



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>1</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool</p> <p>1:30pm Balance Class CH 993 2:30pm- Aquatics- Pool</p> <p>Canada Day</p>	<p>2</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion- TAR</p>	<p>3</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11AM Walking Group (Meet on Patio Outside 2VCR) 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993</p>	<p>4</p> <p>9:30pm Fitness Fusion CH 993</p> <p>Independence Day (US)</p>	<p>5</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR</p> <p>1:30pm Balance Class CH 993 NO Open Swim NO 2:30pm- Aquatics</p>	<p>6</p> <p>9:30 Fitness Fusion- Ch.993</p>	
<p>7</p> <p>9:30 Fitness Fusion- Ch.993</p>	<p>8</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool</p> <p>1:30pm Balance Class CH 993 2:30pm- Aquatics- Pool</p>	<p>9</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR</p>	<p>10</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11AM Walking Group (Meet on Patio Outside 2VCR) 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993</p>	<p>11</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR</p>	<p>12</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR</p> <p>1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim- Pool 2:30pm- Aquatics- Pool</p>	<p>13</p> <p>9:30 Fitness Fusion- Ch.993</p>	
<p>14</p> <p>9:30 Fitness Fusion- Ch.993</p>	<p>15</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool</p> <p>1:30pm Balance Class CH 993 2:30pm- Aquatics- Pool</p>	<p>16</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR</p>	<p>17</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11AM Walking Group (Meet on Patio Outside 2VCR) 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993</p>	<p>18</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR</p>	<p>19</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR</p> <p>1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim- Pool 2:30pm- Aquatics- Pool</p>	<p>20</p> <p>9:30 Fitness Fusion- Ch.993</p>	
<p>21</p> <p>9:30 Fitness Fusion- Ch.993</p>	<p>22</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool</p> <p>1:30pm Balance Class CH 993 2:30pm- Aquatics- Pool</p>	<p>23</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR</p>	<p>24</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 993 10:15AM Aquatics-Pool 11AM Walking Group (Meet on Patio Outside 2VCR) 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993</p>	<p>25</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR</p>	<p>26</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR</p> <p>1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim- Pool 2:30pm- Aquatics- Pool</p>	<p>27</p> <p>9:30 Fitness Fusion- Ch.993</p>	
<p>28</p> <p>9:30 Fitness Fusion- Ch.993</p>	<p>29</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool</p> <p>1:30pm Balance Class CH 993 2:30pm- Aquatics- Pool</p>	<p>30</p> <p>8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR</p>	<p>31</p> <p>8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11AM Walking Group (Meet on Patio Outside 2VCR) 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993</p>				

Mt. Carmel Bluffs Independent/Vista - Fitness Calendar