


Highland Path Presbyterian Homes & Services - July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Arbor Activities subject to change without notice. Updates posted on daily flyers as able.	1 10:00 Rosary & Comm - ICH 11:00 Monday Stretch 1:15 Bingo - 4C or Movie 3:15 Flower Arranging 4:00 Walking Group 5:45 All About.....	2 10:00 Rosary & Comm - ICH 11:00 Chair Dancing 11:30 Eucharist w/ Ron 1:15 Creative Art 2:15 Devotions w/ P. Darrell 3:30 Tuesday Trivia 5:45 Balloon Volley	3 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Move & Groove 2:00 Root Beer Floats 3:30 Piano w/ Yvonna - 4C 4:00 Owain the Dog Visit 5:45 Patriotic Karaoke	4 *4th of July* 10:00 Rosary & Comm - ICH 11:00 Exercise w/ RAs 1:30 Music Therapy w/ Karen! 2:30 Afternoon Treats 3:30 Chill Out 5:45 Movie Night w/ RAs	5 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:15 Morning Movement 1:00 Cooking Demo - CR 2:15 Ring Toss 3:00 'This Month' Trivia 5:45 Fireworks Show	6 10:00 Rosary & Comm - ICH 11:00 Exercise w/ RAs 2:00 Music Therapy w/ Emily! 3:00 Patio Time w/ RAs *weather permitting* 5:45 Showtime! w/ RAs
	7 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Sunday Stretch 1:30 Nail Care 2:30 Worship w/ P. Darrell 3:00 US Tunes w/ Andy - CR 5:45 Active Game	8 10:00 Rosary & Comm - ICH 11:00 Monday Stretch 1:15 Bingo - 4C or Movie 3:15 Popsicles on the Patio 4:00 Drumming w/ Marisa 5:45 Evening Chat	9 10:00 Rosary & Comm - ICH 11:00 Chair Dancing 11:30 Dog Visit II Eucharist 1:15 Garden Club - Patio 2:15 Devotions w/ P. Darrell 3:30 Writing Group 5:45 Wheel of Fortune	10 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Chair Dancing 1:30 Watercolor Art 3:30 Chair Mix w/ Trainer 4:00 Garden Herbs - Patio 5:45 Name that Tune	11 10:00 Rosary & Comm - ICH 11:00 Chair Yoga 1:00 iN2L Fun 2:30 Social Hour - DR 3:30 Afternoon Stretch 5:45 Memory Share	12 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:15 Morning Movement 1:30 Active Game w/ Laura 2:15 Friday Fresh Air 3:00 MacPhail Music - CR 5:45 iN2L Laughs w/ Laura
14 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Sunday Stretch 1:30 Garden Herbs 2:30 Worship w/ P. Darrell 4:00 Bowling 5:45 Wheel of Fortune	15 10:00 Rosary & Comm - ICH 11:00 Monday Stretch 1:15 Bingo - 4C or Movie 3:15 Games on the Patio 3:30 Family Feud 5:45 Dice Game	16 10:00 Rosary & Comm - ICH 11:00 Chair Dancing 11:30 Eucharist w/ Ron 1:15 Table Games 2:15 Devotions w/ P. Darrell 3:30 Train Your Brain Trivia 5:45 Dart Ball	17 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Stretch & Strength 1:30 Art Appreciation 3:30 Chair Mix w/ Trainer 4:00 Owain the Dog Visit 5:45 Group Karaoke	18 10:00 Rosary & Comm - ICH 11:00 Chair Yoga 1:00 Armchair Travel 2:30 Social Hour - CR 3:30 Funniest Videos 5:45 Who Am I?	19 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Morning Movement 1:30 Active Game w/ RAs 2:15 iN2L Fun w/ RAs 3:00 Window Watching 5:45 Resident Choice!	20 10:00 Rosary & Comm - ICH 11:00 Exercise w/ RAs 2:00 Music Therapy w/ Emily! 3:00 Patio Time w/ RAs *weather permitting* 5:45 Movie Night w/ RAs
21 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Sunday Stretch 2:30 Worship w/ P. Darrell 3:30 Erin & Auggie the Dog 4:00 Chelsea on Violin 5:45 Is it Cake?	22 10:00 Rosary & Comm - ICH 11:00 Monday Stretch 1:15 Bingo - 4C or Movie 3:15 Music w/ Yvonna 4:00 Drumming w/ Marisa 5:45 Laughter is the Best Medicine	23 10:00 Rosary & Comm - ICH 11:00 Chair Dancing 11:30 13th 1:15 Garden Club - Patio 2:15 Devotions w/ P. Darrell 3:30 Roberta on the Harp 5:45 Bean Bag Toss	24 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:30 Music & Movement 2:00 Let's Bake 3:30 Chair Mix w/ Trainer 4:00 Jammin' w/ Jim 5:45 Story Behind the Song	25 10:00 Rosary & Comm - ICH 11:00 Chair Yoga 1:30 Documentary 2:30 July B-day Social w/ Tim Meyer Guitar Music - DR 3:30 Afternoon Stretch 5:45 Memory Share	26 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Morning Movement 1:30 Ready... Aim... 2:15 iN2L Exploration 3:00 Outdoor Appreciation 5:45 Late Night Lucy	27 10:00 Rosary & Comm - ICH 11:00 Exercise w/ RAs 1:15 Saturday Matinee 3:45 Patio Time w/ RAs *weather permitting* 5:45 One-on-Ones w/ RAs
28 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Sunday Stretch 1:30 Nail Care 2:30 Worship w/ P. Darrell 4:00 Finish the Lyric 5:45 Charades	29 10:00 Rosary & Comm - ICH 11:00 Monday Stretch 1:15 Bingo - 4C or Movie 3:15 Flower Arranging 4:00 Active Game 5:45 What's My Line?	30 10:00 Rosary & Comm - ICH 11:00 Chair Dancing 11:30 Dog Visit II Eucharist 1:00 Heart Songs w/ Rose 2:15 Devotions w/ P. Darrell 3:30 All About..... 5:45 Bean Bag Toss	31 10:00 Rosary & Comm - ICH 10:30 Catholic Mass - ICH 11:00 Chair Yoga 1:30 Baking Group 3:30 Chair Mix w/ Trainer 4:00 Owain the Dog Visit 5:45 Fill the Vase			DR Floor 1 Dining Room RR Floor 1 River Room CR Floor 1R Comm Room ICL Floor 1R IL Chapel 2T Floor 2 Theater 2RL Floor 2R Library 4C Floor 4 AL Chapel

1925 Norfolk Ave., St. Paul, MN 55116

Life Enrichment Office 651-294-6515