

Highland Path Presbyterian Homes & Services - July 2024 - Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<p style="font-size: 1.2em; margin: 0;">The Commons</p> <p style="font-size: 0.8em; margin: 5px 0 0 5px;">Activities subject to change without notice. Updates posted on daily flyers as able.</p>	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 1:15 Bingo - 4C 2:00 Balance/Strength Mix - CR 3:00 Open Gym - 3W 3:00 Movie Matinee - CR 4:00 Drumming w/ Marisa - 4C	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 3W 10:30 Coffee & Trivia - CR 10:30 Bible Study - 4C 1:30 RW&B Decorating - Lobby 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill-DR 6:30 "Chosen" TV Series - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:15 River Walk - Lobby 2:00 Balance-CR Cribbage-RR 2:45 Yoga - 4C 3:30 Owain the Dog Visit - RR	4th of July	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Patio Chats - Front Patio 2:30 Holiday Movie Matinee: Men of Honor - 2T 6:00 Tend the Garden - DR Patio 1:00 Cooking Demo - CR 4:00 Patio Drinks & Chat - Patio 6:30 Movie & Popcorn - 2T	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Water Coloring - CR 1:00 Resident-Led Games - RR 1:30 Movie Matinee - 2T 3:00 Wknd Walk & Talk - Lobby
7	8	9	10	11	12	13
10:00 Rosary & Comm - ICH 10:15 Exercise w/ Jackie - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:30 Interdenominational Church w/ P. Darrell - 4C 3:00 "All Across America" Music w/ Andy Steinfeldt - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 1:15 Bingo - 4C 2:00 Balance and Strength Mix - CR 3:00 Open Gym - 3W 3:00 Movie Matinee - CR 4:15 Parkinson's Group - RR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 3W 10:30 Trivia - CR Bible Study - 4C 11:00 Munsterlander Visit - RR 1:30 Sing Along w/ Laura - 4C 3:00 Director Forum - 4C 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill-DR 6:30 "Chosen" TV Series - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 11:30 Outing: "Hot Toddlies" Jazz Music in the Park 2:00 Balance-CR Cribbage-RR 2:45 Yoga - 4C 3:30 Spa Day w/ Laura - 4C	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 MyCar: Walgreens 1:00 Schwan's Delivery 1:00 Highland Chimes - 4C 2:30 Social Hour - CR 6:00 Table Games w/ Laura - RR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 2:00 Balance - CR 2:45 Yoga - 4C 3:00 MacPhail Music - CR 3:30 Strength - 4C 6:30 Movie & Popcorn - 2T	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Water Coloring - CR 1:00 Resident-Led Games - RR 1:30 Movie Matinee - 2T 3:00 Patio Chats - Front Patio
14	15	16	17	18	19	20
10:00 Rosary & Comm - ICH 10:15 Exercise w/ Jackie - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:30 Interdenominational Church w/ P. Darrell - 4C 2:30 Games w/ Jackie - 4C	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 1:15 Bingo - 4C 2:00 Balance and Strength Mix - CR 3:00 Open Gym - 3W 3:00 Movie Matinee - CR 4:00 Drumming w/ Marisa - 4C	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 3W 10:30 Coffee & Trivia - CR 10:30 Bible Study - 4C 1:30 Scenic Stroll - Lobby 3:00 Caregiver Support - RR 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill-DR 6:30 "Chosen" TV Series - CR	10:00 Rosary 10:30 Mass - ICH 10:15 Chair Exercise - 4C 11:00 Coffee & Trivia - CR 11:30 Resident Council - 4C 1:15 Writing Session - 4C 2:00 Balance - CR 2:00 Cribbage - RR 2:45 Yoga - 4C 3:30 Owain the Dog Visit - RR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 My Car: HP Library 1:00 Schwan's Delivery 2:30 Social Hour - DR 6:00 "Flags" Explained - 2T	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 12:00 Patio Lunch Outing: Sea Salt Eatery 2:00 Balance - CR 2:45 Yoga 3:30 Strength - 4C 6:30 Movie & Popcorn - 2T	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Water Coloring - CR 1:00 Resident-Led Games - RR 1:30 Movie Matinee - 2T 3:00 Wknd Walk & Talk - Lobby <i>"weather permitting"</i>
21	22	23	24	25	26	27
10:00 Rosary & Comm - ICH 10:15 Exercise w/ Jackie - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:30 Interdenominational Church w/ P. Darrell - 4C 3:00 Documentary - 2T 4:00 Erin & Auggie the Dog - RR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 1:15 Bingo - 4C 2:00 Balance and Strength Mix - CR 3:00 Open Gym - 3W 3:00 Movie Matinee - CR 4:15 Parkinson's Group - RR	9:00 Volunteer Event - CR 10:00 Rosary - ICH 10:30 Trivia 10:15 Chair Exercise - 3W 10:30 Bible Study - 4C 1:30 Table Games - RR 3:00 Grief Support - RR 4:00 Documentary Series - 2T 5:00 Piano Music w/ Vol Bill-DR 6:30 "Chosen" TV Series - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 11:30 Outing: White Bear Lake Pontoon Ride 2:00 Balance-CR Cribbage-RR 2:45 Yoga - 4C 3:30 Crafts w/ Vol. Sue - CR	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Coffee & Trivia - CR 11:00 My Car: Trader Joe's 1:00 Schwan's Delivery 1:00 Highland Chimes - 4C 2:30 bDay Social Hour w/ Tim Meyer Guitar Music - CR 6:00 Walk the Block - Lobby	10:00 Rosary & Comm - ICH 10:15 Chair Exercise - 4C 10:30 Catholic Mass - ICH 11:00 Coffee & Trivia - CR 1:00 Volunteer Event - CR 2:00 Balance - CR 2:45 Yoga - 4C 3:30 Strength - 4C 6:30 Movie & Popcorn - 2T	10:00 Rosary & Comm - ICH 10:15 Exercise Machines - 3W 10:30 Coffee & Trivia - CR 1:00 Resident-Led Water Coloring - CR 1:00 Resident-Led Games - RR 1:30 Movie Matinee - 2T 3:00 Wknd Word Puzzles - RR
28	29	30	31			<p>DR Floor 1 Dining Room RR Floor 1 River Room CR Floor 1R Comm Room ICL Floor 1R IL Chapel 2T Floor 2 Theater 2RL Floor 2R Library 3W Floor 3 Wellness Room 4C Floor 4 AL Chapel</p>

Breakfast 7:30-9:00am, Lunch 12:00-1:00pm, Dinner 5:00-6:00pm

1925 Norfolk Ave., St. Paul, MN 55116

Life Enrichment Office: 651-294-6515