

# July 2024 Terrace and Mews Life Enrichment Calendar

Daily Activities and Events are also displayed on Channel 992

## Monday, July 1

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00-11:00 Open Swim-P  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength-FC  
1:00 Cribbage-G  
1:00-2:00 Bingo-AD  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 Bible Study with Pastor Chuck- AD  
6:00 Open Knitting-B

## Tuesday, July 2

8:15-9:00 Gentle Yoga-FC  
9:00-10:00 Open Gym-FC  
9:00-9:45 Open Swim-P  
9:00 Virtual Chair Exercises-CH 991  
10:00 Catholic Service and Rosary-C  
10:00-10:30 Balance and Stretch-FC  
10:00-10:45 Aquatic Stretch-P  
10:00 NEWTRAX Transportation-FL (See highlights for more details)  
11:00-11:30 Chair Stretch-FC  
11:00-12:00 Open Swim-P  
1:00-2:00 Open Swim-P  
2:00 Scheduled Stops-FL  
2:00-3:00 Open Gym-FC  
4:00-5:00 First Floor Terrace Social-CL  
4:00-5:00 Mews 400 Bldg. Social  
**6:30 Movie: A few Good Men** 1992 R 2h  
18m Thriller/Action Subtitles Cast: Tom Cruise, Demi Moore, Jack Nicholson - T

## Wednesday, July 3

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00 Virtual Chair Exercises-CH 991  
10:00-11:00 Open Swim-P  
11:00-11:30 Chair Strength-FC  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
**2:00 Chapel Service - C**  
4:00-5:00 Mews 325 Bldg. Social

## Thursday, July 4

Happy 4<sup>th</sup> of July!!

**Note Time-1:00 Movie: Sabrina** 1954 PG  
1h 53m Romance/Comedy Subtitles Cast:  
Audrey Hepburn, William Holden,  
Humphrey Bogart -T

## Friday, July 5

8:00-9:00 Open Swim-P  
9:00-9:45 Aquatic Aerobics-P  
9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
10:00-10:30 Balance and Strength-AD  
10:00-11:00 Open Swim-P  
10:30 Scheduled Stops-FL  
11:00-11:30 Chair Strength-FC  
11:00 Prayer Group-**Canceled**  
1:00 "500" Cards-G  
**1:00-3:00 Social Bridge-CL**  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
**2:00 MahJong-2<sup>nd</sup> Floor Terrace Lounge**  
(See highlights for more details)  
3:30 Writers Group-Terrace 3<sup>rd</sup> Floor  
Lounge (See highlights for more details)

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## **Saturday, July 6**

10:00 Virtual Chair Exercises-CH991  
1:00 "500" Cards-G

## **Sunday, July 7**

4:00 Chapel Service-C

## **Monday, July 8**

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00-11:00 Open Swim-P  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength-FC  
1:00 Cribbage-G  
1:00-2:00 Bingo-AD  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 Bible Study with Pastor Chuck-C  
6:00 Open Knitting-B  
6:00 Edward Jones Perspectives-CL

## **Tuesday, July 9**

8:15-9:00 Gentle Yoga-FC  
9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
9:00-9:45 Open Swim-P  
10:00 NEWTRAX Transportation-FL  
10:00 Catholic Service and Rosary-C  
10:00-10:30 Balance and Stretch-FC  
10:00-10:45 Aquatic Stretch-P  
11:00-12:00 Open Swim-P  
11:00-11:30 Chair Stretch-FC  
1:00-2:00 Open Swim-P  
2:00-3:00 Open Gym-FC  
2:00 Scheduled Stops-FL  
**2:00-3:00 Trishaw Ride**-Door A (see highlights for more information)  
2:30 Lutheran Communion and Service  
Sponsored by Incarnation Church-C  
4:00-5:00 Mews 400 Bldg. Social  
4:30-5:30 Third Floor Terrace Social  
**6:30 Movie: The Bucket List** 2007 PG-13  
1h 37mAdventure Subtitles Jack Nicholson,  
Morgan Freeman -T

## **Wednesday, July 10**

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00 Virtual Chair Exercises-CH 991  
10:00-11:00 Open Swim-P  
11:00-11:30 Chair Stretch-FC  
1:00 Food Meeting-G  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 Chapel Service with Pastor Chuck-C  
4:00-5:00 Mews 325 Bldg. Social  
**6:30 Entertainment – Pop Standard social Club-** (see highlights for more details)-RG

# **July 2024 Terrace and Mews Life Enrichment Calendar**

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## **Thursday, July 11**

8:15-9:00 Gentle Yoga-FC  
9:00-9:45 Open Swim-P  
9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH  
10:00-10:30 Balance and Stretch-FC  
10:00-10:45 Aquatic Stretch-P  
11:00-11:30 Chair Stretch-FC  
11:00-12:00 Open Swim-P  
1:00 Bridge-3<sup>rd</sup> Floor Terrace  
1:00-2:00 Open Swim-P  
**1:00 Showing of Shadowlands-T** (See highlights for more details)  
1:15-1:45 Boxing Blast-FC  
2:00-3:00 Open Gym-FC  
4:00-5:00 Mews 525 Bldg. Social  
**6:30 Movie: On the Basis of Sex** 2018 TV-MA 2h Drama based on real life. Subtitles  
Cast: Felicity Jones, Armie Hammer, Sam Waterston – T

## **Friday, July 12**

8:00-9:00 Open Swim-P  
9:00-9:45 Aquatic Aerobics-P  
9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
10:00-10:30 Balance and Strength-AD  
10:00-11:00 Open Swim-P  
10:30 Scheduled Stops-FL  
11:00 Prayer Group-G  
11:00 Welcome Committee-CL  
11:00-11:30 Chair Strength-FC  
1:00 “500” Cards-G  
**1:00-3:00 Social Bridge-CL**  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 MahJong-2<sup>nd</sup> Floor Terrace Lounge  
(See highlights for more details)

## **Saturday, July 13**

**9:00-12:00 Family Swim-P** (See highlights for more details)  
10:00 Virtual Chair Exercises-CH991  
1:00 “500” Cards-G

## **Sunday, July 14**

4:00 Sunday Chapel Service-C

## **Monday, July 15**

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00-11:00 Open Swim-P  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength-FC  
1:00 Cribbage-G  
1:00-2:00 Bingo-AD  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 Bible Study-C  
6:00 Open Knitting-B

## **July 2024 Terrace and Mews Life Enrichment Calendar**

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### **Tuesday, July 16**

8:15-9:00 Gentle Yoga-FC  
9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
9:00-9:45 Open Swim-P  
10:00 NEWTRAX Transportation-FL  
10:00 Catholic Service and Rosary-C  
10:00-10:30 Balance and Stretch-FC  
10:00-10:45 Aquatic Stretch-P  
11:00-12:00 Open Swim-P  
11:00-11:30 Chair Stretch- FC  
1:00-2:00 Open Swim-P  
2:00-3:00 Open Gym-FC  
2:00 Scheduled Stops-FL  
3:00-4:00 Resident Council all Campus-AD  
4:00-5:00 Mews 400 Bldg. Social  
4:00-5:00 Second Floor Terrace Social  
**6:30 Movie: The Wedding Planners 2001**  
PG-13 1h 43m Romantic Comedy Subtitles.  
Cast: Jennifer Lopez, Matthew  
McConaughey -T

### **Wednesday, July 17**

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00 Virtual Chair Exercises-CH 991  
10:00-11:00 Open Swim-P  
11:00-11:30 Chair Stretch-FC  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 Chapel Service with Pastor Chuck-C  
4:00-5:00 Mews 325 Bldg. Social

### **Thursday, July 18**

8:15-9:00 Gentle Yoga-FC  
9:00-9:45 Open Swim-P  
9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH  
10:00-10:30 Balance and Stretch-FC  
10:00-10:45 Aquatic Stretch-P  
11:00-11:30 Chair Stretch-FC  
11:00-12:00 Open Swim-P  
1:00 Bridge-3<sup>rd</sup> Floor Terrace  
1:00-2:00 Open Swim-P  
1:15-1:45 Boxing Blast-FC  
**2:00 Entertainment: Tom Paquin** (see highlighted area for more information)-RP.  
2:00-3:00 Open Gym-FC  
4:00-5:00 Mews 525 Bldg. Social  
**6:30 Movie: We Bought a Zoo 2011 PG-13**  
2h 4m Family/Comedy Subtitles Cast: Matt Damon, Colin Ford, Maggie Elizabeth Jones, Scarlett Johansson –T

### **Friday, July 19**

8:00-9:00 Open Swim-P  
9:00-9:45 Aquatic Aerobics-P  
9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
10:00-10:30 Balance and Strength-AD  
10:00-11:00 Open Swim-P  
10:30 Scheduled Stops-FL  
11:00 Prayer Group-G  
11:00-11:30 Chair Strength-FC  
1:00 “500” Cards-G  
**1:00-3:00 Social Bridge-CL** (See highlights for more details)  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 MahJong-2<sup>nd</sup> Floor Terrace Lounge  
3:30 Writers Group-Terrace 3<sup>rd</sup> Floor Lounge (See highlights for more details)

# **July 2024 Terrace and Mews Life Enrichment Calendar**

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## **Saturday, July 20**

10:00 Virtual Chair Exercises-CH991  
1:00 "500" Cards-G

**Sunday, July 21** 14:00 Sunday Chapel  
Service-C

## **Monday, July 22**

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-11:00 Open Swim-P  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength-FC  
1:00 Cribbage-G  
1:00-2:00 Bingo-AD  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 Bible Study-C  
6:00 Open Knitting-B

## **Tuesday, July 23**

8:15-9:00 Gentle Yoga-FC  
9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
9:00-9:45 Open Swim-P  
10:00 NEWTRAX Transportation-FL  
10:00 Catholic Service and Rosary-C  
10:00-10:30 Balance and Stretch-FC  
10:00-10:45 Aquatic Stretch-P  
11:00-12:00 Open Swim-P  
11:00-11:30 Chair Stretch- FC  
1:00-2:00 Open Swim-P  
1:15-1:45 Advanced Balance-Canceled  
2:00-3:00 Open Gym-FC  
2:00 Scheduled Stops-FL  
4:00-5:00 Mews 400 Bldg. Social  
**6:30 Movie: Ocean's Eleven** 2001 PG-13  
1h 56m Crime/Comedy Subtitles Cast:  
George Clooney, Julia Roberts, Matt  
Damon, Brad Pitt -T

## **Wednesday, July 24**

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00 Virtual Chair Exercises-CH 991  
10:00-11:00 Open Swim-P  
11:00-11:30 Chair Stretch-FC  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
**2:00 Chapel Service with Pastor Chuck-C**  
Note time-**3:00 Entertainment- Mark &  
Lisa Flora- RP** (see highlights for more  
information)  
4:00-5:00 Mews 325 Bldg. Social

## **Thursday, July 25**

8:15-9:00 Gentle Yoga-FC  
9:00-9:45 Open Swim-P  
9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH  
10:00-10:45 Aquatic Stretch-P  
10:00-10:30 Balance and Stretch-FC  
11:00-11:30 Chair Stretch-FC  
11:00-12:00 Open Swim-P  
1:00 Bridge-3<sup>rd</sup> Floor Terrace  
1:00-2:00 Open Swim-P  
**1:15-1:45 Tai Chi Class-FC**  
2:00-3:00 Open Gym-FC  
4:00-5:00 Mews 525 Bldg. Social  
**6:30 Movie: The Queen** 2006 PG-13 1h  
43m Documentary/Drama Subtitles Cast:  
Helen Mirren, Michael Sheen, James  
Cromwell Lex Jennings-T

# July 2024 Terrace and Mews Life Enrichment Calendar

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## Friday, July 26

8:00-9:00 Open Swim-P  
9:00-9:45 Aquatic Aerobics-P  
9:00-10:00 Open Gym-FC  
10:00 Virtual Chair Exercises-CH 991  
10:00-11:00 Open Swim-P  
10:00-10:30 Balance and Strength-AD  
10:30 Scheduled Stops-FL  
11:00 Prayer Group-G  
11:00-11:30 Chair Strength-FC  
1:00 "500" Cards-G  
**1:00-3:00 Social Bridge-CL** (See highlights for more details)  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 MahJong-2<sup>nd</sup> Floor Terrace Lounge  
**5:00 Summer Olympics** Ceremony NBC

## Saturday, July 27

10:00 Virtual Chair Exercises-CH991  
1:00 "500" Cards-G

## Sunday, July 28

4:00 Sunday Chapel Service-C

## Monday, July 29

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-11:00 Open Swim-P  
10:00 Virtual Chair Exercises-CH 991  
11:00-11:30 Chair Strength-FC  
1:00 Cribbage-G  
1:00-2:00 Bingo-AD  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
2:00 Bible Study-C  
**2:00 Entertainment: Loose Change**  
**Barbershop Quartet- RP** (see highlights for more information)  
6:00 Open Knitting-B

## Tuesday, July 30

8:15-9:00 Gentle Yoga-FC  
9:00-10:00 Open Gym-FC  
9:00 Virtual Chair Exercises-CH 991  
9:00-9:45 Open Swim-P  
10:00 NEWTRAX Transportation-FL  
10:00 Catholic Service and Rosary-C  
10:00-10:30 Balance and Stretch-FC  
10:00-10:45 Aquatic Stretch-P  
11:00-12:00 Open Swim-P  
11:00-11:30 Chair Stretch- FC  
1:00-2:00 Open Swim-P  
2:00-3:00 Open Gym-FC  
2:00 Scheduled Stops-FL  
4:00-5:00 Mews 400 Bldg. Social  
**6:30 Movie: Oklahoma** 1955 G 2h 25m  
Musical/Western No Subtitles Cast: Gordon MacRae, Shirley Jones, Rod Steiger, Gloria Grahame, Gene Nelson, Eddie Albert - T

## Wednesday, July 31

8:00-9:00 Open Swim-P  
9:00-10:00 Open Gym-FC  
9:00-9:45 Aquatic Aerobics-P  
10:00-10:30 Balance and Strength-AD  
10:00 Virtual Chair Exercises-CH 991  
10:00-11:00 Open Swim-P  
11:00-11:30 Chair Stretch-FC  
1:00 Food Meeting-G  
1:15-2:15 Strength and Cardio-FC  
2:00-3:00 Open Gym-FC  
**2:00 Chapel Service with Pastor Chuck-C**  
4:00-5:00 Mews 325 Bldg. Social

## **July 2024 Terrace and Mews Life Enrichment Calendar**

Daily Activities and Events are also displayed on Channel 992

### **HIGHLIGHTS**

**Movies:** Tuesdays and Thursdays 6:30pm

**Thursday July 4, special time 1:00pm** -Theatre

CC-Closed Caption

**Mondays 1:00 Bingo** Please come and join us for live bingo in the auditorium.

No bingo on Monday, July 29 due to entertainment. Auditorium

**Scheduled Stops Tuesdays at 2:00pm and Fridays at 10:30am** Tuesdays they go to Cub and Fridays they go anywhere within a 10-mile radius from Waverly Gardens. The other option is to use NewTrax Transportation. Sign-up at the Front Desk. Any questions call Julie 651-765-4062

**Tuesday, July 2, 9, 16, 23 and 30 at 10:00am NewTrax Transportation** is a program supported by MN. Department of Human Services. Our bus loop is called Shoreview-Arden Hills-North Oaks area Loop.

This wheelchair accessible bus will pick up first at Waverly Gardens at 10:00am and the process to other senior communities. Then drop off residents at local destinations on the route. Destinations include Walgreens-HWY 96, Van Hason's, Kowalski's, HealthPartners, Trader Joe's, YMCA, Cub Foods and other stops along the route may be requested. Once you are picked up, let the driver know which stop you wish to visit. You will have approximately 1 hour at your destination once you are dropped off. Your driver will communicate about what time they will return for your ride home. For more information contact Julie Williams \*4062 or NewTrax 651-846-9302

**Friday, July 5, 12, 19 and 26, 2:00-4:00 MahJong**

MahJong is a resident-led game. The group is looking for players who have already played. But they are willing to teach if you are willing to learn. Contact Julie with questions or if you want to play. \*4062 or 651-765-4062

**Mahjong** or mah-jongg is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century. It is commonly played by four players. 2<sup>nd</sup> Floor Terrace

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### **HIGHLIGHTS**

**Friday, July 5, 12, 19 and 26, 1:00pm-3:00pm Social Bridge** Please join us for a fun and social time of Bridge! Open to Bridge players of all skill levels. Meeting every Friday. For questions contact Julie Williams 651-765-4062. Club Room

**Tuesdays, July 9 and 23 2:00-3:00 Trishaw Ride-** Come join us for a ride around our campus with trained staff. Enjoy the fresh air while riding in the front of our Trishaw bike. Everyone needs to sign a Liability Waiver prior to the bike ride, and we will have them on hand. Front Patio/Door A

**Wednesday, July 10, 6:30-7:30 Entertainment: The Pop Standards Social club quartet** includes Charles Kemper on keys and vocals, (PHD in piano performance, and organist at Calvary Church in Roseville), Rich Manik on sax (Masters in Music Ed and performance, and performs in several professional shows in our 5 state area, including the Chanhassen, Dakota Club, and Crooners), Kathi LaValle on sax, (sax player in several groups for 55 years), and drummer, Joe Steinger, (an original member of the Café Accordion Orchestra for 25 years, touring Vienna, Austria, and playing at Lincoln Center in New York.) Rose Garden

**Thursday, July 11, 1:00 Shadowlands** Showing of Shadowlands as a conclusion of the Grief Observed Book Club. Everyone Welcome. Theater

**Saturday, July 13, 9:00-12:00 Family Swim** Family Swim will be held every second Saturday of the month. No reservations required. A lifeguard will be duty. If you have any questions, contact the Wellness Center at 651-765-4060-Pool.

**Thursday, July 18, 2:00pm Entertainment: Tom Paquin** Guitar and Voice-Auditorium

**Wednesday, July 24, 3:00pm (Note Time) Entertainment: Mark and Lisa Flora** The Floras are a husband & wife singing duo with decades of performing experience. The constant call of Gospel and Americana music has brought them into a rewarding life of singing for a living. The Floras have performed at many state fairs, county fairs, theaters, churches, city events, private parties, assisted/senior living centers and funerals. They enjoy it all. Rotunda Patio



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### **HIGHLIGHTS**

**Thursday, July 25, 11:00am-12:00pm Virtual Talk by Jessica Payne The Science of Sleep and Stress OVERVIEW** | What's going on in your head while you sleep? If you ever thought sleep was just downtime between one task and the next, think again. The fact is, your brain pulls an all-nighter when you hit the hay. Many regions of the brain – especially those involved in learning, processing information, and emotion – are actually more active during sleep than when you're awake. Professor Payne's research has focused on what types of information are submitted to memory, and has been instrumental in better understanding how the brain stores the information. **ABOUT THE PRESENTER** | Jessica Payne is the Nancy O'Neill Collegiate Chair and Professor of Psychology at the University of Notre Dame, where she directs the Sleep, Stress, and Memory Lab. Her course, The Sleeping Brain, routinely sports a waitlist because of its immense popularity among Notre Dame students. In 2012, Professor Payne received the Frank O'Malley Undergraduate Teaching Award. She is also a two-time recipient of the Distinction in Teaching Award and won the Award for Teaching Excellence at Harvard University's Derek Bok Center. Theater

**Monday, July 29, 2:00 Entertainment: Loose Change-Barbershop Quartet** Lou Gottwalt (is a Resident in the Terrace), Keith, Tony and Grant will sing many old favorites like Goodbye My Coney Island Baby, Lazy River, and Caroline. Rotunda Patio

### **Wednesday, July 31 only this month, 3:00pm Readers Theater**

No Memorization-No Prior Experience! Join us for sessions of laughter and fun. Drama can be easy, fun, and entertaining. This class will spark your creativity and fulfill your life! Led by Terrace resident, Lynne Newbauer. Previously, assistant director of the Oro Valley Community Theatre, and director of the SCOV Theatre in Arizona. Call Lynne with questions \*6588. Second Floor Terrace Lounge

**Looking for Residents** interested in sharing their expertise on a subject of choice. Presentations – with or without slide show - should be 45minutes to an hour. Contact Julie (\*4062) 651-765-4062.

# **July 2024 Terrace and Mews Life Enrichment Calendar**

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## **Activity Descriptions:**

Remember to use Channel 992 and 991 on your TV to check and watch the activities and events happening throughout the day. **Channel 992** broadcasts the schedule of daily activities and events. **Channel 991** is where to watch the activities and events including some entertainment, exercise classes and religious programs.

**\*Movie Picks:** If you like to be involved with the movie selections we show on campus, please contact Julie \*4062, Suggestions are taken at any time.

**\*For descriptions on our wellness classes, please see the Wellness Center Calendar Located at the Reception Desk or the Wellness Center.**

## **Room Codes:**

AD= Auditorium (Ground Level)

AR= Commons Activity Room (2nd Floor)

B= Bistro

C= Chapel (Ground Level)

CL= Club Room (Across from Library)

CON= Conservatory

FL= Front Lobby

FC= Fitness Center (Ground Level)

FP= Front Patio

CH991= in-house Virtual Channel-991

G= Gallery (Next to conservatory)

GC= Garden Court Dining (Across from Dining Room)

HCR= Hearth Community Room (first floor)

L= Library (First Floor)

T= Movie Theatre (Ground Level)

NG= North Gables (Ground Level)

R= Rotunda (Ground Level)

RG= Rose Garden

RP= Rotunda Patio

**Any questions about this calendar please call Julie Williams, Life Enrichment Director at \*4062.**

**\*Programs are subject to change and cancellation.**