# **JULY 2024**

**AMERICA** 

"We hold these truths to be self-evident;

that all men

are created equal."

-as revised by Elizabeth Cady Stanton, 1848

Aska Suffragist

#### 1 Mon

## 2 Tue

## 3 Wed

## 5 Fri

#### Sat

#### Special Note:

This calendar is subject to changes and cancelations due to unforeseeable circumstances. Please see posted calendar in Elevators and the reception desk and throughout the campus. Sign up sheets for outings are in the **Note Book** at the Bistro. Extra weekly calendars are available in that location as well.

#### **REMINDER:**

All residents on campus may participate in any & all activities (not all outings) listed on the campus calendar if they are able. Staff do their best to accommodate special needs.



#### 8:30 Dancercise with Donna Chapel

9:30 Coffee & Treats Social Villa Party Room

10:30 US History The Men Who Built America **Twin Birch Theater** 

10:30 Court/Villa Pontoon Ride Must sign up

1:00 Catholic Corner Bible Study Club Room

2:00 Bingo (.25 a card) **Court Atrium** 

5:30 Game Night Scrabble, Cribbage, 500 Hand & Foot etc. Club Room

#### 8:30 Cardio & Strength Class w/Jessica Chapel

10:00 Court/Villa Jubilee Grocery & Errands Must sign up

11:00 Centering Prayer **Small Chapel** Gables 2nd floor

11:30 Chair Yoga Stretch Class Chapel

1:00 Moving/Balance Class **Fitness Center** 

1:00 Brain Games w/ Patty **Commons 3rd floor Activity Room** 

3:00 Ceramics painting class **Commons 3rd floor** 

4:00 Rosary Chapel

4:00 Court/Villa Pontoon Ride Must sign up

#### 9:30 Coffee & Treats Social **Court Atrium**

**Koala Bear Day Care** 4th of July Parade This morning

10:00 Bingo (.25 a card) with Ann **Commons 2nd floor** 

10:00 Prayer Shawl Knitting group Club Room

12:45 St John's Lutheran Church Bible Study Club Room

1:00 Mt Olive Bible Study with Pastor Mike Chapel

1:30 Root Beer Floats with the Veteran's Group **Patio or Town Center** & Community Room

2:00 Chair 1 class (using weights & bands while sitting) **Fitness Center** 

3:00 Bible Study w/ Pastor John Chapel

3:00 Basic Chair exercise class (Sitting in Chair using Resistance bands) **Commons 3rd Activity Rm** 

4:00 Court/Villa Pontoon Ride Must sign up

4:00 BYOB Happy Hour Club Room and 5:00 Villa Party Room



Julie Weisenhorn

10:00 Woodshop Open With Mentors Villa Garage Woodshop

10:00 Bingo (.25 a card) with Peg

10:00 Harriet's Bible Study group Community Room

10:00 Court/Villa Mackenthun's on Hwy 7 Must Sign Up

NO Parkinson's Exercise class TODAY

**TODAY** 

Entertains Chapel

6:30 Movie Night "Grease" **Twin Birch Theater** 

#### **NO** Cardio & Strength Class TODAY

9:30 Gardening with **South Garden Area** 

**Commons 4th Floor** 

**NO** Chair Yoga **TODAY** 

**NO** Moving/Balance Class

2:30 Tara Brueske

#### 10:00 Bingo (.25 a card) **Court Atrium**

1:00 Jennette's Gospel Classics Twin Birch Theater



#### **GIFT SHOP AND STORE HOURS Daily**

9:00 a.m. - 1:00 p.m. And 2:00 p.m. - 5:00 p.m.

**Schwan's Delivery** every other **Thursday** 

Call 1-888-724-9267 To place an order. Will be delivered to your apartment.

#### Attention

Optage Foot Clinic schedule

**July** ~ 10, 24 & 31

August ~ 28

Must sign up in the notebook ~ bistro area

## **JULY 2024**

7 Sun	8 Mon	9 Tue	10 Wed	11 Thu	12 Fri	13 Sat
10:00 Worship Service All are welcome <b>Chapel</b>	7:30 Women's Breakfast With Cory Commons 3rd Floor	7:30 Men's Breakfast With Cory Commons 3rd Floor	Optage Foot Clinic Today Must sign Up Nail Salon ~ Court Atrium	8:30 Cardio & Strength Class w/Jessica Chapel 9:30 Coffee & Treats Social	8:30 Cardio & Strength Class w/Jessica <b>Chapel</b> 10:00 Woodshop Open	10:00 FREE Bingo With River Valley Church Court Atrium
11:00 Worship Service All are welcome Chapel	8:30 Dancercise with Donna Chapel	8:30 Cardio & Strength Class w/Jessica <b>Chapel</b>	9:30 Coffee & Treats Social Court Atrium	Commons 3rd floor  10:30 Catholic Communion Chapel	With Mentors Villa Garage Woodshop	1:00 <u>Jennette's</u> Gospel Classics <b>Twin Birch Theater</b>
4:00 Game Night Scrabble, Cribbage, 500 Hand & Foot etc. Club Room	9:30 Coffee & Treats Social Villa Party Room	10:00 Court/Villa Jubilee Grocery & Errands <b>Must sign up</b>	10:00 Bingo (.25 a card) with Ann Commons 2nd floor	10:30 Mound EV Free Church Bible Study	10:00 Bingo (.25 a card) with Peg Commons 4th Floor	
	10:30 US History The Men Who Built America Twin Birch Theater	11:00 Centering Prayer Small Chapel Gables 2nd fl	10:30 Visit from Miss Minnesota Chapel	Club Room  10:00 Court/Villa  Trader Joe's Trip	10:00 Harriet's Bible Study group <b>Community</b> <b>Room</b>	-200c
	10:30 Court/Villa Pontoon & Lunch at Lord Fltetchers Ride <b>Must sign Up</b>	11:30 Chair Yoga Stretch Class <b>Chapel</b>	10:00 Prayer Shawl Knitting group Club Room 12:45 St John's Lutheran	Must sign up  11:30 Chair Yoga Stretch	10:00 Court/Villa Mackenthun's on Hwy 7 <b>Must Sign Up</b>	
	11:30 Ambassador Meeting Club Room	1:00 Moving/Balance Class Fitness Center  1:00 Brain Games	Church Bible Study Club Room	Class Chapel  1:00 - 4:00 Bridge Group Community Room	10:30 Parkinson's Exercise class <b>Fitness Center</b>	
	1:00 Catholic Corner Bible Study <b>Club Room</b>	Commons 3rd floor Activity Room	1:00 - 3:00 Open Art Studio with Joyce	Must sigh up w/Jean call 471-4151	11:30 Chair Yoga Stretch Class <b>Chapel</b>	GIFT SHOP AND
	2:00 Bingo (.25 a card) Court Atrium	4:00 Rosary Chapel 4:00 Court/Villa Pontoon	2:00 Chair 1 class (using weights & bands while sitting)  Fitness Center	1:00 Commons Tenant Meeting & Birthday Bash Commons 3rd floor	1:00 Moving/Balance Class Fitness Center	STORE HOURS Daily
	2:30 Court Villa Swimming at Folkestone Must sign up	Ride Must sign up	3:00 Basic Chair exercise class (Sitting in Chair using Resistance bands)	1:30 Jumbo Crossword w/ Lori Bistro area	1:00 Adult Coloring Group Villa Party Room 2:00 - 4:00 Fitness Screening	9:00 a.m 1:00 p.m. And
	5:30 Game Night Scrabble, Cribbage, 500 Hand & Foot etc. Club Room		Commons 3rd Activity Rm  4:00 Court/Villa Pontoon Ride Must sign up	2:30 Watermelon Social Front Patio  4:00 Court/Villa Pontoon Ride Must sign up	Fitness Center Must sign up  3:00 Maria Bella Entertains Chanel	2:00 p.m 5:00 p.m.  Schwan's Delivery every other Thursday

4:00 BYOB Happy Hour Club Room and

5:00 Villa Party Room

Ride Must sign up

Scrabble, Cribbage, 500

Hand & Foot etc.

Club Room

5:30 Game Night

Call 1-888-724-9267 To place an order. Will be delivered to your apartment.

Entertains Chapel

Seven Brides for Seven

Brothers"

**Twin Birch Theater** 

6:30 Movie Night



# **JULY 2024**

19 Fri 15 Mon **16** Tue **17** Wed 18 **14** Sun Thu 8:30 Cardio & Strength Class 9:30 Coffee & Treats Social 8:30 Dancercise with Donna 10:00 Worship Service 8:30 Cardio & Strength Class w/Jessica Chapel **Court Atrium** Chapel All are welcome w/Jessica Chapel Chapel 10:00 Bingo (.25 a card) 10:00 Court/Villa 9:30 Coffee & Treats Social 9:30 Coffee & Treats Social Jubilee Grocery & with Ann 11:00 Worship Service **Commons 3rd floor** Villa Party Room Errands Must sign up **Commons 2nd floor** All are welcome 10:00 Court/Villa Chapel 11:00 Centering Prayer 10:00 Prayer Shawl NO US History TODAY Target/Ridgedale Mall **Small Chapel Gables** Knitting group Club Room Must sign up 2nd floor 10:30 Special Music & 4:00 Game Night 10:45 Chanhassen Dinner 10:00 Bingo (.25 a card) Scrabble, Cribbage, 500 **Education Program** 10:30 Catholic Mass Chapel 11:30 Chair Yoga Stretch Theater "Beautiful" with Peg with Carl Winters Hand & Foot etc. Class Chapel Must sign up 10:30 Mound EV Free Club Room Chapel Church Bible Study 1:00 Moving/Balance Class 10:00 Harriet's Bible 12:45 St John's Lutheran Club Room 10:30 Court/Villa Pontoon **Fitness Center** Church Bible Study Ride Must sign up 11:30 Chair Yoga Stretch Room Club Room 1:00 Brain Games Class Chapel 1:00 Catholic Corner **Commons 3rd floor** 10:00 Court/Villa 2:00 Chair 1 class (using Bible Study Club Room 1:00 - 4:00 Bridge Group **Activity Room** weights & bands while sitting) **CLUB ROOM Fitness Center** 2:00 Bingo (.25 a card) 3:30 Men's Book Club Must sigh up w/Jean **Court Atrium** Club Room call 471-4151 10:00-11:30 3:00 Bible Study w/ Pastor John Chapel 2:30 Court Villa 4:00 Rosary Chapel **Schwan's Delivery** Swimming at Folkestone This afternoon 3:00 Basic Chair exercise class 4:00 Court/Villa Pontoon Must sign up



Ride Must sign up

5:30 Game Night

Scrabble, Cribbage, 500

Hand & Foot etc.

Club Room

(Sitting in Chair using Resistance bands) **Commons 3rd Activity Rm** 

4:00 Court/Villa Pontoon Ride Must sign Uup

4:00 BYOB Happy Hour Club Room and 5:00 Villa Party Room 1:00 Art Class "Watercolor Book Marks" Must sign up ~ Art Studio

1:30 Commons Pontoon Ride Sign up at Activity center

2:30 Watermelon Social Front Patio

5:30 Fire Pit Fun w/ Michele Lake Side Fire Pit

5:30 Game Night Scrabble, Cribbage, 500 Hand & Foot etc. Club Room 8:30 Cardio & Strength Class w/Jessica Chapel

9:30 Gardening with Julie Weisenhorn East Gardens

10:00 Woodshop Open With Mentors Villa Garage Woodshop

**Commons 4th Floor** 

Study group Community

Lund's Byerlys Trip Must sign up

> Watch battery Service **Town Center**

10:30 Parkinson's Exercise class Fitness Center

11:30 Chair Yoga Stretch Class Chapel

1:00 Moving/Balance Class **Fitness Center** 

2:Chuck Thiel Entertains Chapel

6:30 Movie Night "Shawshank Redemption" **Twin Birch Theater** 

**20** Sat

10:00 Bingo (.25 a card) **Court Atrium** 

1:00 Jennette's Gospel Classics Twin Birch Theater



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# **JULY 2024**

10:00 Worship Service All are welcome Chapel

**21** Sun

11:00 Worship Service All are welcome **Chapel** 

4:00 Game Night Scrabble, Cribbage, 500 Hand & Foot etc. Club Room 8:30 Dancercise with Donna

**22** Mon

Chapel

9:30 Coffee & Treats Social Villa Party Room

10:30 US History
The Men Who Built America
Twin Birch Theater

10:30 Court/Villa Pontoon Ride & Lunch Lord Fletchers **Must sign up** 

1:00 Catholic Corner Bible Study **Club Room** 

2:00 Bingo (.25 a card) Court Atrium

5:30 Game Night Scrabble, Cribbage, 500 Hand & Foot etc. Club Room 8:30 Cardio & Strength Class w/Jessica Chapel

**23** Tue

10:00 Court/Villa
Jubilee Grocery &
Errands **Must sign up** 

11:00 Centering Prayer Small Chapel Gables 2nd fl

11:30 Chair Yoga Stretch Class **Chapel** 

1:00 Moving/Balance Class Fitness Center

1:00 Brain Games

Commons 3rd floor

Activity Room

1:30 Praying Hands Seminar Small Chapel Gables 2nd fl

2:00 Library Committee Meeting **Club Room** 

4:00 Rosary Chapel

4:00 Court/Villa Pontoon Ride Must sign up Optage Foot Clinic Today
Must sign Up
Nail Salon ~ Court Atrium

**24** Wed

20 G CC 0 T + G : 1

9:30 Coffee & Treats Social Court Atrium

10:00 Bingo (.25 a card) with Ann Commons 2nd floor

10:00 Prayer Shawl Knitting group **Club Room** 

12:45 St John's Lutheran Church Bible Study Club Room

2:00 Chair 1 class (using weights & bands while sitting)

Fitness Center

2:00 Court/Villa Tenant Meeting & Birthday Bash Court Atrium

3:00 Bible Study w/ Pastor John **Chapel** 

3:00 Basic Chair exercise class (Sitting in Chair using Resistance bands) Commons 3rd Activity Rm

4:00 Court/Villa Pontoon Ride Must sign up

4:00 BYOB Happy Hour Club Room and 5:00 Villa Party Room 8:30 Cardio & Strength Class w/Jessica **Chapel** 

**25** Thu

9:30 Coffee & Treats Social Commons 3rd floor

10:00 Court/Villa Cub Foods & Dollar Store **Must sign up** 

10:30 Catholic Communion Chapel

10:30 Mound EV Free Church Bible Study Club Room

11:30 Chair Yoga Stretch Class **Chapel** 

1:00 - 4:00 Bridge Group Community Room Must sigh up w/Jean call 471-4151

1:30 Commons Pontoon Ride Sign up at Activity center

2:00 Men's Movie Matinee
Twin Birch Theater

2:30 Watermelon Social **Front Patio** 

4:00 Court/Villa Pontoon Ride **Must sign up** 

5:30 Game Night Club Room

6:30 Patio Concert with the Bobby & Christine Band Front Patio

8:30 Cardio & Strength Class w/Jessica **Chapel** 

**26** Fri

10:00 Woodshop Open With Mentors Villa Garage Woodshop

10:00 Bingo (.25 a card) with Peg Commons 4th Floor

10:00 Harriet's Bible Study group Community Room

10:00 Court/Villa Aldi's Trip **Must sign up** 

10:30 Parkinson's Exercise class **Fitness Center** 

11:30 Chair Yoga Stretch Class **Chapel** 

1:00 Moving/Balance Class Fitness Center

1:00 Women's Book Club Club Room

> 2:30 (Arbor & Gables Birthday Bash) **Restaurant**

6:30 Movie Night
"On Golden Pond"
Starring Henry Fonda,
Katharine Hepburn and
Jane Fonda

**Twin Birch Theater** 

10:00 Bingo (.25 a card)

**27** Sat

1:00 <u>Jennette's</u> Gospel Classics **Twin Birch Theater** 

**Court Atrium** 



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# **JULY 2024**

#### 10:00 Worship Service All are welcome Chapel

**28** Sun

11:00 Worship Service All are welcome **Chapel** 

4:00 Game Night Scrabble, Cribbage, 500 Hand & Foot etc. Club Room

## **29** Mon

8:30 Dancercise with Donna **Chapel** 

9:30 Coffee & Treats Social Villa Party Room

10:30 US History
The Men Who Built America
Twin Birch Theater

10:30 Court/Villa Pontoon Ride **Must sign up** 

10:45 Al & Alma Lunch Cruise Must sign up Bus will loads at Town Center doors

1:00 Catholic Corner Bible Study **Club Room** 

2:00 Bingo (.25 a card) Court Atrium

5:30 Game Night
Scrabble, Cribbage, 500
Hand & Foot etc.
Club Room

6:30 Remembrance Service **Chapel** 

### **30** Tue

8:30 Cardio & Strength Class w/Jessica Chapel

10:00 Court/Villa
Jubilee Grocery &
Errands **Must sign up** 

11:00 Centering Prayer Small Chapel Gables 2nd fl

11:30 Chair Yoga Stretch Class **Chapel** 

1:00 Moving/Balance Class Fitness Center

1:00 Brain Games

Commons 3rd floor

Activity Room

1:30 Praying Hands Seminar Small Chapel Gables 2nd fl

4:00 Rosary Chapel

4:00 Court/Villa Pontoon Ride Must sign up

# Must sign Up Nail Salon ~ Court Atrium 9:30 Coffee & Treats Social Court Atrium

Wed

Optage Foot Clinic Today

10:00 Bingo (.25 a card) with Ann

31

Commons 2nd floor

10:00 Prayer Shawl Knitting group **Club Room** 

11:30 Lunch out at
Gillespie Center Featuring
cooking of Scotty B
Must sign Up

12:45 St John's Lutheran Church Bible Study Club Room

2:00 Chair 1 class (using weights & bands while sitting)
Fitness Center

3:00 Bible Study w/ Pastor John **Chapel** 

3:00 Basic Chair exercise class (Sitting in Chair using Resistance bands) Commons 3rd Activity Rm

4:00 Court/Villa Pontoon Ride Must sign up

5:00 Happy Hour with Lydia & Isaac Court Atrium

