

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim-Pool 2:30pm- Aquatics- Pool	9:30 Fitness Fusion- Ch.993
4	5	6	7	8	9	10
9:30 Fitness Fusion- Ch.993	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool 1:30pm Balance Class CH 993 2:30pm- Aquatics- Pool	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion- TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim-Pool 2:30pm- Aquatics- Pool	9:30 Fitness Fusion- Ch.993
11	12	13	14	15	16	17
9:30 Fitness Fusion- Ch.993	8:15 Fitness Fusion 993 9:30 Fitness Fusion 993 NO 10:15am- Aquatics No Open Swim 1:30pm Balance Class CH 993 NO 2:30pm- Aquatics	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim-Pool 2:30pm- Aquatics- Pool	9:30 Fitness Fusion- Ch.993
18	19	20	21	22	23	24
9:30 Fitness Fusion- Ch.993	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool 1:30pm Balance Class CH 993	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- 993 2:30 PM Fitness Fusion 993 Blood Drive-- 12:30pm-4:30pm TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim-Pool NO 2:30pm- Aquatics	9:30 Fitness Fusion- Ch.993
25	26	27	28	29	30	31
9:30 Fitness Fusion- Ch.993	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 10:15AM Aquatics-Pool 11am-12pm Open Swim-Pool 1:30pm Balance Class CH 993 2:30pm- Aquatics- Pool	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 993 10:15AM Aquatics-Pool 1:30PM- Chair Yoga- TAR 1:30pm Balance Class CH 993	8 AM Mat Yoga-TAR 9:30pm Fitness Fusion CH 993 1:15 PM Balance- TAR 2:30 PM Fitness Fusion-TAR	8:15 Fitness Fusion TAR 9:30 Fitness Fusion 2VCR 1:30pm Balance Class CH 993 1:30pm-2:30pm- Open Swim-Pool 2:30pm- Aquatics- Pool	9:30 Fitness Fusion- Ch.993

Mt. Carmel Bluffs Independent/Vista - Fitness Calendar