



# Heartwood Campus/May 2024 Commons/Terrace



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



ACT-Activity Room  
CC- Conference Center  
CHA-Chapel  
GL-Grand Lodge  
PDR-Private Dining Room  
WC-Wellness Center  
VC-Video Conference

**Happy Birthday**  
Jim Johnson 5 - 10  
John Newstrom 5-10  
Sharon Simons 5 -11  
Joseph Simons 5-12  
Judith Weber 5-13  
Elaine Dahlquist 5-16  
James Casey 5 -19

**Spa day, Outings and Errand Run ~  
Please sign up at the Front Desk.  
Please note that Activities  
are subject to change.  
Questions Please Call 545-8534**



1  
10 Women Bible Study/Act  
10 Men Coffee/GL  
11 Silver Sneakers/WC  
1 Bingo / Act  
1:30 Knit Witz/2ndFL  
2:30 Cribbage/GL

2  
9:30 Prayer/CHA  
10 Coffee Social/D  
11 Holy Yoga/WC  
\* 12:30 Errand Run  
2 Bible Study / Act

3  
9:30 Horse Racing/Act  
10 Communion/ Cha  
11 TAI CHI / WC  
1 Mexican Train / ACT  
3 Happy Hour / GL

4  
10 ~ Movie / 2nd FL  
1 ~ Watching the  
Movie "Up" in  
Activity Room  
2 ~ 500 / GL

5  
2 Church Service with  
Heartwood Chaplain  
Pastor Kimbler / CC  
2  
Teen Challenge  
Choir/CC

6  
8:30 Grocery Run  
9 Nail Spa Day/Act  
10 Morning Coffee/D  
11 Silver Sneakers/WC  
1 Card Making / Act  
3 Home Bible Study/Act  
5 Grief Support Group/VC

7  
\* 10:30 Am Men's  
Lunch Outing  
2 Social / GL

8  
10 Women Bible Study/Act  
10 Men Coffee/GL  
11 Silver Sneakers/WC  
1 Bingo / Act  
1:30 Knit Witz/2ndFL  
2:30 Cribbage/GL

9  
9:30 Prayer/CHA  
10 Coffee Social/D  
11 Holy Yoga/WC  
\* 12:30 Errand Run  
2 Bible Study / Act

10  
9:30 Horse Racing/Act  
10 Communion/ Cha  
11 TAI CHI / WC  
1 Mexican Train / ACT  
3 Happy Hour / GL  
6 Game Night / UPL

11  
10 ~ Good Morning  
Coffee / GL  
2 ~ 500 / GL

12  
2 Church Service with  
Lifesprings Church  
Pastor Anderson / CC

8:30 Grocery Run  
9 Nail Spa Day/Act  
10 Morning Coffee/D  
10 Sewing with Cindy/ Act  
11 Silver Sneakers/WC  
1 Mimosas for Mom  
1 Salem Bible Study/ VC  
3 Home Bible Study/Act  
5 Grief Support Group/VC

14  
10:30 Resident  
Focus Meeting/CC  
2 BirthDay Party  
with Live Music / GL

15  
10 Women Bible Study/Act  
10 Men Coffee/GL  
11 Silver Sneakers/WC  
1 Bingo / Act  
1:30 Knit Witz/2ndFL  
2:30 Cribbage/GL  
\* 3 VFW DINNER

16  
9:30 Prayer/CHA  
10 Coffee Social/D  
11 Holy Yoga/WC  
\* 12:30 Errand Run  
2 Bible Study / Act

17  
9:30 Horse Racing/Act  
10 Communion/ Cha  
11 TAI CHI / WC  
1 Mexican Train / ACT  
1 Mari's Paining Class/Act  
3 Happy Hour / GL

18  
10 ~ Movie / 2nd FL  
2 ~ 500 / GL

19  
2 Church Service with  
Heartwood Chaplain  
Pastor Kimbler / CC

20  
8:30 Grocery Run  
9 Nail Spa Day/Act  
10 Morning Coffee/D  
1 Cross the World / Act  
11 Silver Sneakers/WC  
3 Home Bible Study/Act  
5 Grief Support Group/VC

21  
\* 9 Wal-Mart Trip  
1 Taste of  
Heartwood / Act  
2 ~ Sing-a-long and  
Social /GL

22  
10 Women Bible Study/Act  
10 Men Coffee/GL  
11 Silver Sneakers/WC  
1 Bingo / Act  
1:30 Knit Witz/2ndFL  
2:30 Cribbage/GL

23  
9:30 Prayer/CHA  
10 Coffee Social/D  
11 Holy Yoga/WC  
\* 12:30 Errand Run  
2 Bible Study / Act  
\* 5 Bingo at the Legion

24  
9:30 Horse Racing/Act  
10 Communion/ Cha  
11 TAI CHI / WC  
1 Mexican Train / ACT  
3 Happy Hour / GL  
6 Game Night / UPL

25  
10 ~ Good Morning  
Coffee / GL  
2 ~ 500

26  
2 Church Service with  
Deerwood Baptist  
Pastor Bergasnev/ CC

27  
10 Morning Coffee/D  
3 Home Bible Study/Act

28  
\* 10:30 Am Ladies  
Lunch Outing  
2 Social / GL

29  
10 Women Bible Study/Act  
10 Men Coffee/GL  
11 Silver Sneakers/WC  
1 Bingo / Act  
1:30 Knit Witz/2ndFL  
2:30 Cribbage/GL

30  
9:30 Prayer/CHA  
10 Coffee Social/D  
11 Holy Yoga/WC  
\* 12:30 Errand Run  
2 Bible Study / Act

31  
9:30 Horse Racing/Act  
10 Communion/ Cha  
11 TAI CHI / WC  
1 Mexican Train / ACT  
3 Shane's Happy Hour-  
Allen Family Music/ GL

