


The Gables Life Enrichment Calendar



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>***Activities are subject to change. Please see the Scroller (Ch. 991 on your TV) for updates and changes.</p>	<p>Location Key: (MC) - Main Chapel (C) - Care Center Chapel (FC) - Fitness Center (2N) - Second Floor North (2S) - Second Floor South (P) - Patio (EC) - Event Center</p>		<p>1 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 May Day Social (1N) 5:30 Trivia Night</p>	<p>2 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (1N) 2:00 May Day Craft (1S) 5:30 Active Games</p>	<p>3 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Cards (1N) 2:00 Coffee & Coloring Fun (1N) 3:00 Heart Music (1N) 5:30 Cards</p>	<p>4 10:00 Classic TV Shows 10:30 1:1 Visits, Nails (1S) 2:00 1:1 Visits, Nails (1N)</p>
<p>5 10:00 Classic TV Shows 10:30 Exercise (1N) 2:00 Outdoor Games (P)</p>	<p>6 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Balloon Toss (1N) 10:30 Christ the Lord Service 2:00 Music with Megan (1N) 2:30 Bunny Visits 5:45 Adult Coloring</p>	<p>7 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (1N) 2:15 BINGO (1N) 6:00 Movie Night</p>	<p>8 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Cinco De Mayo Social (1N)</p>	<p>9 Service Of Remembrance 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (1N) 2:00 Service Of Remembrance MC 5:30 Active Games</p>	<p>10 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Cards (1N) 2:00 Coffee & Coloring Fun (1N)</p>	<p>11 9:45 Ring Toss (1N) 10:45 Ring Toss (1S) 1:45 Patio Time (1N) 3:00 Patio Time (1S)</p>
<p>12 9:45 Singalong (1N) 10:00 Classic TV Shows 10:45 Singalong (1S) 1:45 Mother's Day Trivia & Treats (1N) 2:45 Mother's Day Trivia & Treats (1S)</p>	<p>13 Mother's Day Tea 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Balloon Toss (1N) 10:30 Christ the Lord Service 2:00 Mother's Day Tea (2DR) 5:45 Adult Coloring</p>	<p>14 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (1N) 2:15 BINGO (1N) 6:00 Movie Night</p>	<p>15 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Coffee Social Hour (1N) 5:30 Trivia Night</p>	<p>16 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (1N) 2:00 Arts and Crafts (1S) 5:30 Active Games</p>	<p>17 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Cards (1N) 2:00 Coffee & Coloring Fun (1N) 3:00 Heart Music (1N) 5:30 Cards</p>	<p>18 10:00 Classic TV Shows 10:30 Exercise (1N) 2:00 BINGO (1N)</p>
<p>19 10:00 Classic TV Shows 10:30 Morning Exercise (1N) 11:00 Dominoes (1N) 2:00 Cards (1N)</p>	<p>20 Drumming Group 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Christ the Lord Service (Channel 992) 2:45 Drumming Group (1N) 5:45 Adult Coloring</p>	<p>21 Resident Council 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (1N) 2:15 Resident Council (1N) 3:00 Music with Megan (1N) 6:00 Movie Night</p>	<p>22 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Coffee Social Hour (1N) 5:30 Trivia Night</p>	<p>23 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (1N) 2:00 Birthday Party (1N) 5:30 Active Games</p>	<p>24 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Cards (1N) 2:00 Coffee & Coloring Fun (1N) 5:30 Cards</p>	<p>25 9:45 Bean Bag Toss (1N) 10:45 Bean Bag Toss (1S) 1:45 Patio Time (1N) 2:45 Patio Time (1S)</p>
<p>26 9:45 Singalong (1N) 10:00 Classic TV Shows 10:45 Singalong (1S) 1:45 BINGO (1N) 2:45 BINGO (1S)</p>	<p>27  *Independent Activity Packets are available</p>	<p>28 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (1N) 2:15 BINGO (1N) 6:00 Movie Night</p>	<p>29 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Coffee Social Hour (1N)</p>	<p>30 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (1N) 2:00 Arts and Crafts (1S) 5:30 Active Games</p>	<p>31 9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Cards (1N) 2:00 Coffee & Coloring Fun (1N) 3:00 Heart Music (1N)</p>	