Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A	ugus	st 202	24	 9:30 Wii Wheel of Fortune with Katrina & Kristine 2nd Fireplace 9:45 Drumming fitness 2VCR No Mass or community prayers Before Dinner ~ Daily Chronicles 1:30 Activity visits with Katrina & Kristine 2:30 Flower arranging with Katrina & Kristine 2nd Fireplace 6:00 Euchre Card Game CLB 	9:30 Balloon Volleyball2followed by Coffee & CocoaCart 2nd Fireplace10:45 Mass Ch 994Before Dinner ~ Daily Chronicles2:00 Patriotic Bingo withStaff & Residents 2VCR	9:30 Fitness w/Rachael Ch 993 3 10:30 Activity Visits Before Dinner ~ Daily Chronicles 1:30 Summer Water Coloring with Kristine 2DR Before Supper ~ August Trivia 6:00 Movie Ch 993 "Cabrini"
4 9:30 Fitness w/Rachael Ch 993 10:30 Mass Ch 994 Activity Packets available in the 1st Fl Activity Room	9:30 Chair Exercises 2DR 9:45 August Bingo 2DR No Mass or Community Prayers Before Dinner ~ Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 1AR 2:30 Outdoor Visits Before Supper ~ August IQ 6:00 Movie Ch 993	9:45 Rosary with Sarah 6 followed by Chair Tai Chi 2EKR 10:30 Mass Ch 994 Before Dinner ~ Daily Chronicles 2:00 ~ 4:00 Vesperman's Ice Cream Truck & Olympic Games 2 Vista Patio & Community Rm Before Supper ~ Singing with Jo	9:30 Table Hockey 1DR 10:45 Community Prayers Ch 994 Before Dinner ~ Daily Chronicles 1:30 Wii Bowling 2nd Fireplace 3:00 Outdoor Visits Before Supper ~ Sharing Advice for future generations 6:00 Movie Ch 993 5:30 Mt Carmel 2nd Annual Car Show Atrium Parking Lot	9:30 Wii Wheel of Fortune with 8 Katrina 2nd Fireplace 9:45 Drumming Fitness 2VCR No Mass or Community Prayers Before Dinner ~ Daily Chronicles 1:30 Activity Visits with Katrina 2:30 Crafts with Katrina 2nd Fireplace 6:00 Euchre Card Game CLB	9:30 Balloon Volleyball followed by Coffee & Cocoa Cart 2nd Fireplace 10:45 Mass Ch 994 Before Dinner ~ Daily Chronicles 2:00 Root Beer Float Party 2VCR Before Supper ~ Singing with Jo	9:30 Fitness w/Rachael Ch 993 10 10:30 Activity Visits Before Dinner ~ Daily Chronicles 1:30 Wii Bowling with Jo 2nd Fireplace Before Supper ~ Traveling the Mississippi in a Canoe 6:00 Movie Ch 993 "Mother of the Bride"
9:30 Fitness w/Rachael Ch 993 10:30 Mass Ch 994 Activity Packets available in the 1st Fl Activity Room	9:30 Chair Exercises 2DR 12 9:30 Sacred Belonging Retreat Ch 994 9:45 Hawaiian Bingo 2DR 11:15 Resident Council Meeting 2VCR Before Dinner ~ Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 2SL 3:00 Outdoor Visits 3:00 Sacred Belonging Retreat Ch 994 Before Supper ~ St Augustine 6:00 Movie Ch 993	9:30 Coloring & Visits 13 with Jo & Katrina 2nd Fireplace 9:30 Sacred Belonging Retreat Ch 994 Before Dinner ~ Daily Chronicles 1:30 Fit Minds with Jo 2DR 2:30 Bunco Dice Game with Jo & Katrina 2 Fireplace 3:00 Sacred Belonging Retreat Ch 994 Before Supper ~ Singing with Jo	9:30 Indoor Badminton 1DR 14 9:30 Sacred Belonging Retreat Ch 994 Before Dinner ~ Daily Chronicles 1:30 Wii Bowling 2nd Fireplace 1:30 Library Cart with Katrina 3:00 Outdoor Visits 3:00 Sacred Belonging Retreat Ch 994 Before Supper ~ August Gazette 6:00 Movie Ch 993	9:30 Short Story with Katrina "Like 15 Riding a Bike" 2nd Fireplace 9:30 Sacred Belonging Retreat Ch 994 9:45 Drumming Fitness 2VCR 12:00 Lunch from McDonalds ~ 1st & 2nd Dining Rooms No Mass or Community Prayers Before Dinner ~ Daily Chronicles 1:30 Crafting with Katrina 2DR 2:30 Activity visits with Katrina 3:00 Sacred Belonging Retreat Ch 994	9:30 Balloon Volleyball16followed by Coffee & CocoaCart 2nd Fireplace9:30 Sacred Belonging Retreat Ch 994Before Dinner ~ Daily Chronicles1:30 Pokeno with Katrina 1DR3:00 Wii Wheel of Fortune2nd Fireplace	17 9:30 Fitness w/Rachael Ch 993 Activity Packets available in the 1st Fl Activity Room 6:00 Movie Ch 993 "Unfrosted"
9:30 Fitness w/Rachael Ch 993 18 10:00 Activity Visits with Kristine 10:30 Mass Ch 994 1:30 Ice Cream Treat Cart with Kristine & Outdoor Visits Before Supper ~ Jeopardy Trivia	9:30 Chair Exercises 2DR 9:45 August Bingo 2DR No Mass or Community Prayers Before Dinner ~ Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 1AR 2:30 Outdoor Visits Before Supper ~ Trip to the Beach 6:00 Movie Ch 993	9:45 Rosary with Sarah followed by Chair Tai Chi 2EKR 10:30 Mass Ch 994 Before Dinner ~ Daily Chronicles 1:30 Fit Minds with Jo 2DR 2:30 Card Bingo with Jo & Katrina 2DR Before Supper ~ Singing with Jo	10:45 Community Prayers Ch 994 Before Dinner ~ Daily Chronicles 1:30 Wii Bowling 2nd Fireplace 1:30 Library Cart with Katrina	9:30 Crafting with Katrina 2DR22 No Mass or Community Prayers Before Dinner ~ Daily Chronicles 1:30 Activity visits with Katrina 2:30 Eat It or Beat It Card Game 2DR 6:00 Euchre Card Game CLB	9:30 Balloon Volleyball 23 followed by Coffee & Cocoa Cart 2nd Fireplace 10:45 Mass Ch 994 Before Dinner ~ Daily Chronicles 1:30 Ice cream Sandwiches and Outdoor Visits 3:00 Wii Wheel of Fortune 2nd Fireplace Before Supper ~ Singing with Jo	9:30 Fitness w/Rachael Ch 993 24 10:30 Activity Visits Before Dinner ~ Daily Chronicles 1:30 Wii Bowling with Jo 2nd Fireplace Before Supper ~ International strange music day 6:00 Movie Ch 993 "Lift"
25 9:30 Fitness w/Rachael Ch 993 10:30 Mass Ch 994 Activity Packets available in the 1st Fl Activity Room	9:30 Chair Exercises 2DR 9:45 Hawaiian Bingo 2DR 10:30 Live Music with Janet 2DR No Mass or Community Prayers Before Dinner ~ Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 2SL 3:00 Outdoor Visits Before Supper ~ What Am I? 6:00 Movie Ch 993	9:45 Rosary with Sarah 27 followed by Chair Tai Chi 2EKR 10:45 Mass Ch 994 Before Dinner ~ Daily Chronicles 1:30 Fit Minds with Jo 2DR 2:30 Bananagrams with Jo & Katrina 2nd Fireplace Before Supper ~ Singing with Jo	9:30 Table Hockey 1DR2810:45 Community Prayers Ch 994Before Dinner ~ Daily Chronicles1:30 Live Concert with RonLubbers in SJH followed byAugust Birthday PartyBefore Supper ~ Destination Kauai,Hawaii with Jo6:00 Movie Ch 993	9:30 Crafting with Katrina 2DR 9:45 Drumming fitness 2VCR No Mass or community prayers Before dinner - Daily Chronicles 1:30 Activity visits with Katrina 2:30 Cooking with lemons and herbs with Katrina 2DR 6:00 Euchre Card Game CLB	9:30 Balloon Volleyball 30 followed by Coffee & Cocoa Cart 2nd fireplace 10:45 Mass Ch 994 Before Dinner - Daily Chronicles 2:00 Mt Carmel Bluffs Summer Beach Party SJH Before Supper ~ Singing with Jo	9:30 Fitness w/Rachael Ch 993 31 10:30 Activity Visits Before Dinner - Daily Chronicles 1:30 Lemonade Stand Cart with Kristine ~ room to room Before supper - Hawaiian Trivia 6:00 Movie Ch 993

Gables Care Center ~ Mt Carmel Bluffs ~ Dubuque, IA

V

Life Enrichment Katrina *7603 or Dawn *7604

All Activities are subject to change.