






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY SUNDAY
	<p>Military Appreciation Month</p> 	<p>1 9:30 Card Club (TG) 11:00 Catholic Word & Communion (C) 1:00 Writers Group (AR) 3:00 Ecumenical Worship (C) 6:00 Bridge (TG) 7:00 Cribbage (TG)</p>	<p>2 9:30 Bible Study (AR) 10:30 Great Courses (MT): Bruges - Commerce and Community 1:00 Hugs & Mugs: Ladies Social (TG) 1:00 Men's Fellowship Group (AR) 2:00 Washington County Mobile Library (B) 6:00 Squires Band (CR)</p>	<p>3 8:00 Staffed Open Gym & Wellness Q&A (WW) 9:00 Exercise: Seated Stretch (CR) 9:30 Exercise: Standing Balance (CR) 10:15 Exercise: Strength Fusion (CR) 11:30 Wellness Center Q&A (WW) 1:00 Rosary (AR) 2:00 Pokeno (AR) 6:00 Movie: Title will be on Stroller (MT)</p>	<p>4 Saturday 9:00 Yoga with Julie from the YMCA (CR) 10:00 Games with Friends (TG) 10:00 Scrabble (RR) ----- 5 Sunday CINCO DE MAYO 1:00 Sunday Service: Woodbury Lutheran Church (C) 2:30 Movie: The King and I (MT)</p>
<p>6 8:00 Staffed Open Gym & Wellness Q&A (WW) 9:00 Exercise: Seated Stretch (CR) 9:30 Exercise: Standing Balance (CR) 10:15 Exercise: Strength Fusion (CR) 11:30 Wellness Center Q&A (WW) 1:30 Bridge (TG) 1:30 Travelogue (MT): Rome 3:00 Vision Loss Support and Discussion with Stacy (AR)</p>	<p>7 10:00 Music and Movement (CR) 1:30 Bingo (B) 2:30 Yelloh! to place orders (TG) 3:00 Choir (CR) 3:00 Dragon Tech Team (TG) 5:30 Spirit the Good Dog (GFP)</p>	<p>8 9:30 Card Club (TG) 11:00 Catholic Word & Communion-Guardian Angels Church (C) 1:00 Book Club (RR) 2:00 Guys with Pies (B) 3:00 Ecumenical Worship (C) 3:45 Kindness Club with Red Rock Elementary (B) 6:00 Bridge (TG) 7:00 Cribbage (TG)</p>	<p>9 9:30 Bible Study (AR) 10:30 Great Courses: Siena - Good Government (MT) 1:00 Hugs & Mugs: Ladies Social (TG) 1:00 Men's Fellowship Group (AR) 2:00 Sing a-long with Tom (CR)</p>	<p>10 No Exercise Classes Today! 1:00 Rosary (AR) 2:00 Bingo (B) 6:00 Movie: Title will be on Stroller (MT)</p>	<p>11 Saturday 9:00 Yoga with Sandy from the YMCA (CR) 10:00 Games with Friends (TG) 10:00 Scrabble (RR) ----- 12 Sunday MOTHERS DAY 9:00 Mom's Muffins and Mimosas (B) Open to all! 1:00 Sunday Service: Lutheran Church of Peace (C) 2:30 Movie: On the Town (MT)</p>
<p>13 8:00 Staffed Open Gym & Wellness Q&A (WW) 9:00 Exercise: Seated Stretch (CR) 9:30 Exercise: Standing Balance (CR) 10:15 Exercise: Strength Fusion (CR) 11:30 Wellness Center Q&A (WW) 1:30 Bridge (TG) 1:30 Travelogue (MT): Cyprus 6:30 St. Paul Postal Band (CR)</p>	<p>14 10:00 Music and Movement (CR) 1:30 Bingo (B) 3:00 Choir (CR)</p>	<p>15 9:30 Card Club (TG) 11:00 Catholic Word & Communion (C) 1:00 Writers Group (AR) 3:00 Ecumenical Worship (C) 6:00 Bridge (TG) 7:00 Cribbage (TG)</p>	<p>16 9:30 Bible Study (AR) 10:30 Great Courses: Siena - The Gothic Dream (MT) 1:00 All Resident Meeting (CR) 2:00 Steve Chicoine History: The Roaring 20's in St. Paul (CR)</p>	<p>17 8:00 Staffed Open Gym & Wellness Q&A (WW) 9:00 Exercise: Seated Stretch (CR) 9:30 Exercise: Standing Balance (CR) 10:15 Exercise: Strength Fusion (CR) 11:30 Wellness Center Q&A (WW) 1:00 Rosary (AR) 2:00 Pokeno (AR) 3:00 Woodbury Lutheran Kitchen Band (CR) 6:00 Movie: Title will be on Stroller (MT)</p>	<p>18 Saturday 9:00 Yoga with Julie from the YMCA (CR) 10:00 Games with Friends (TG) 10:00 Scrabble (RR) 10:30 Mass with Father Joe (C) ----- 19 Sunday 1:00 Sunday Service: Christ Episcopal Church (C) 2:00 Movie: The Pink Panther (MT)</p>



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<p>20 8:00 Staffed Open Gym & Wellness Q&A (WW) 9:00 Exercise: Seated Stretch (CR) 9:30 Exercise: Standing Balance (CR) 10:15 Exercise: Strength Fusion (CR) 11:30 Wellness Center Q&A (WW) 1:30 Bridge (TG) 1:30 Travelogue: Traveling Ecuador by Train (MT) 6:30 Spirit Song Choir Spring Concert: "Sing! Sing a Song" (CR)</p>	<p>21 9:45 Dragon Tech Team (B) 10:00 Music and Movement (CR) 1:30 Bingo (B) 2:30 Yelloh! to place orders (TG) 3:00 Choir (CR) 5:30 Spirit the Good Dog (GFP)</p>	<p>22 9:30 Card Club (TG) 11:00 Catholic Word & Communion - St. Ambrose Church (C) 3:00 Service of Remembrance (C) 6:00 Bridge (TG) 7:00 Cribbage (TG)</p> 	<p>23 9:30 Bible Study (AR) 10:30 Great Courses: Machu Picchu and the Sacred Valley (MT) 1:00 Hugs & Mugs: Ladies Social (TG) 1:00 Men's Fellowship Group (AR) 2:00 Michael Riddle Music (CR)</p>	<p>24 8:00 Staffed Open Gym & Wellness Q&A (WW) 9:00 Exercise: Seated Stretch (CR) 9:30 Exercise: Standing Balance (CR) 10:15 Exercise: Strength Fusion (CR) 11:30 Wellness Center Q&A (WW) 1:00 Rosary (AR) 2:00 Bingo (B) 6:00 Movie: Title will be on Stroller (MT)</p>	<p>25 Saturday 10:00 Games with Friends (TG) 10:00 Scrabble (RR)</p> <hr style="border-top: 1px dashed black;"/> <p>26 Sunday 1:00 Sunday Service: King of Kings Lutheran Church (C) 2:30 Movie: The Hunt for Red October (MT)</p>
<p>27</p>  	<p>28 10:00 Music and Movement (CR) 1:30 Bingo (B) 3:00 Choir (CR) 5:30 Spirit the Good Dog (GFP)</p>	<p>29 9:30 Card Club (TG) 11:00 Catholic Word & Communion (C) 2:00 Golden Girls Social (B) 3:00 Ecumenical Worship (C) 6:00 Bridge (TG) 7:00 Cribbage (TG)</p>	<p>30 9:30 Bible Study (AR) 10:30 Great Courses: Remnants of the Past- Andean Culture Today (MT) 1:00 Hugs & Mugs: Ladies Social (TG) 1:00 Mens Fellowship Group (AR) 2:00 Monthly Birthday Party (B) 6:00 James Kellerman Music (CR)</p>	<p>31 8:00 Staffed Open Gym & Wellness Q&A (WW) 9:00 Exercise: Seated Stretch (CR) 9:30 Exercise: Standing Balance (CR) 10:15 Exercise: Strength Fusion (CR) 11:30 Wellness Center Q&A (WW) 1:00 Rosary (AR) 2:00 Pokeno (AR) 6:00 Movie: Title will be on Stroller (MT)</p>	
	<p>Bus outings will be posted after a driver is hired.</p> 		<p>First Floor C- Chapel CC- Craft Corner CP- Central Park CR- Community Room TG- Terrace Gathering WW- Wings Wellness CPL- Central Park Library</p>	<p>Garden Level MT- Movie Theater B- Bistro GR- Granite Room GFP- Fireplace by GR</p> <p>Second Floor AR- Activity Room</p> <p>Third Floor RR- Rec Room</p>	