

11201 Fairfield Road
 Minnetonka, MN 55305
 952.512.0547

Summertime!



Check the monthly calendar for dates, times, and location

Hair Salon

Wed. & Fri.
 9:00am to 3:00pm
 By: Appointment only

Footcare by Optage

By Appointment only
 Sign-up in the resident lounge

Yelloh! Delivery

(Formerly Schwan's)
 Every other Tuesday

Weekly Shopping

Sign-up
 Every Tuesday and Thursday

Worship Service

Fridays at 1:00pm

Library

Exercise Room

Think back to a more simple time of life. School just ended and you ran as fast as you could home (or from the school bus stop in your neighborhood). It was time to start Summer Vacation.

What was your summer filled with? For me, it meant my Arizona grandparents came back to Minnesota for a nice long visit. We would share them with my St Cloud aunties, but they would stay for 2 weeks at a time. Grandma June and I would watch Little House on the Prairie every day at 4pm. Grandpa Bee and I would have to watch Wheel of Fortune and when his 8pm "heartburn" would set in, we would have to treat it with a large bowl of ice-cream. (I was very much an adult before I realized his "heartburn" wasn't real and ice cream doesn't treat actual heartburn). 😊

The rest of the summer was filled with running through the sprinkler in the back-yard, Freezie-Pops on the deck with my best friends, Krista and Amy. We'd ride bikes up to the park or elementary school nearby. I loved sitting outside under my tree in the backyard, reading whatever book I picked out at the library that week. Mom would take us to the lake at Elm Creek for swimming time. Those were such fun days.

The best part of my summers were going to Bible Camp at Camp Lebanon for a week with my best friends. I still carry the experiences and friendships I made with me. My family would always go for an additional week of family camp. After family camp, we would usually drive 'up north' to a lake for more camping, hiking, fishing, and exploring the small towns. Such Simple Times. Such Treasured Memories.

Watercolor Class!

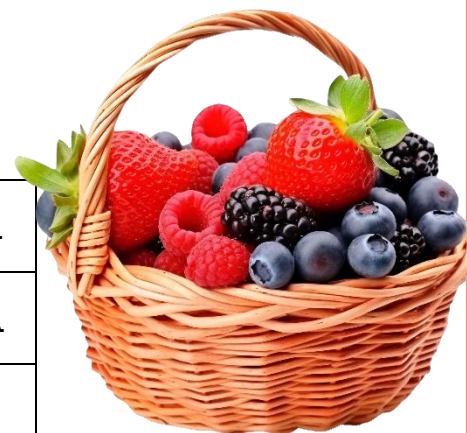


Are you looking to explore your creative side? Join our watercolor class! No previous painting experience is needed. If you are testing the water(colors) out, Judy has limited supplies for your first visit. If you'd like to join the class permanently, the cost is around \$25 for startup supplies. It is a fun hour or so to develop a new skill and express your creativity!

Tuesdays, June 4 & 18, 1:00 – 2:30pm
Community Room

Berry Picking Word-Search

B	R	M	B	E	R	R	Y	I	L	E	R
I	O	S	A	Y	G	O	J	I	L	K	A
L	A	Y	N	M	E	A	O	N	Y	C	S
T	L	A	S	K	S	E	N	G	S	A	P
E	A	B	O	E	L	D	E	R	R	L	Y
S	X	H	O	K	N	Y	E	U	L	B	G
A	C	A	I	R	J	I	A	L	C	U	O
L	E	C	N	S	M	N	O	G	N	I	L
M	L	A	A	I	E	I	C	L	O	U	D
O	A	S	R	G	O	O	S	E	I	Z	B
N	H	U	C	K	L	E	T	H	A	J	E
K	W	A	R	T	S	D	O	Y	L	U	M



- | | |
|--------|--------|
| Rasp | Boysen |
| Black | Blue |
| Goji | Acai |
| Bil | Elder |
| Goose | Lingon |
| Salmon | Huckle |
| Choke | Cloud |
| Mul | Cran |
| Straw | Berry |



Sandra H 6/3 Pat J 6/12
 Mary M 6/13 Dennis B 6/16
 Barbara M 6/28

Birthday Entertainment:

June's birthdays will be celebrated on June 11 at 2:00pm. We will enjoy the Jazz talents of Miles Wright.



Congratulations Elizabeth Arayata, former Life Enrichment Coordinator, on her recent ENGAGEMENT! Best wishes and all of our love to her and John as they plan their wedding and future together!



Update!

We have made the decision to end our weekly meal program after June. Declining participation and rising restaurant prices were the deciding factors. If you are looking for nutritious meals delivered to your door, please see Sara in the office for information on weekly Optage home meal delivery.

Social Times

If you're looking for a new activity, consider joining:
 Coloring Time Volleyball
 Wednesday Happy Hour
 Candy BINGO Watercolor Class
Check Calendar for details

Pizza Party!



Plan to join your neighbors every 2nd Saturday of the month for some delicious pizza! Sign up & pay \$5 to the office by Friday.

If you have any questions, please call Jack P. (Apt. 405).

Upcoming Activities

Summer events include a trip to the Conservatory at Como and the "Original Malt Shop" (formerly Snuffy's). There is no entry fee, but Como requests a donation of \$4 or more.

Other events we are planning a boat trip on Lake Minnetonka, a Three-Mile-Trek through the MN Landscape Arboretum and this year we will make it to Peppermint Twist Drive-in before it closes! As we enter the fall and winter, we will start planning some museum and 'indoor' adventures! Thank you all for your suggestions and encouragement

Stronger Together

Do you know how vital the sense of community is to your well-being? We may think we are totally independent, but English poet and cleric John Donne wrote in 1624, "No man is an island." We each really need others to care about us as a person, to be strong when we are weak, to stretch us in our thinking.

The Redwood trees of California teach us this lesson about community and sticking together!

The coastal redwoods are the tallest of all living things. They can grow to well over 300 feet tall and can live for 2,000 years or more! One would think that with great height they must also have very deep roots. Actually, their roots are only five or six feet deep. How are they able to stand so tall and strong?

By reaching out--their roots spread out, sometimes to 100 feet away from their trunk. They survive by intertwining their roots with the other redwood trees nearby, in fact their roots even fuse together. This gives them tremendous strength to withstand high winds and raging floods. They do not survive alone. They survive by interdependence. Sometimes, several redwoods will fuse together like 'tribes' or families of trees. This gives them stability.

Let us learn the lesson of the redwood trees. We need one another for our well-being. We need to talk together, work together, get along together. We are stronger together. This is such a wonderful caring community. Let us all work together to keep it strong.

Keep making friends, keep listening to one another, keep caring. Yes, know your limits. But we need the nourishment of worshiping together, the laughter of fun activities together, and the prayers together.



Jesus reminded: "A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."
 (John 13:34-35)

+ Sherree Lane, Campus Pastor at Scandia Shores of Shorevie