and Strength Mix - CR 3:00 Open Gym - 3W 3:00 Movie Matinee - CR 4:15 Parkinson's Group - RR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 3W 10:30 Trivia - CR    Bible Study - 4C 11:00 Walking Group - Lobby 1:30 Proud Moments - RR 3:00 Director Forum - 4C 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill Throughout Dinner - DR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 11:00 Outing: Coffee Concert 2:00 Cribbage - RR 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Crafts w/ Vol Sue - CR 6:30 Armenian Dancers - DR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 My Car: HP Library 1:00 Schwan's Delivery 1:00 Highland Chimes - 4C 2:30 Social Hour - CR 6:00 Transplanting Into the Garden - Patio	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 12:00 Lunch Outing: La Casita 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Strength - 4C 6:30 Movie & Popcorn - 2T	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Water Coloring - CR 1:00 Resident-Led Games - RR 1:30 Movie Matinee - 2T 3:00 Walking Group - Lobby *weather permitting*
<b>19</b>	<b>20</b>	<b>21</b> -- St Thomas Students --	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
10:00 Rosary & Comm - ICH 10:15 Exercise w/ Jackie - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:30 Interdenominational Church w/ P. Darrel - 4C 2:30 Wheel of Fortune 4C 6:30 "Chosen" TV Series w/ Coffee & Treats - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 1:15 Bingo - 4C 2:00 Balance and Strength Mix - CR 3:00 Open Gym - 3W 3:00 Movie Matinee - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 3W 10:30 Trivia - CR    Bible Study - 4C 11:00 Walking Group - Lobby 1:30 Boggle - RR 3:00 Caregiver Support - RR 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill Throughout Dinner - DR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:00 Highland Chimes Perf. - CR 2:00 Cribbage - RR 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Owain the Dog Visit - RR 6:00 4th Floor Gathering - 4C	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 My Car: Trader Joe's 1:00 Piano & Hymn Sing - 4C 1:30 Senior Saxes Music Performance - DR 2:30 Memorial Day Social - DR 6:00 Gardening - Patio	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:00 Outing: MN State Capitol 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Strength - 4C 6:30 Movie & Popcorn - 2T	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Water Coloring - CR 1:00 Resident-Led Games - RR 1:10 Twins vs. Rangers - RR 1:30 Movie Matinee - 2T 3:00 Sudoku Saturday - RR
<b>26</b>	<b>27</b> *Memorial Day*	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<div style="background-color: #ff69b4; padding: 10px; border: 1px solid black;"> <h3 style="margin: 0;">The Commons</h3> <p style="font-size: small; margin: 5px 0;">Activities subject to change without notice. Updates posted on daily flyers as able.</p> </div>
10:00 Rosary & Comm - ICH 10:15 Exercise w/ Jackie - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:10 Twins vs. Rangers - RR 1:30 Interdenominational Church w/ P. Darrel - 4C 2:30 Games - 4C 6:30 "Chosen" TV Series - CR	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 3:00 Movie Matinee - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 3W 10:30 Trivia - CR    Bible Study - 4C 11:00 Walking Group - Lobby 1:30 No-Bake Baking - 2T 3:00 Mens/Womens - RR/2T 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill Throughout Dinner - DR	10:00 Ros&Comm 10:30 Mass - ICH 10:15 Chair Exercise - 4C 11:00 Coffee & Trivia - CR 1:00 EDU: 21 Nat'l Parks - CR 2:00 Cribbage - RR 2:00 Balance - CR 2:45 Yoga - 4C 3:00 Patio Drinks & Chat - Patio 3:30 Book Club - 2RL 6:00 LINK Gathering - 2RL	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 My Car: Target 1:00 Schwan's Delivery 1:00 Highland Chimes - 4C 2:30 bDay Social - CR 6:00 Gardening - Patio	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Strength - 4C 4:00 Walking Group - Lobby 6:30 Movie & Popcorn - 2T	

\*Breakfast 7:30-9:00am, Lunch 12:00-1:00pm, Dinner 5:00-6:00pm\*

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