

The Landing Page



YOUR RESOURCE FOR WHAT IS HAPPENING AT LEXINGTON LANDING

AUGUST 2024

Special Programs/Events

Paper Rose Craft

Thursday, August 1 at 11 a.m. in CAR

Crostini Cooking Class w/Cora

Saturday, August 3 at 1 p.m. in BISTRO

Garden Committee

Tuesday, August 6 at 9:30 a.m. in T2 MPR

Praying Hands Ministry Meeting

Tuesday, August 6 at 10 a.m. in LIB

Salvador Dali Melting Clocks Pt.1

Thursday, August 8 at 11 a.m. in CAR

Lighthouse Craft w/Elly

Saturday, August 10 at 1 p.m. in CAR

Parkinson Support Group

Monday, August 12 at 10 a.m. in LIB

TED Talk: Can AI Catch What Doctors Miss?

Monday, August 12 at 2:15 p.m. in MPR

Tuesday, August 13 at 1 p.m. in Terrace II MPR

Caregiver Support Group w/Kate & Pastor Lin

Tuesday, August 13 at 1 p.m. in CL

Salvador Dali Melting Clocks Pt.2

Thursday, August 15 at 11 a.m. in CAR

August Birthday Party

Friday, August 16 at 2 p.m. in MPR

Popcorn & Karaoke

Tuesday, August 20 at 2:00 p.m. in MPR

Arbor & Commons Family Tailgate

Tuesday, August 20 at 5 p.m. in DR

Yarn Art w/ Cora

Thursday, August 22 at 11 a.m. in CAR

PHS Scholars: Our Future In Space: Billionaires Rockets & Gravity

Monday, August 26 at 2:15 p.m. in MPR

Resident Ambassador Meeting

Wednesday, August 28 at 2:30 p.m. in MPR

Cream Cheese Mints

Thursday, August 29 at 11:00 a.m. in CAR

*Please note: if you would like to see a picture of the craft, see Wellzesta.



Saint's Baseball Game

Wednesday, August 7 at 11:30 a.m.

COST: Prepaid Tickets

We are heading to the St. Paul Saints game for the afternoon! These tickets were prepaid and sign up was already sent out. We look for a fun filled day of baseball!

Outings

Lutheran Social Services

Friday, August 9 at 12:15 p.m.

COST: Free



Join in touring Lutheran Social Services (LSS) renovated building in the Frogtown/Rondo Neighborhood. LSS of Minnesota has two established Center for Changing Lives sites in south Minneapolis & Duluth. **12-14 spots available.**

Minnesota State Fair

Tuesday, August 27

at 8:00 a.m.

COST: TBD



Join us for the Minnesota State Fair! Try deep fried foods, dairy barn, education center, or people watch. You are able to rent a scooter if you wish.

Zorongo Flamenco Class

This class is structured for anyone, but especially those with limited mobility or disabilities---all are welcome!

Connect to flamenco music through simple exercises, improvisations, & easy choreographies. You will focus on community & connection, & will learn about flamenco culture, too.

Class Mondays starting 8/5 in MPR

Miscellaneous

Second Wednesday Book Club

Wednesday, August 14
10:30 a.m. in Club Lounge
New readers welcome.

The Hate You Give
by Angie Thomas

Candy, The Comedian

On Friday, August 23 at 7:00 p.m., come welcome Candy. She will be doing a Friday Night Comedy Show for all residents. The show will be held in Terrace I MPR. We cannot wait for you to laugh the night away.

Educational Presentations

Thursday, August 1 at 2 p.m., MPR

Educational presentation by Czech and Slovak SOKOL MN
Get To Know SOKOL!

Join Czech and Slovak SOKOL Minnesota in an informative presentation. They will be presenting on their organization and what they have to offer LXL Residents! This can be anywhere from dance performances, children's day camps, cooking classes, educational presentations and more.

Thursday, August 8 at 2 p.m., T2 MPR

Educational Presentation by Melvin Carter Jr.

His Book: Diesel Heart

Melvin Carter Jr. is the author of the autobiography "Diesel Heart," published in 2019 by the Minnesota History Center. In January, 2024, Melvin visited LXL to talk about his book and his life. After his visit, residents read his book and got together to discuss it. Melvin has agreed to return to LXL for more conversation about his book, as well as any insights or questions.

Thursday, August 22 at 2 p.m., MPR

Educational Presentation by Brian Bard
Friendship across generations

How can we promote understanding and friendship across generations? In this discussion, we'll explore the fascinating field of generational studies: how generations form, what characterizes your and other generations, and the keys to intergenerational communication.

Thursday, August 29 at 2 p.m., MPR

Educational Presentation by Bill Middlecamp

Climate Science and Solutions

Bill's presentation shows the environmental-destruction impacts we are experiencing today, how we got to this point and what the future may hold. Following that, participants, led by Bill, experience the En-ROADS solutions simulator to imagine together what our future could be. Bill encourages participants to ask questions.

Monday Terrace I	Tuesday Terrace II	Wednesday Terrace I	Thursday Terrace I	Friday Terrace II
Yoga Fitness Center 8:30-9 am	Pickleball w/Joe Sport Court 1-1:30 pm	Personal Training Orientations 8-10 am	Full Body Stretching Fitness Center 1:15-1:45 pm	Yoga Sport Court 8:30-9 am
Chair Mix Fitness Center 9:15-9:45 am	Movement Through Music Sport Court 1:30-2 pm	Arbor 10:30-11 am	Arbor 2:30-3:00 pm	Balance Sport Court 9:15-9:45 am
Arbor 11-11:30 am	Strength Sport Court 2:15-2:45 pm	Balance Fitness Center 1:15-1:45 pm	AL Open Gym 3:15-4:15 pm	Chair Mix Sport Court 10-10:30 am
	Personal Training Orientations 3-4:15 pm	Strength Fitness Center 2-2:30 pm		Personal Training Orientations 10:30 am-12 pm
		AL Open Gym 3:15-4 pm		

Fitness Schedule

Monthly gifts: keep it simple and safe

Individuals sometimes set up monthly gifts for convenience when they generously consider the needs of their community while planning their budgets. These gifts create a stable funding source for your community — furthering employee education, expressing employee appreciation, providing spiritual support and creating life enrichment activities.

You may choose to send monthly gifts by mail, however, there are other ways to give that save postage and are not at risk of being stolen or lost in the mail.

Checking/savings account: Giving directly from your bank account is a convenient and secure option.

Through a bank's routing number, gifts of \$20 or more may be transferred from a checking or savings account without having to write and mail checks. We are happy to assist you in setting this up correctly and ensure your gifts are processed smoothly. If you need to change or discontinue the arrangement at any time, simply notify us.

Debit/credit card: Another way to give monthly is to set up a recurring charge on your debit or credit card. This option may be beneficial if you earn rewards or cash back with your card. You choose the amount you give and the day on which the charge will be made. Please note that, if setting up the gift online, the date of the first transaction becomes the default date for future transactions. To make changes to upcoming gift dates or amounts, or to discontinue future charges, let us know and we can help.

Getting started: To set up a recurring gift please call 651-631-6105 or 651-631-6418, and we will be happy to assist. You can also visit PresHomes.org/give, click on *Give Monthly*, then *Become a Monthly Giver*. We ensure that your information is kept secure, so you can give with confidence.

We are grateful for your consideration of a monthly gift. Your support makes a difference!

