

June 2024

Upcoming events

Meet & Greet

Meet and Greet topic for June is Fraud Basics: The Scam Landscape and Staying Safe, presented by the Minnesota Department of Commerce and AARP. Have you ever been approached with a fraudulent offer or been a victim of identity theft? Attend this workshop and learn about proven resources and tools to help you spot and avoid identity theft and fraud. By taking a few practical steps, you have the power to fight back against fraud. This presentation will be on Tuesday, June 11, at 2:30 p.m.

Lunch Out

Friday, June 14, we are going to go to lunch at The Dock in Stillwater. Enjoy good food and good conversation around the table. Be sure to sign up. The bus will leave at 11 a.m.

Anniversary Party

Wednesday, June 19 we will be celebrating the 24th anniversary of the opening of SummerHouse. Come and join us for grilled steaks, corn on the cob and other good things to eat. SummerHouse is picking up the tab, so sign up and come on down for a great meal. Volunteers appreciated.

After dinner, Tomi Majoros will be performing a guitar concert for us.

Friendly Reminders

Please return grocery carts to the garage after you are done using them.

Please keep garage traffic going one way. Go in the north end and out the south end, and keep your speed down to 5 miles per hour.

Please don't let your car idle in the garage for extended periods of time. It wastes gas and it smells.



June birthdays

Ann Kratzer	6-6
Pat Watkins	6-9
Jan Nix	6-10
Jenny Schirm	6-10
Katie Wiens	6-13
Becky Myrick	6-19
Joan Moore	6-19
Marilynn Bennett	6-28

SUMMERHOUSE OF SHOREVIEW

Wellness words: Alzheimer's Awareness Month

A person's brain has billions of nerve cells called neurons which connect to form communication networks (Alzheimer's Association, 2022b). These groups of cells have special jobs, such as thinking, learning, and remembering.

Alzheimer's disease prevents neurons from connecting. The neurons can no longer do their job. They eventually die, causing irreversible changes in the brain. This results in memory loss, personality changes, and inability to communicate.

There are 3 stages in Alzheimer's disease:

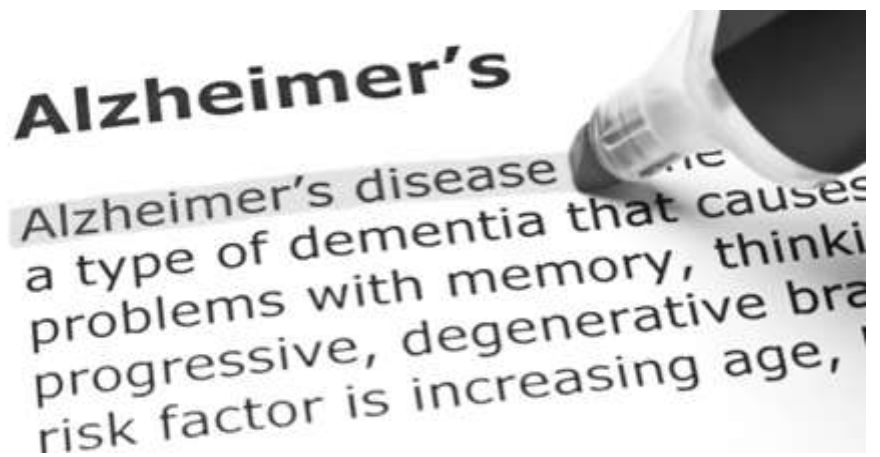
Early Stage: In the early stage of Alzheimer's disease, communication problems tend to be very subtle. For example, everyone has an occasional phenomenon, "it's on the tip of my tongue," such as forgetting someone's name. A person in the early stage of Alzheimer's disease has this problem more than occasionally.

Middle Stage: In this stage, the person will likely have problems answering questions that relate to recent events. For example, asking, "what did you have for breakfast this morning?" may lead to a response of, "I didn't eat breakfast," even though they did. The person cannot recall what they had.

Late Stage: A person in the late stages of Alzheimer's disease can only verbalize a few simple words. Communication with the person during this stage tasks effort and patience.

For effective communication with a person living with Alzheimer's disease, use the following tips:

- Talk with the person in a quiet place
- Speak slowly and clearly
- Allow the person time to respond
- Avoid correcting the person



Chaplain's chat

Where you can find your ultimate value

"Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father's care. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows." - Matthew 10:29-30

In 1975, six armed gunmen broke into a London bank where they went straight for the safety deposit boxes. Among the spoils they took away from their plunder was a box full of jewelry appraised at \$500,000.

The renter of the box came to the bank and was horrified upon discovering that her jewelry had been stolen. She wailed, "Everything I had was in there. My whole life was in that box!"

What a sad statement. Yet, it seems more and more today that people are valuing their lives in terms of their possessions. You hear all the time on television that this or that person is worth so much money. But the truth is, there's no monetary value that can be placed on a human being.

Even many Christians fall into this same trap. They don't have much in terms of finances, so they feel like they're not worth anything. Yet, the opposite is true. God values you at such a high price that He sent Jesus to die for you. You're worth the life of God's own Son!

Don't ever derive your value from what's in your bank account. God doesn't. Instead, find your value in who God says you are and what He did to purchase your eternal life.

Source:

<https://www.crosswalk.com/devotionals/seniors/senior-living-may23-2024.html>



Who is your Shining Star?

Did you know that there is an easy and meaningful way for you to **show your appreciation to an employee who has delivered exemplary service to you?** There is! It's called **Shining Star.**

PHS employees are honored to serve you. Many people participate in your daily service and care. Some staff play a highly visible role like resident assistants, servers, housekeepers and nurses. Others, like those who work for culinary or environmental services, generally work behind the scenes to ensure that your needs are met.

Your gift, their recognition

Shining Star brochures are available at your community. Please check with your receptionist or campus administrator for one of them. You may use it to make a gift to your community in honor of service, care or an act of kindness that you received from your Shining Star. You can honor one staff member who will be notified that a gift was made in their honor. Staff members receive a special star pin and a thank you letter noting their recognition. Most importantly, your Shining Star will experience a great sense of pride knowing that their service, care and acts of kindness have left a positive impression on you.

Your gift helps your community

Your charitable, tax-deductible gift is a thoughtful way to express your appreciation. **Your gift will be directed to the Where the Need is Greatest Fund for your community's use.**

The Foundation is happy to help you, too. Please call the Presbyterian Homes Foundation at 651-631-6105, or 651-631-6418. Thank you for identifying your Shining Star and helping your community!



SummerHouse of Shoreview
4655 North Victoria Street
Shoreview, MN 55126

651-765-3900

SummerHouseShoreview.org

Postmaster: address correction requested

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

Happy Anniversary Presbyterian Homes & Services!

Sixty-nine years ago, **Margaret Paden**, widow of a Presbyterian minister, became the first resident of the new Presbyterian Home in Arden Hills, Minn. June 15, 1955, marked the beginning of a ministry that has grown from one community serving 30 people to 61 communities in Minnesota, Wisconsin and Iowa. Today, more than 27,000 older adults are served under our roofs, and through Optage, the home and community services of Presbyterian Homes & Services (PHS). In addition, 14,500 older adults receive comprehensive care through Genevive, the largest geriatric primary care practice in Minnesota, co-owned by PHS.

We mark this 69th anniversary by remembering our founders whose vision set the foundations upon which the mission of PHS has been built.

In 1946, **Dr. Irving Adam West**, pastor of House of Hope Presbyterian Church in St. Paul, Minn., urged the Presbyterian Church Synod of Minnesota to begin this ministry. That same year, the Synod appointed **Dr. Edwin Kagin**, professor of religion at Macalester College in St. Paul, Minn., to lead a study committee to address the needs of retiring ministers, missionaries and their

spouses. In 1947 the committee recommended and the Synod approved establishing a Presbyterian home. Dr. Kagin served as its first chair and president of the board, followed in 1952 by Dr. West.

Lillias Joy, a member and Sunday school teacher at House of Hope Presbyterian Church, gave 20 acres of lakeshore property in 1952. The land on the southwest shore of Lake Johanna in Arden Hills, Minn., is the site of the first Presbyterian Home, now named Johanna Shores.

What they began has endured through the employees, volunteers, donors and collaborative partners who have carried PHS forward. We also remember the many women and men who, over the years, have called a PHS community their home. They and their families remind us that our mission continues with purpose and meaning.

As we venture into our 69th year of ministry to older adults, we dedicate ourselves, once again, to the PHS mission to honor God by enriching the lives and touching the hearts of older adults.