

Arbor Life Enrichment
May 2024

Wednesday, May 1

AM:

10:00 Arm Chair Travelers
Hiking the Pacific Northwest Trail
with Jill-A

11:15 Sit to Be Fit - A

PM:

2:30 Dice Games with Jill - A

6:00 Scenic Drive DVD - A

Thursday, May 2

AM:

10:00 Baking with Jill – A

PM:

2:15 Open Gym – FC

3:00 Snack-N-Chat - A

6:00 Puzzles – A

Friday, May 3

AM:

10:15 Chapel with Pastor Chuck - A

10:45 Chair Exercise - A

PM:

2:30 Cinco de Mayo Celebration with Jill

6:30 Wheel of Fortune Ch 4 – A

Saturday, May 4

AM:

10:00 Large Puzzles - A

PM:

3:00 Snack-N-Chat - A

6:00 Saturday Movie Night – A

Sunday, May 5

AM:

10:00 Reading The Sunday paper – A

PM:

3:00 Snack-N-Chat - A

6:00 Catholic Mass

EWTN Channel 291 – A

Monday, May 6

AM:

11:15 Sit-To-be -Fit – A

PM:

1:00 Bingo – AD

3:00 Snack-N-Chat - A

6:00 Music Through Life - A

Tuesday, May 7

AM:

10:00 Catholic Service– C

10:00 One on One visits with Jill - A

PM:

2:15 Yoga In the Conservatory - CON

2:45 Snack-N-Chat with Jill - CON

6:00 Balloon Volleyball - A

Wednesday, May 8

10:00 Manicures with Jill – A

11:15 Sit to Be Fit – A

PM:

2:30 Creative Writing with Jill – A

6:30 Wheel of Fortune Ch 4

Thursday, May 9

AM:

10:00 library visits with Jill - A

PM:

2:15 Open Gym – FC

3:00 Snack-N-Chat - A

6:00 Susie Sing Along - A

Friday, May 10

AM:

10:15 Chapel with Pastor Chuck - A

10:45 Chair Exercise - A

PM:

6:30 Wheel of Fortune Ch 4 – A

Saturday, May 11

AM:

10:00 Color Pencil Drawing – A

PM:

3:00 Snack-N-Chat - A

6:00 Saturday Movie Night – A

Sunday, May 12

AM:

10:00 Reading the Sunday paper – A

PM:

3:00 Snack-N-Chat - A

6:00 Catholic Mass

EWTN Channel 291 – A

Monday, May 13

AM:

11:15 Sit-To-Be Fit – A

PM:

1:00 Bingo – canceled

2:00 Entertainment:

Woman’s Day Celebration - AD

3:00 Snack-N-Chat - A

6:30 Entertainment:

Piano Concert with

Don Irwin - AD

Tuesday, May 14

AM:

10:00 Catholic Service – C

10:00 One on One visit with Jill

PM:

**1:00 Outing to Perkins for Pie
with Jill - A**

6:00 Balloon Volleyball - A

Wednesday, May 15

AM:

10:00 Water Painting Class with Jill - A

11:15 Sit to Be Fit - A

PM:

2:30 History of Jeno’s Pizza
with Jill - A

6:30 Wheel of Fortune Ch 4

Thursday, May 16

AM:

10:00 Library Visits with Jill - A

PM:

2:15 Open Gym – FC

3:00 Snack-N-Chat - A

6:00 Susie Sing Along - A

Friday, May 17

AM:

10:15 Chapel with Pastor Chuck - A

10:45 Chair Exercise - A

PM:

3:30 Snack-N-Chat - A

6:30 Wheel of Fortune Ch 4 – A

Saturday, May 18

AM:

10:00 Color Pencil Drawing – A

PM:

1:30 Entertainment: Cloudberries

Women Swedish Choir Concert - AD

3:00 Snack-N-Chat - A

6:00 Saturday Movie Night – A

Sunday, May 19

AM:

10:00 Reading the Sunday paper – A

PM:

3:00 Snack-N-Chat - A

6:00 Catholic Mass

EWTN Channel 291 – A

Monday, May 20

AM:

11:15 Sit-To-Be Fit – A

PM:

1:00 Bingo – Canceled

2:00 Entertainment:

Waverly Gardens Sawdustier

Spring Concert - AD

3:00 Snack-N-Chat - A

6:00 Puzzles - A

Tuesday, May 21

AM:

10:00 Catholic Service – C

10:00 One on One visits with Jill

PM:

2:15 Yoga In The Conservatory – CON

2:45 Snack-N-Chat with Jill - CON

6:00 Balloon Volleyball - A

Wednesday, May 22

AM:

10:00 Conservatory Visits with Jill - A

11:15 Sit To Be Fit - A

PM:

2:30 Planting Dining Room Patio

Pots with Jill with Jill- A

6:30 Wheel of Fortune Ch 4

Thursday, May 23

AM:

10:00 Manicures with Jill - A

PM:

2:15 Open Gym - A

3:00 Snack-N-Chat - A

6:00 Susie Sing Along - A

Friday, May 24

AM:

10:15 Chapel with Pastor Chuck - A

10:45 Chair Exercise - A

PM:

2:00 Memorial Day Service - A

3:00 Snack-N-Chat - A

6:30 Wheel of Fortune Ch 4 – A

Saturday, May 25

10:00 Color Pencil Drawing – A
PM:
3:00 Snack-N-Chat - A
6:00 Saturday Movie Night – A

Sunday, May 26

AM:
10:00 Reading the Sunday paper – A
PM:
3:00 Snack-N-Chat - A
6:00 Catholic Mass
EWTN Channel 291 – A

Monday, May 27

HAPPY MEMORIAL DAY

Wellness and Life Enrichment
Closed for the holiday

AM:
10:00 Movie of Choose - A
PM:
1:00 Bingo – Canceled
3:00 Snack-N-Chat - A
6:00 Puzzles - A

Tuesday, May 28

AM:
10:00 Catholic Service – C
10:00 One on One visits with Jill
PM:
2:15 Yoga In The Conservatory - CON
2:45 Snack-N-Chat with Jill - CON
6:00 Balloon Volleyball - A

Wednesday, May 29

AM:
10:00 Large Puzzle with Jill - A
11:15 Sit to Be Fit - A
PM:
2:30 Planting Rotunda Patio
Pots with Jill- A
6:30 Wheel of Fortune Ch 4

Thursday, May 30

AM:
10:00 Ceramic Pot Painting with Jill - A
PM:
**2:00 Entertainment: Waverly Gardens
Senior Prom 2024**
(see highlights for details) - AD
6:00 Susie Sing Along - A

Friday, May 31

AM:
10:15 Chapel with Pastor Chuck - A
10:45 Chair Exercise - A
PM:
3:30 Snack-N-Chat - A
6:30 Wheel of Fortune Ch 4 – A

Activity Descriptions:

Remember to use Channel 992 and 991 on your TV to check and watch the activities and events happening throughout the day. **Channel 992** broadcasts the schedule of daily activities and events. **Channel 991** is where to watch Virtual Chair Exercise classes and other programs when posted.

Auditorium (Ground Level)	G=Gallery (Next to conservatory)
AR=Commons Activity Room (2nd Floor)	GC= Garden Court Dining (Across from Dining Room)
B= Bistro	HCR= Hearth Community Room (first floor)
C= Chapel (Ground Level)	L= Library (First Floor)
CL= Club Room (Across from Library)	T= Movie Theatre (Ground Level)
CON= Conservatory	NG=North Gables (Ground Level)
FL-Front Lobby	R = Rotunda (Ground Level)
FC= Fitness Center (Ground Level)	RG=Rose Garden
FP= Front Patio	
CH991=in-house Virtual Channel-991	

Any question please contact Jill Hanson at *4061 Programs are subject to change and cancellation.