

**Hearth Life Enrichment Calendar**  
**JULY 2024**

**Monday, July 1**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises-FC  
1:00 Cribbage-G  
1:00- 2:00 Bingo – AD  
2:00-3:00 Open Gym-FC  
2:00 Bible Study-C  
6:00 Open Knitting - B

**Tuesday, July 2**

9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
10:00 Catholic Service & Rosary-C  
10:00 NEWTRAX Transportation-FL  
11:00-11:30 Chair Stretch Exercises-FC  
1:30 “500” Cards-AR  
2:00-3:00 Open Gym-FC  
2:00 Scheduled Bus Stops – FL  
**6:30 Movie: A Few Good Men** 1992 2h  
18m R Thriller/Action Subtitles Cast: Tom  
Cruise, Demi Moore, Jack Nicholson- T

**Wednesday, July 3**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises -FC  
1:00 Mexican Train Dominoes -AR  
2:00-3:00 Open Gym-FC  
**2:00 Chapel Service -C**

**Thursday, July 4**

***Happy 4<sup>th</sup> of July!!***

**1:00 Movie: Sabrina** 1954 PG 1h 53m  
Romance/Comedy Subtitles Cast: Audrey  
Hepburn, William Holden, Humphrey  
Bogart -T

**Friday, July 5**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises -FC  
11:00 Prayer Group -**Canceled**  
1:00 “500” Cards-G  
1:00-3:00 Social Bridge-CL  
(See highlights for more details)  
2:00-3:00 Open Gym-FC  
3:30 Writers Group-Terrace 3<sup>rd</sup> Floor  
Lounge (See highlights for more details)

**Saturday, July 6**

10:00 Virtual Chair Exercises-CH991  
1:00 “500” Cards-G

**Sunday, July 7**

4:00 Sunday Chapel Service-C

**Monday, July 8**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises-FC  
1:00 Cribbage-G  
1:00- 2:00 Bingo – AD  
2:00-3:00 Open Gym-FC  
2:00 Bible Study- C  
6:00 Open Knitting – B  
**6:00 Edward Jones Perspectives-CL**

## **Tuesday, July 9**

9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
10:00 Catholic Service & Rosary-C  
10:00 NEWTRAX Transportation-FL  
11:00-11:30 Chair Stretch Exercises-FC  
1:30 "500" Cards -AR  
2:00-3:00 Open Gym-FC  
**2:00 – 3:00 Trishaw Rides Door A**  
(see highlights)  
2:00 Scheduled Bus Stops – FL  
**2:30 Lutheran Communion and Service**  
Sponsored by Incarnation Church-C  
**6:30 Movie: The Bucket List 2007 PG-13**  
1h 37m Comedy/Adventure Subtitles Jack  
Nicholson, Morgan Freeman -T

## **Wednesday, July 10**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises-FC  
1:00 Mexican Train Dominoes -AR  
**1:00 Food Committee Meeting-G**  
2:00-3:00 Open Gym-FC  
**2:00 Chapel Service with Pastor Chuck -C**  
**6:30 Entertainment: Jazz concert in the**  
**Rose Gardens - RG**

## **Thursday, July 11**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Stretch Exercises-FC  
1:00 Bridge- 3<sup>rd</sup> Floor Terrace Lounge  
**1:00 Showing of shadowlands T** (see  
highlights for more details)  
2:00-3:00 Open Gym-FC  
**6:30 Movie: On the Basis of Sex 2018 TV-**  
MA 2h Drama based on real life. Subtitles  
Cast: Felicity Jones, Armie Hammer, Sam  
Waterston - T

## **Friday, July 12**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Stretch Exercises-FC  
11:00 Prayer Group – G  
1:00 "500" Cards-G  
1:00-3:00 Social Bridge-CL  
(See highlights for more details)  
2:00-3:00 Open Gym-FC

## **Saturday, July 13**

**9:00-12:00 Family Swim-P** (See highlights  
for more details)  
10:00 Virtual Chair Exercises-CH991  
1:00 "500" Cards-G

## **Sunday, July 14**

4:00 Sunday Chapel Service-C

## **Monday, July 15**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises-FC  
1:00 Cribbage-G  
1:00 – 2:00 Bingo – AD  
2:00-3:00 Open Gym-FC  
2:00 Bible Study- C  
6:00 Open Knitting – B

## **Tuesday, July 16**

9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
10:00 Catholic Service & Rosary-C  
10:00 NEWTRAX Transportation-FL  
11:00-11:30 Chair Stretch Exercises-FC  
1:30 “500” Cards -AR  
2:00-3:00 Open Gym-FC  
2:00 Scheduled Stops-FL  
3:00-4:00 Resident Council all Campus- AD  
**6:30 Movie: The Wedding Planner 2001**  
PG-13 1h 43m Romantic Comedy Subtitles.  
Cast: Jennifer Lopez, Matthew  
McConaughey -T

## **Wednesday, July 17**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises-FC  
1:00 Mexican Train Dominoes -AR **No Julie**  
2:00-3:00 Open Gym-FC  
**2:00 Chapel Service with Pastor Chuck- C**

## **Thursday, July 18**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Stretch Exercises-FC  
1:00 Bridge- 3<sup>rd</sup> Floor Terrace Lounge  
2:00-3:00 Open Gym-FC  
**2:00 Entertainment – Tom Paquin** (see highlighted area for more information)-RP  
**3:00 Assisted Living Resident Council-CL**  
(see highlights for more details)  
**6:30 Movie: We Bought a Zoo 2011 PG-13**  
2h 4m Family/Comedy Subtitles Cast: Matt  
Damon, Colin Ford, Scarlett Johansson-T

## **Friday, July 19**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Stretch Exercises-FC  
11:00 Prayer Group - G  
1:00 “500” Cards-G  
1:00-3:00 Social Bridge-CL  
(See highlights for more details)  
2:00-3:00 Open Gym-FC  
3:30 Writers Group-Terrace 3<sup>rd</sup> Floor  
Lounge (See highlights for more details)

## **Saturday, July 20**

10:00 Virtual Chair Exercises-CH991  
1:00 “500” Cards-G

## **Sunday, July 21**

4:00 Sunday Chapel Service – C

## **Monday, July 22**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises-FC  
1:00 Cribbage-G  
1:00 – 2:00 Bingo – AD  
2:00-3:00 Open Gym-FC  
2:00 Bible Study- C  
6:00 Open Knitting – B

## **Tuesday, July 23**

9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
10:00 Catholic Service & Rosary-C  
10:00 NEWTRAX Transportation-FL  
11:00-11:30 Chair Stretch Exercises-FC  
1:30 “500” Cards -AR  
2:00-3:00 Open Gym-FC  
**2:00 – 3:00 Trishaw Rides Door A**  
(see highlights)  
2:00 Scheduled Bus Stops – FL  
**6:30 Movie: Ocean’s Eleven 2001 PG-13**  
1h 56m Crime/Comedy Subtitles Cast:  
George Clooney, Julia Roberts, Matt  
Damon, Brad Pitt-T

**Wednesday, July 24**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength Exercises-FC  
1:00 Mexican Train Dominoes -AR with Julie  
2:00-3:00 Open Gym-FC  
**2:00 Chapel Service with Pastor Chuck- C**  
3:00 Readers Theater (See highlights for  
**3:00 note time- Entertainment- Mark & Lisa Flora- RP** (see highlights for more information)

**Thursday, July 25**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Stretch Exercises-FC  
**11:00 PHS Virtual Scholars- The Science**  
11:00-11:30 Chair Stretch-FC  
1:00 Bridge-3<sup>rd</sup> Floor Terrace  
2:00-3:00 Open Gym-FC  
3:00 Library Committee-CL  
**6:30 Movie: The Queen** 2006 PG-13 1h 43m Documentary/Drama Subtitles Cast: Helen Mirren, Michael Sheen, James Cromwell Lex Jennings -T

**Friday, July 26**

9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Stretch Exercises-FC  
11:00 Prayer Group - G  
1:00 "500" Cards-G  
1:00-3:00 Social Bridge-CL  
(See highlights for more details)  
2:00-3:00 Open Gym-FC  
**5:00 Summer Olympics 2024**  
**Open Ceremony Ch 11 NBC**



### **Saturday, July 27**

10:00 Virtual Chair Exercises-CH991

1:00 "500" Cards-G

### **Sunday, July 28**

**2:00 Entertainment: Loose Change**

**Barbershop Quartet- RP** (see highlights for more information)

### **Monday, July 29**

9:00-10:00 Open Gym-FC

10:00 Virtual Chair Exercises-CH 991

11:00-11:30 Chair Strength Exercises-FC

1:00 Cribbage-G

1:00 – 2:00 Bingo – AD

2:00-3:00 Open Gym-FC

2:00 Bible Study- C

6:00 Open Knitting – B

### **Tuesday, July 30**

9:00-10:00 Open Gym-FC

9:00 Virtual Chair Exercises-CH 991

10:00 Catholic Service & Rosary-C

10:00 NEWTRAX Transportation-FL

11:00-11:30 Chair Stretch Exercises-FC

1:30 "500" Cards -AR

2:00-3:00 Open Gym-FC

2:00 Scheduled Bus Stops – FL

**3:00-4:00 Assisted Living Social-CL**

**6:30 Movie: Oklahoma** 1955 G 2h 25m

Musical/Western No Subtitles Cast: Gordon MacRae, Shirley Jones, Rod Steiger, Gloria Grahame, Gene Nelson, Eddie Albert -T

### **Wednesday, July 31**

9:00-10:00 Open Gym-FC

10:00 Virtual Chair Exercises-CH 991

11:00-11:30 Chair Strength Exercises-FC

**11:00 Replay of the Wedding celebration/Fashion Show that was on 6/27/24 – T/C991 (see highlights for more details)**

1:00 Mexican Train Dominoes -AR

2:00-3:00 Open Gym-FC

**2:00 Chapel Service with Pastor Chuck- C**

3:00 Readers Theater (See highlights for more details)-2<sup>nd</sup> Floor Terrace Lounge

## **JULY HIGHLIGHTS**

**Movies:** Tuesdays and Thursdays 6:30pm - Theatre CC-Closed Caption

**Mondays 1:00 – 2:00 Bingo** Please come and join us for bingo in the auditorium.

**Scheduled Stops Tuesdays at 2:00pm** Tuesdays they go to Cub The other option is to use NewTrax Transportation. Sign-up at the Front Desk. Any questions call Julie 651-765-4062

**Tuesday July 9 & 23 16, 2:00pm-3:00pm Trishaw Rides** Come join us for a ride around our campus with trained staff. Enjoy the fresh air while riding in the front of our Trishaw bike. Everyone needs to sign a Liability Waiver prior to the bike ride, and we will have them on hand. Front Patio

**Friday, July 5, 12, 19, and 26 at 1:00pm-3:00pm Social Bridge** Please join us for a fun and social time of Bridge! Open to Bridge players of all skill levels. Meeting every Friday. For questions contact Julie Williams 651-765-4062. Club Room

**Saturday, July 13, 9:00-12:00 Family Swim** Family Swim will be held every second Saturday of the month. No reservations required. A lifeguard will be duty. If you have any questions, contact the Wellness Center at 651-765-4060-Pool.

**Thursday, July 18, 3:00pm-4:00pm Assisted Living Resident Council** Come join other Assisted Living Residents to voice your concerns, opinions, praise or ask questions. Club Room

**Tuesday, July 30, 3:00-4:00 Assisted Living Social Hour** This event is for all Assisted Living Residents, Commons, Crossway Commons, and Hearth. Come and meet your neighbors. Refreshments and goodies will be served. Call Julie \*4062 with any questions. Club Room

**Wednesday, July 31 only this month, 3:00pm Readers Theater**

No Memorization-No Prior Experience! Join us for sessions of laughter and fun. Drama can be easy, fun, and entertaining. This class will spark your creativity and fulfill your life! Led by Terrace resident, Lynne Newbauer. Previously, assistant director of the Oro Valley Community Theatre, and director of the SCOV Theatre in Arizona. Call Lynne with questions \*6588. Second Floor Terrace Lounge

## **Activity Descriptions:**

Remember to use Channel 992 and 991 on your TV to check and watch the activities and events happening throughout the day. **Channel 992** broadcasts the schedule of daily activities and events. **Channel 991** is where to watch Virtual Chair Exercise classes and other programs when posted.

**\*Movie Picks:** If you like to be involved with the movie selections we show on campus, please contact Julie \*4062. Suggestions are taken at any time.

**\*For descriptions on our wellness classes, please see the Wellness Center Calendar located at the Reception Desk or the Wellness Center.**

### **Room Codes:**

AD=Auditorium (Ground Level)

AR=Commons Activity Room (2nd Floor)

B= Bistro

C=Chapel (Ground Level)

CL=Club Room (Across from Library)

CON=Conservatory

FC=Fitness Center (Ground Level)

FL=Front Lobby

FP=Front Patio

G=Gallery (Across from Conservatory)

GC=Garden Court Dining (Across from Dining Room)

HCR=Hearth Community Room (First Floor)

L=Library (First Floor)

NG=North Gables (Ground Level)

P=Pool (Ground Level)

R=Rotunda (Ground Level)

RG=Rose Garden

RP=Rotunda Patio

T=Movie Theater (Ground Level)

CH991=In-house Virtual Channel 991

**Any question please contact Jill Hanson at \*4061 *Programs are subject to change and cancellation.***