

Summer 2024

## Mill Pond's new administrator

**D**ear Mill Pond Residents and Resident Family Members,  
I hope this message finds you well and filled with anticipation for the future of our community here at Mill Pond Senior Living. For those who may not know me yet, my name is Mark Hudson. With nearly four decades dedicated to healthcare, I have had the privilege of serving in various roles ranging from Nurse Aide, Nurse, Nursing Homes Administrator, and Regional Director of Operations across Iowa, Wisconsin, and Minnesota. Each experience has left a lasting impression on me, reinforcing the profound importance of both professional dedication and personal connection.

Effective July 8, 2024, I have returned to Mill Pond as the Campus Administrator, I am thrilled to rejoin this vital community that I hold dear to my heart. Together, we will continue to build upon the heritage of exceptional care and support that defines Mill Pond. The opportunity to serve alongside such dedicated individuals once again and to engage with each of you, is a true honor.

On a personal note, my journey has been enriched by my family – a loving wife of 42 years, two sons, and two delightful granddaughters who bring immense joy to my life. Growing up on a farm in central Iowa instilled in me a deep appreciation for the great outdoors. My interests range from hunting and fishing to playing basketball, farming, and even auctioneering.

As we embark on this new chapter together, I am reminded of the values that have guided me throughout my career: trust, faith, and a commitment to serving others with compassion. Your continued support and unwavering dedication to our community's mission inspire me daily, and I am eager to contribute to the well-being and happiness of each resident at Mill Pond.

I look forward to meeting and reconnecting with all of you in the coming weeks. Please do not hesitate to reach out, whether to share your thoughts, ideas, or simply to say hello. Together, let us embrace the journey ahead with optimism and gratitude.

God Bless,

Mark Hudson



# Mill Pond Times

## Life Enrichment Corner

This summer has been very busy in the activity department with scheduling Mother's and Father's Day socials, outdoor and indoor parties, taking residents on outings like out for lunch, to the Neil Smith Wildlife Refuge and the Botanical Gardens. As Life Enrichment Director MacKenzie shares, "Summer is truly an amazing time as residents are able to enjoy activities, inside and outside. Being outdoors is a wonderful way to improve mental and physical health." MacKenzie also adds, "Being able to be outdoors also allows us the opportunity to host bigger events and programs for all our residents and staff to enjoy together, like the State Fair Week coming up in August." Pictured below are highlights from some of the summer activities that have happened far!



## Welcome Taegan



Hi, my name is Taegan Fink, and I am the new Human Resources Manager at Mill Pond. I am passionate about helping employees succeed and grow in their chosen careers. I graduated in May 2020 from Doane University, with my bachelor's in healthcare management and business administration. Shortly after, I completed my MBA from Doane University as well. When I am not at work, you'll find me reading a book, watching TV, spending time outdoors, or inside baking. I am excited to join the Mill Pond Community and get to know all of you!

## Luau Party Snapshots



## It's So Nice To Know You ... Romaine Mackaman



Romaine Mackaman was born and raised in Marshalltown, Iowa and has lived in Iowa her entire life. She graduated from Marshalltown High School, where she was editor of the yearbook. She spent the first two years of her college career at Iowa State University before graduating from Drake University with her education degree. She went on to teach kindergarten for five years at the primary school in Marshalltown.

Romaine met her husband Don playing bass clarinet in the Marshalltown Community Band. "He was a very fine clarinet player," she remarks joyfully. They were married over 68 years and have four children, three daughters and one son. One of her daughters, Sharon, lives in the Chicago suburbs. Her other daughters Lorraine and Carole both live in the suburbs of Dallas.

Her son Craig lives in Ankeny. She has been blessed with six grandchildren and six great-grandchildren.

Her husband was in the army and they enjoyed traveling to many places including Spain, Mexico, and Alaska. They also spent several winters in Florida.

Romaine is a very talented artist. She started painting when she was thirteen years old. She has done many oil painting portraits and landscapes. She is pictured (above) with her self-portrait. She used a picture from when she was young to do the painting. Romaine has painted portraits of all her grandchildren when they were little. She has exhibited some of her paintings at the Iowa State Fair, as well as many art shows. When asked why she likes to paint, she says, "I like to be able to look at something and see the beauty in it and put it on canvas." In addition to art, Romaine also likes genealogy and patriotic music.

Another interesting fact about Romaine is that she has been a member of the Daughters of the American Revolution for 70 years. She was part of the Marshalltown chapter called "Spinning Wheel".

Romaine enjoys many of the activities at Mill Pond. You may see her in the chapel enjoying Hymn Sing with Janet or other entertainment. If you see Romaine, stop and say hello! If you are ever in the Gables, she would love to show you some of her paintings in her room.

## Chaplain's Corner — Mill Pond Prayer Walk

*Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. (1 Thessalonians 5:17-18)*

Mill Pond is a praying community! Aside from the different corporate worship done at all community levels, we also have instances where the staff and residents pray. Every employee, every day, has the chance to gather daily for a short period of communication sessions and prayer. Mill Pond also has the Praying Hands Ministry. This ministry provides an opportunity for the use of prayer as a form of Christian Ministry and encourages residents, staff, volunteers, and family to pray for one another. Members of this team wear an identification card to let everybody know they are available to pray with you upon request. This ministry even expanded with the birth of a Prayer Group. This group meets once a week to pray together and offer prayers for Millpond residents, their families, and all who work here. On the days they are not meeting they continue to offer prayers daily, for every department and every community level (Arbor, Gables, Commons, and Terrace) here at Mill Pond.

This summer we added the Prayer Walk around the pond. We hope that as we use the many walkways around Mill Pond and offer prayers for others while enjoying the experience of walking and the beauty of God in creation, we will grow in our relationship with God and our neighbors.

Join us every Monday at 10:00 in the morning. We gather in front of the private room east of the kitchen. Let us find some space to step away from all the other needs and tasks of the day and take a walk with God.

—Campus Pastor, Vince



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### Our *prayers* and *sympathy* to the families of...



Patrick Wagner	Marsha Eppert	Neva Eggiman
Sharon Sease	Jerry Bordewick	Helen Johnson
Julius Yoder	Priscilla Strohbeln	Susan Hazelton
Barb Mendenhall	Carolyn Roth	Dawnie Danner
Mary Thomas	Mary Trease	
Marguerite Middleton	Duane Anderson	



# Mill Pond Times

## Human Resources Corner

### Employee Anniversaries

#### August

<b>Mary Fratianni</b> , Rehabilitation Manager	24 Years
<b>Rhonda Danner</b> , Housing Counselor	19 Years
<b>Mary Echer</b> , Resident Assistant	14 Years
<b>Kyle Marshall</b> , Culinary Director	7 Years
<b>Lauren Hetland</b> , Resident Assistant	6 Years
<b>Leo Gologabin</b> , Resident Assistant	6 Years
<b>Edith Anyiasong</b> , Resident Assistant	3 Years
<b>Megan Sitzmann</b> , Life Enrichment	2 Years
<b>Allison Mullen</b> , Resident Assistant	2 Years
<b>Edith Berinyuy</b> , Resident Assistant	2 Years
<b>Brandon Bartscher</b> , Server	2 Years
<b>Jania Bell</b> , Server	1 Year
<b>Kamari Wilson-Brown</b> , Server	1 Year
<b>Katherine Bannister</b> , Physical Therapist	1 Year

#### September

<b>Susan McDonald</b> , LPN	25 Years
<b>Suvada Nemic</b> , Chef	25 Years
<b>Phil Sevedge</b> , Housekeeping	25 Years
<b>Cynthia Meyer</b> , Physical Therapy Assistant	19 Years
<b>Almina Huskic</b> , Lead Housekeeper	17 Years
<b>Richard Monteverde</b> , Restorative Aide	12 Years
<b>Jamie Willis</b> , Chef	8 Years
<b>Rolando Pasana</b> , Server	6 Years
<b>Kathleen McCombs</b> , Receptionist	6 Years
<b>Amber Puente</b> , Culinary Supervisor	5 Years
<b>Juliana Jacobs</b> , Admin. Receptionist	3 Years
<b>Harlee Rose</b> , Resident Assistant	3 Years
<b>Esther Kiyee</b> , Housekeeper	3 Years
<b>Ryne Bete</b> , Resident Assistant	3 Years
<b>Christine McClain</b> , Resident Assistant	3 Years
<b>Kylei Prange-Moore</b> , Server	3 Years
<b>Olivia Sheldon</b> , Server	3 Years
<b>Ralph Marasign</b> , RN	2 Years
<b>Jayna Hoover</b> , Physical Therapist	1 Year
<b>Alivia Schultz</b> , Resident Assistant	1 Year
<b>Emilie Cramond</b> , Physical Therapist	1 Year
<b>Breanna Schroyer</b> , Resident Assistant	1 Year
<b>Jordan Pennington</b> , Resident Assistant	1 Year
<b>Jessica Lester</b> , Chef	1 Year

THANK YOU FOR  
CREATING SMILES!

#### Welcome To Our Team

**Mackenzie DeRonde**, Server  
**Taegan Fink**, Human Resource Manager  
**Haylee Greenwood**, Server  
**Sonia Meza**, Server  
**Paulina Salazar Hermsillo**, Housekeeping  
**Allison Stewart**, Housekeeping

#### October

<b>Renee Wuest</b> , Speech Language Pathologist	20 Years
<b>Fadila Mujdzic</b> , Housekeeper	16 Years
<b>Julie Gatzemeyer</b> , Staffing Coordinator	12 Years
<b>Mike Salonga</b> , Maintenance	12 Years
<b>Holly Bingham</b> , Resident Assistant	9 Years
<b>Ernesto Akia</b> , Maintenance	7 Years
<b>Joyce Yawo-Freeman</b> , Resident Assistant	4 Years
<b>Aletha Tehmeh</b> , Resident Assistant	4 Years
<b>Harbia Jock</b> , Resident Assistant	4 Years
<b>Traci Latham</b> , Resident Assistant	3 Years
<b>Ashlea Teter</b> , Resident Assistant	2 Years
<b>Dominique Westman-Barth</b> , Physical Therapist	1 Year
<b>Charlotte Jinadu</b> , Resident Assistant	1 Year
<b>Joanna Browne</b> , Resident Assistant	1 Year

## Happy Birthday to You!

### Assisted Living Resident Birthdays

Marilyn B.	Aug. 3
Doris N.	Aug. 22
Marilyn L.	Aug. 27
Bev B.	Aug. 31
Sherill R.	Sep. 12
Janet H.	Sep. 18
Marie C.	Oct. 6
David T.	Oct. 8
Catherine G.	Oct. 9
Gerrie E.	Oct. 11

### Independent Living Resident Birthdays

Judy Z.	Aug. 2	Roger O.	Sep. 21
Yvonne W.	Aug. 2	Bev D.	Sep. 22
Earl C.	Aug. 3	Louetta E.	Sep. 22
Bonnie G.	Aug. 9	Donna S.	Sep. 22
Joyce B.	Aug. 13	Virginia T.	Sep. 27
Margaret M.	Aug. 16	Charlotte H.	Sep. 29
Barb C.	Aug. 18	Janet Z.	Oct. 5
Sue B.	Aug. 21	Carolyn M.	Oct. 6
Larry G.	Aug. 22	Nancy S.	Oct. 8
Bob S.	Aug. 22	Caroline T.	Oct. 11
Jim P.	Aug. 24	Barb W.	Oct. 11
Ernie T.	Aug. 27	Carolyn H.	Oct. 12
Linda W.	Aug. 28	Tom J.	Oct. 16
Lona A.	Aug. 30	Sue M.	Oct. 17
Leatrice C.	Sep. 2	Charlee B.	Oct. 19
Doris M.	Sep. 3	Pamela W.	Oct. 22
Sarah N.	Sep. 4	Norma H.	Oct. 24
Wanda B.	Sep. 7	Petey C.	Oct. 28
Jim J.	Sep. 8	Barb F.	Oct. 31
Bobbie Y.	Sep. 9		
Tom H.	Sep. 12		
Jim F.	Sep. 18		

Hoping that **YOUR DAY** will be as  
**SPECIAL** as you are.

### Care Center Resident Birthdays

Elaine U.	Aug. 9	Ardis S.	Sep. 12	Arnold C.	Oct. 4
Ruth K.	Aug. 13	Don W.	Sep. 22	Gene S.	Oct. 11
Dwite S.	Aug. 16	Carol J.	Sep. 25	Norman M.	Oct. 18
Romaine M.	Aug. 23	Nancy S.	Sep. 30	Ruth H.	Oct. 19
				Helen J.	Oct. 24
				Jane O.	Oct. 27

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Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

## Living longer, healthier and stronger

**P**resbyterian Homes and Services is here to support you! With onsite outpatient therapy through **Presbyterian Homes and Services Rehabilitation** and home health services through **Optage** (available in Minnesota), there is a convenient way to connect with a physical, occupational, or speech therapist in a PHS community near you!

It's time to see therapy not as a last resort, but as a regular part of our health regimen, just like our annual check-ups. By focusing on strength, flexibility, balance, safety and function, therapy can prevent the very injuries it was once primarily used to treat.

Let's embrace this proactive approach and make therapy a cornerstone of our strategy to live longer, healthier, and more fulfilling lives. To-

gether, we can redefine what it means to age gracefully and empower ourselves to take control of our health journey!

For more information, contact your on-site therapy team, visit our website [www.preshomes.org/](http://www.preshomes.org/) therapy, or call 651-746-8200 for more information.



**2024 Christmas Card**

Spread goodwill and cheer by sharing your artistic spirit!

Submit your original artwork to be the cover of the 2024 Presbyterian Homes & Services annual Christmas Card.

- Deadline for submissions is **Sept. 13**.
- Submit artwork to [communication@preshomes.org](mailto:communication@preshomes.org).

*TIP: Take a picture or scan it to submit.*