

May 2024

“What in your life needs power?”

“I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, and his incomparably great power for us who believe.” (Ephesians 1:18-19)

What in your life needs power? Think of all you do each day that depends on power. Your car burns gas to go, your body eats food to function, your appliances need electricity to run. None of these things would work without power. The same is true for our spiritual life—it requires power.

In the book of Acts, Jesus told his disciples that they would receive power when the promised Holy Spirit arrived. And that’s exactly what happened on Pentecost! God’s Spirit came and empowered his people to be witnesses throughout the world of Jesus’ resurrection (Acts 1:8). This is what’s unique about faith in Christ. Christianity is not a philosophy to live by, but new life powered by God’s transforming presence. That’s why Paul prays that the church in Ephesus would know the full scope of God’s saving grace, which includes his great power for all who believe.

How much power does God provide? It is incomparably great. There is no limit! God provides all the power we need for our spiritual life—the power to live transformed lives that witness to his love, truth, and grace day in and day out.

Pastor Matt Anderson

Let’s read!

Stop by the library and select a book. We make it easy for you by labeling the shelves based on the category and alphabetized by author. Check out the display books and visit the “turn around” shelves for paperbacks. Your suggestions and feedback are welcome.

Happy reading!

Fran and Committee

Going live April 30!

Coming soon to your mail slot will be information about E-menu! Orders and charges for the dining room, and charges for the store and salon will be entered digitally. Charges will go right on your bill or can be paid immediately with a credit or debit card.

SummerWood of Plymouth



Dede Billingsley
- Server



Vera Douglas -
RA



Paula Gomez -
RA



Alex Iverson -
ESD



Willnell
Randolph - RA



Aletha Smith -
RA



Kimah Tehuti -
RA



Esther Yekeh -
RA

SummerWood Phone Numbers

Front Desk Number: 763-383-8888

Main HHA after hours cell # 651-335-5180

Arbor HHA after hours cell # 763-286-9797

Barry Spiers, Campus Admin.	763-329-7452
Beth Fries, Housing Counselor	763-329-7451
Kitchen (Room Service)	763-329-7453
Dining Room (Reservation)	763-329-7473
Natasha Sorge, Homecare Support	763-329-7456
Sarah Henkels, RN, Clinical Dir.	763-329-7457
Alex Iverson, Environmental Serv	763-329-7458
Cid Skaalrud, Life Enrichment Dir.	763-329-7459
Anthony Donato, Culinary Dir.	763-329-7462
Julie Momanyi, RN (Arbor)	763-329-7463
Tammy Hanson, RN (Commons)	763-329-7465
Matt Anderson, Campus Pastor	763-329-7468
Mark MacLean, Gift Planning Officer	952-249-2416
SummerWood Salon, Tami L.	763-354-8280
Rehab Office	763-329-7454

May Birthdays



Ann G	4th
Lee C	13th
Dorothy P	19th
Donna H	20th
Sandy S	23rd
Phyllis H	25th
Fran C	25th
June R	28th
Dorla J	28th
Peggy S	31st



The Essential Shopping Shuttle

Will run Wednesdays Jan. 3 & Jan. 17 at
9:30.

Please sign up by noon the
day before.



SummerWood of Plymouth

The Rewards of Gratitude

Leaving a legacy that extends kindness to your community beyond your lifetime doesn't have to be complicated nor require an attorney's involvement. You can make an impact when you designate Presbyterian Homes Foundation or your own community as a beneficiary of one or more of your assets. This is one of the simplest ways you can secure your financial affairs and leave a gift that reflects your values. It expresses deep appreciation for your community and makes a difference in the future of your neighbors.

Naming a beneficiary on a retirement account, life insurance policy, bank account, or other investment ensures that your resources continue to serve the needs of those around you. It's usually as straightforward as completing a form from your insurer/custodian or, if you prefer, you may complete a form online. Please give us a call at (651) 631-6418 or 651-631-6408 if you would like assistance with this.

Did you know that you can name both individuals and charities as beneficiaries on the same accounts? For example, you may choose to give 80% to family members and 20% to charities. It's also possible to specify a certain dollar amount that you would like to leave. And, if a primary beneficiary becomes deceased, a charitable organization could be named as a contingent beneficiary. If you already have a donor-advised fund set up, the distribution of investment funds may also be managed for years to come.

Naming a charity as a beneficiary brings flexibility to your financial plans so that assets are available during your lifetime. It also enables you to sow seeds of kindness and compassion that will bear fruit into the future, demonstrating gratitude for blessings and ongoing care for our loved ones. Thank you for considering taking the step to designate your community or Presbyterian Homes as a beneficiary of one or more of your assets. Your generosity makes a difference!



May highlights

Did you all enjoy the bungee jumping last month? We hope you at least got to see the Bald Eagle when the Raptor Center was here. Spring is on its way! For the fresh, new month:

Ladies Tea and Taylor Marie Fashion Show & Boutique to celebrate Mother's Day.

In addition, Kimberly Lane 5th grade kids will come to sing to us, Tomi our favorite jazz guitarist, our lovely singing friend Tara B, and of course, the beginning of gardening season!

~Cid

SummerWood of Plymouth
16205 36th Avenue North
Plymouth, MN 55446

763-383-8888
SummerWoodPlymouth.org

Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

We are thrilled to announce the brand-new website!

The Presbyterian Homes & Services website is new and improved. Designed specifically with YOU in mind, the redesigned website is easy to use with simple navigation, abundant resources and a fresh look.

- Get news, stories and updates on PHS communities, residents and employees, plus resourceful information on living well!
- Access your community's newsletter, social calendar and dining menus all in one place.
- Explore the many different types of support PHS offers including rehabilitative services, home meal delivery and more.



Visit PresHomes.org today!