




May 2024

Arbor Activity Calendar

HAPPY BIRTHDAY!

Everette C.— 5/15 Della Marie M.— 5/25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><i>*All activities are subject to change. Changes will be announced.</i></p> 	<p>1 May Day 10:00 Exercise 1:30 Card Bingo 2:30 Refreshments 3:00 May IQ 3:30 Sing Along w/ Ardis *C</p> 	<p>2 10:00 Hymn Sing w/ Janet 1:15 Devotions w/ Pastor Vince 2:00 Word in a Word 2:30 Refreshments 3:00 Lou Gehrig Day 6:00 Pet Visit w/ Luna</p>	<p>3 10:00 Walking Mill Pond 1:15 Take it Away w/ the Tuba 2:00 Social Drumming *C 3:00 The Kentucky Oaks w/ Derby Pie and Mint Juleps</p>	<p>4 9:30 Exercise w/ Meg 10:00 Pet Visit w/ Shooter 1:30 Des Moines Flute Choir *C 3:30 Sing Along 6:00 Lawrence Welk</p>
<p>5 Cinco de Mayo 9:45 Manicures 1:00 Walk the Arbor 2:00 Church (TV) 2:30 Refreshments 3:45 Bible Story</p>	<p>6 10:00 Morning Movement 10:00 Catholic Mass 1:30 Left Right Center 2:30 Refreshments 3:00 May Jokes 3:30 Patio Walk 5:45 J & J Music</p>	<p>7 10:00 Exercise 1:15 Teacher Day 1:30 Hangman 2:30 Milky Way Lasagna and Facts 3:00 Ringing for Peace 6:45 Church (TV)</p>	<p>8 10:00 Weights 1:15 VE Day 2:00 Afternoon at The Theater *T 4:00 The Great Outdoorsman</p>	<p>9 10:00 Hymn Sing w/ Janet 1:15 Devotions w/ Pastor Vince 2:00 Mother's Day Social w/ Melanie Hall *A 3:30 Jeopardy!</p>	<p>10 Mother Ocean Day 10:00 Walking Mill Pond 1:00 Planting on the Patio 1:30 "Ocean Deep" 2:30 Refreshments 3:00 Underwater Ambiance 3:30 Ocean Facts</p>	<p>11 9:30 Pet Visit w/ Emily 1:30 Movie & Popcorn 3:30 Sing Along 6:00 Lawrence Welk</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12 Mother's Day 9:45 Manicures 1:00 Walk the Arbor 2:00 Church (TV) 2:30 Refreshments 3:00 Bible Story</p> 	<p>13 Favorite Team Day 10:00 Movement 1:30 Shuffleboard Competiton *C 2:30 Apple Pie 3:00 Categories 5:45 J & J Music</p> <div style="border: 2px solid purple; padding: 5px; display: inline-block;"> <p>Senior Living Week >>>>></p> </div>	<p>14 Radiant Radio Day 10:00 Balance Boogie 1:15 Bicycle Built For Two 2:00 Birthday Party w/ Bob Slings *A 3:30 Jeopardy! 6:45 Church (TV)</p>	<p>15 Wellness Wednesday 10:00 Weights 1:30 Pond Walk & Visit 2:30 Grilled Bananas 3:00 11 Habits for Inner Beauty 3:30 Sing Along w/ Ardis *C</p>	<p>16 Spirit Day 10:00 Hymn Sing w/ Janet 1:15 Devotions w/ Pastor Vince 2:00 Phil Hague *C 3:00 Chocolate Chip Cookies 3:30 Prayer Walk 6:30 Walnut Street Players (TV)</p>	<p>17 Fifties Friday 10:00 Walking Mill Pond 1:30 Balloon Toss to Some Oldies 2:30 Homemade Milkshakes 3:00 Back when... (Reminiscing) 3:30 Fun Fifties Facts</p>	<p>18 9:30 Exercise w/ Macy 1:30 Movie & Popcorn 3:30 Sing Along 6:00 Lawrence Welk</p>
<p>19 9:45 Manicures 1:00 Walk the Arbor 2:00 Church (TV) 2:30 Refreshments 3:00 Bible Story</p>	<p>20 10:00 Morning Movement 10:00 Catholic Mass 1:30 UNO 2:30 Refreshments 3:00 Mad Libs 5:45 J & J Music</p>	<p>21 10:00 Exercise 1:30 Craft Corner 2:30 Refreshments On the Patio 3:00 History of the Red Cross 6:45 Church (TV)</p>	<p>22 10:00 Weights 1:30 Bingo 2:30 Refreshments 3:00 Music w/ Pat and Friends *A</p>	<p>23 10:00 Hymn Sing w/ Janet 1:15 Devotions w/ Meg 2:00 Des Moines Senior Singers *C 3:00 Refreshments 3:30 Twister Toss</p>	<p>24 10:00 Walking Mill Pond 1:00 Friday Flick: My Big Fat Greek Wedding 2:30 Refreshments 3:30 Fun Fact Friday</p>	<p>25 9:30 Exercise w/ Meg 1:30 Movie & Popcorn 3:30 Sing Along 6:00 Lawrence Welk</p>
<p>26 9:45 Manicures 1:00 Walk the Arbor 2:00 Church (TV) 2:30 Refreshments 3:00 Bible Story</p>	<p>27 Memorial Day 10:00 Morning Movement 1:30 Memorial Day Program (TV) 5:45 J & J Music</p> 	<p>28 10:00 Chair Swimming 1:30 Left Right Center 2:30 Strawberries & Cream 3:00 Quintuplet Day: The Dionnes 6:45 Church (TV)</p>	<p>29 10:00 Weights 1:30 Card Bingo 2:30 Refreshments 3:00 Music on the Patio 3:30 First to the Top: Mount Everest</p>	<p>30 10:00 Hymn Sing w/ Janet 1:15 Devotions w/ Pastor Vince 2:00 Luau Party on the Pond 3:30 Hawaii Trivia</p>	<p>31 10:00 Walking Mill Pond 1:30 Flower Pong 2:30 Refreshments 3:00 Fun Fact Friday</p>	<p><i>*All activities are subject to change. Changes will be announced.</i></p>  <p>Mill-Pond</p>