





May 2024




Gables Activity Calendar



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|--|
| <p><i>*All activities are subject to change. Changes will be announced.</i></p>  <p>Mill-Pond</p> | <p>HAPPY BIRTHDAY!</p> <p>Cliff R. — 5/21</p> <p>Joann B. — 5/25</p> <p>Anna Zita B. — 5/29</p> | | <p>1 May Day</p> <p>10:00 Theresa Anderson—SL</p> <p>3:00 Left, Right Center—SL</p>  | <p>2</p> <p>10:00 Hymn Sing—Ch. 984</p> <p>10:30 Church—SL</p> <p>1:00 Manicures—R (Rooms 1-14)</p> <p>6:15 Pet Visits with Luna—R</p> | <p>3</p> <p>10:30 Musical Instrument Trivia—SL</p> <p>3:00 Cherry Cobbler—MDR</p> | <p>4</p> <p>10:30 Card Bingo—SL</p> <p>1:30 Des Moines Flute Choir—Ch.984</p> |
| <p>5 Cinco de Mayo</p> <p>10:30 Learn About Cinco de Mayo—SL</p> <p>2:00 Church—Ch. 984 {Baer}</p> | <p>6</p> <p>10:00 Catholic Service—Ch. 984</p> <p>10:30 Twister Toss—NL</p> <p>3:00 Card Games—SL</p> | <p>7</p> <p>10:30 Resident Council—EL</p> <p>3:00 Bingo—MDR</p> <p>6:45 Church—Ch.984</p> | <p>8</p> <p>10:30 Famous Folks Trivia—NL</p> <p>2:00 Afternoon at the Theater—T</p> | <p>9</p> <p>10:00 Hymn Sing—Ch. 984</p> <p>10:30 Church—SL</p> <p>3:00 Mother's Day Social w/ Music by Melanie Hall—MDR</p> <p>5:15 Jeopardy Trivia—DR</p> | <p>10</p> <p>10:00 Manicures—R (Rooms 15-28)</p> <p>3:00 Plant Flowers—P</p> | <p>11</p> <p>10:30 Pet Visits w/ Aspen—R</p> <p>2:00 Left, Right, Center—SL</p> |

Room Key:

DR—Dining Rooms (both) **E**—Entrance **EL**— East Lounge **ITV**—Internal TV Channel 984 **NDR**—North Dining Room **MDR**—Middle Dining Room
NL—North Lounge **O**—Outing **P**—Patio **R**—Room Visit **SL**— South Lounge **T**—Theater

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|--|---|---|---|--|--|---|
| <p>12 Mother's Day 10:30 Mother's Day Discussion—NL 2:00 Church—Ch. 984 {Bradley}</p>  | <p>13 Favorite Team Day 10:00 Men's Bible Study—NL 10:30 Shuffleboard Game—NL 3:00 Jean Blum—NL</p> <div style="border: 2px solid purple; padding: 5px; text-align: center;"> <p>Senior Living Week</p> </div> | <p>14 Black Out Day 10:00 K&L Duo—SL 3:00 Bingo with Friends—MDR</p> | <p>15 Wacky Wednesday 10:30 Wacky Trivia & Jokes—NL 3:00 Crazy 8's Game—SL</p> | <p>16 50's/Decades Day 10:00 Hymn Sing—Ch. 984 10:30 Church—SL 3:00 50's Music & Chocolate Milkshakes—MDR 5:15 Random Trivia—DR</p> | <p>17 Floral Friday 10:30 Flower Pong—NL 3:00 Ankeny Historical Society Presentation—NL</p> | <p>18 PJ Day 10:00 Pet Visits with Shooter—R 10:30 Word Games—NL 2:00 Reminsice: Springtime Memories & Treats—MDR</p> |
| <p>19 10:30 Bible Trivia—NL 2:00 Church—Ch.984 {Ankeny Baptist}</p> | <p>20 10:00 Catholic Service—Ch. 984 10:30 Sit & Stretch—NL 3:00 Bob Slings—SL</p> | <p>21 10:00 Manicures—R (Rooms 30-41) 12:30 Botanical Gardens Outing—O</p> | <p>22 10:30 Craft—NL 3:00 Devotions & Treats—NDR 4:00 Pat Hand—NL</p> | <p>23 10:00 Hymn Sing—Ch. 984 10:30 Church —SL 2:00 Des Moines Senior Singers—Ch. 984 3:00 Bingo—MDR 5:15 Jeopardy Trivia—DR</p> | <p>24 10:30 Fun Fact Friday—NL 3:00 Birthday Party with Jason Kincel—MDR</p> | <p>25 10:30 You Be the Judge—NL 2:00 Card Bingo—SL</p> |
| <p>26 10:30 Left, Right, Center—SL 2:00 Church—Ch.984</p> | <p>27 Memorial Day 1:30 Memorial Day Service—Ch. 984</p>  | <p>28 10:00 Manicures—R (Rooms 42-51) 3:00 Bingo—MDR</p> | <p>29 10:30 Sit & Stretch—NL 3:00 Card Games w/ Kenzie—SL</p> | <p>30 10:00 Hymn Sing—Ch. 984 10:30 Church—SL 2:00 Luau Party on the Pond—P 5:15 BBQ & Backyard Games Trivia—DR</p> | <p>31 10:30 Wii Bowling—NL 1:00 Manicures—NL (Anyone Welcome)</p> |  <p>Mill-Pond</p> <p><i>*All activities are subject to change. Changes will be announced.</i></p> |

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