

Folkestone The Hearth Enhanced Assisted Living



Welcome to Folkestone

When a high level of around-the-clock continuous nursing care is essential, choose The Hearth enhanced assisted living.

Enjoy the Hearth's intimate neighborhood and home atmosphere coupled with the support of Liberty Personally Designed Living™, a new approach to care that gives you the freedom to shape your daily life as you desire.

Included Amenities

- · Three daily meals plus snacks
- Weekly light housekeeping and linen change
- · Laundry facilities
- Wings® wellness intellectually stimulating programs, spiritual care services, group fitness classes, fitness center with pool, volunteer opportunities
- Designated complimentary transportation to shopping and outings
- Urgent call system

• 24 hour on-site Resident Assistant staffing

 Utilities (heat, electric, central air conditioning, water, sewer and trash)

Campus information channel

Open public Wi-Fi

Telephone service

• Basic cable television service

 Priority access to other Presbyterian Homes & Services living and care options based on availability

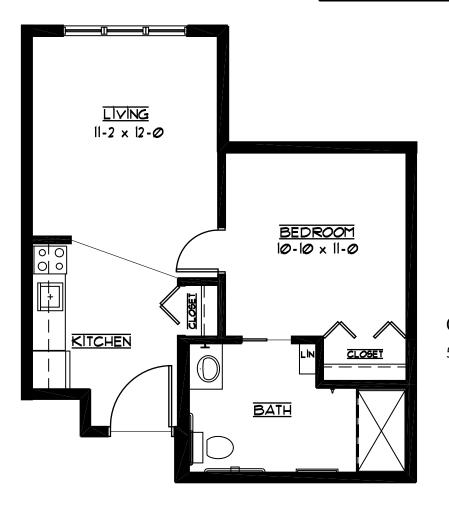
Smoke-free community

Other Conveniences

Additional fees may apply

- Pharmacy delivery
- Coordination of specialized nursing and therapy visits (physical, speech and occupational)
- · Massage therapy
- · Special diets
- Diabetic program
- Assistance with arranging transportation to medical and social service appointments
- Assistance with accessing community resources and social services
- Access to designated
 Physician or Nurse Practitioner for on-site services
- Additional home care and hospice services available through Optage®
- Additional loads of laundry (3 per week included)
- Guest suite
- Guest dining
- Second occupant, \$1,000 plus personal care
- Outpatient therapy physical, occupational and speech therapy

Studio 475 Sq. Ft.

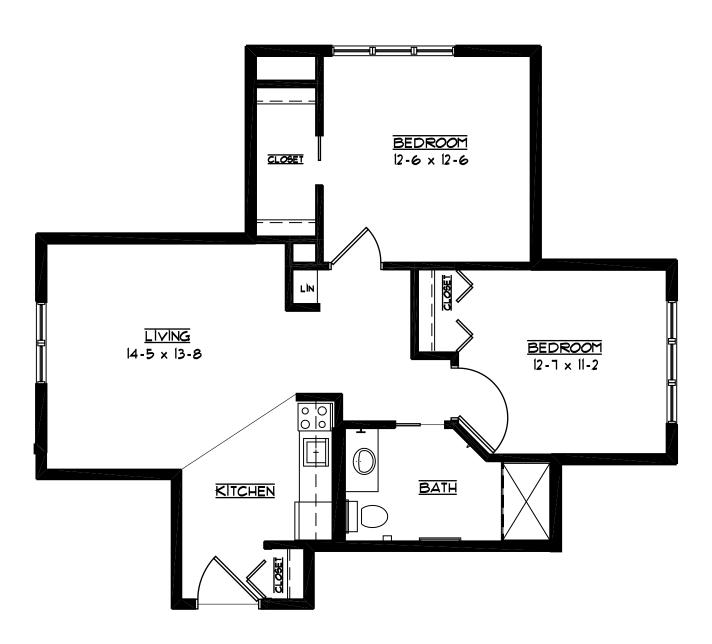


One Bedroom 520 Sq. Ft.

One Bedroom 925 Sq. Ft. BEDROOM 18-10 x 15-6 <u>BATH</u> LÌN <u>LIVING</u> 20-10 x 13-8 KITCHEN <u>CLOSET</u>

Two Bedroom

875 Sq. Ft.



Assisted Living Service Fees

Enjoy the comfort and convenience of services provided around-the-clock in The Hearth neighborhood.

In addition to the monthly rental fee, a monthly assisted living services fee is required based on the amount of care provided.

A nurse will meet with you to complete an initial assessment and make a recommendation of services that could be provided to meet your needs. The services provided will correspond to one of three package levels. These are summarized below with examples of services offered at each level. To view the care assessment, scan the QR code or visit FolkestonePHS.org and click on "Resident Documents."

Personal Care Level I: \$5,285/month

- Prompts and reminders for grooming (no physical assistance)
- Standard bathroom assistance (1–6 times daily)
- Shower assistance (1–3 times weekly; no hands-on assistance)
- Dining assistance for snacks, beverages, and light breakfast meals
- Simple medication management, providing set-up and administration (1–4 times daily); does not include injections

Personal Care Level II: \$5,720/month

- Simple or standard dressing and grooming assistance (no transfer assistance)
- Extensive bathroom assistance (7+ times daily)
- Shower assistance (4–5 times weekly; 1-person assist)
- Dining assistance with plate set up and preparation to eat
- Catheter/colostomy assistance (1–6 times daily)
- Oxygen management
- Medication management and administration (5–6 times daily); includes blood sugar monitoring but not including injections
- 1-person transfers
- Tube feeding

Personal Care Level III: \$6,155/month

- Extensive dressing and grooming assistance (including transfer assistance)
- Extensive bathroom assistance (7+ times daily; 2-person assist)
- Shower assistance (6+ times weekly; with or without lift)
- Dining assistance including plate set up and observation, cueing to eat and feeding
- Catheter/colostomy assistance (7+ times daily)

- · Oxygen management
- Medication management and administration (7+ times daily); includes blood sugar monitoring, insulin injections, and sliding scale management
- Complex or frequent behavior redirection
- Mechanical lift transfers

Included in Your Assisted Living Service Fees:

- Initial and ongoing nursing assessment
- Nurse available 24 hours a day/7 days a week
- Nurse liaison with health care professionals
- · Nurse scheduling of lab draws
- Nurse maintaining clinical record information
- Laundry (up to 3 loads per week)
- · Escort to meals and activities
- Assistance with ted hose, ace wraps or Velcro leg wraps
- Daily reassurance check

At Folkestone, we know each individual is just that—an individual. And our services reflect that philosophy. Select from a broad range of options depending on your personal preferences. It's all based on the principle of choice.

And the choice is yours.

Monthly Rental Fee

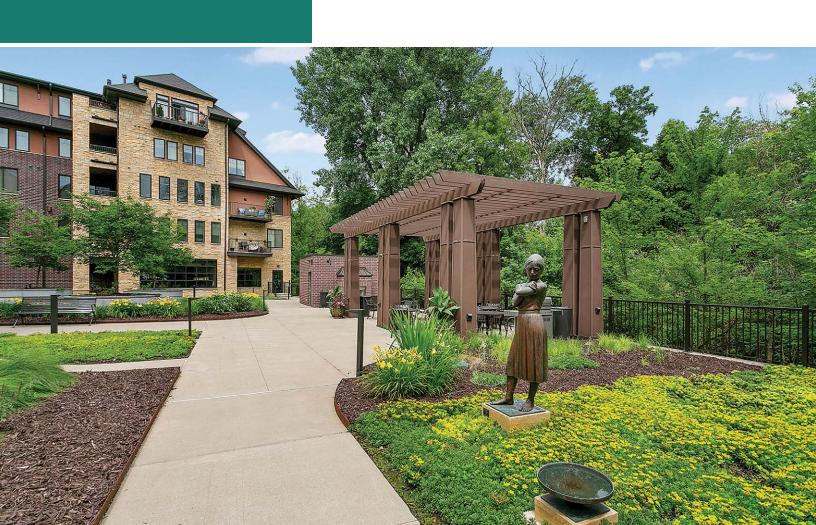
Apartment	Sq. Ft.	Rate
Studio	470–495	\$5,495
One Bedroom	520-925	\$5,700-\$6,785
Two Bedroom	875	\$7,000

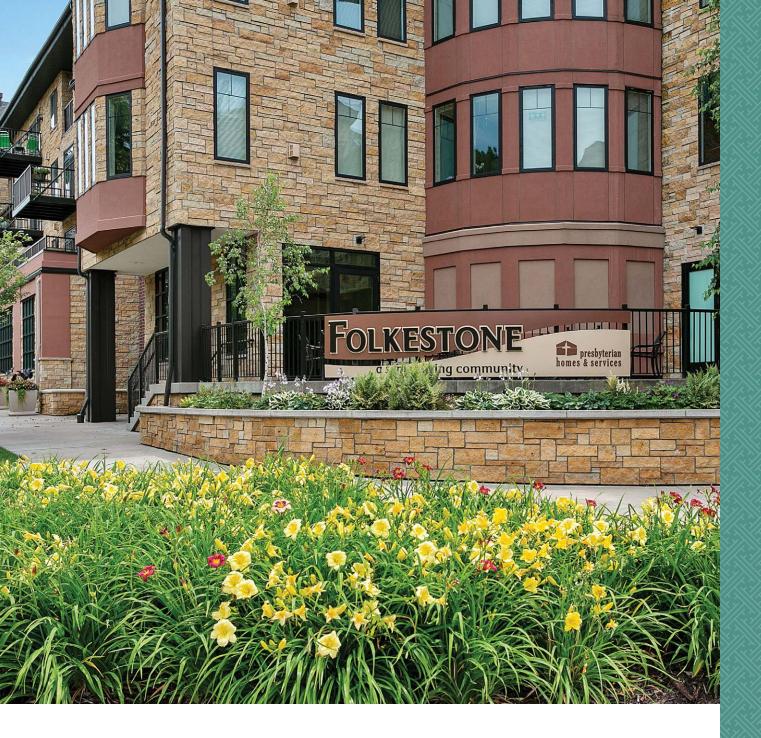
Pricing subject to change. Residency agreement available upon request.

Total Monthly Fees

Apartment Selection	\$
Personal Care (Required)	\$
Estimated Total	\$

This estimate is offered for planning purposes only. Other charges may apply.





952-249-2400

100 Promenade Avenue Wayzata, MN 55391

FolkestonePHS.org

Due to COVID-19 or other future circumstance, some features may be temporarily unavailable or offered in a different way. We anticipate features will become available in original form once it is prudent to do so. Presbyterian Homes & Services (PHS) communities comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

PresHomes.org

Español (Spanish): Llame al 1-844-558-6125 Hmoob (Hmong): Hu rau 1-844-558-6125 Tagalog (Filipino): Tumawag sa 1-844-558-6125

Living Options

- Beautifully-appointed senior apartments
- Relaxing, thoughtfully-designed assisted living apartments
- Welcoming enhanced assisted living apartments
- Private, nurturing assisted living memory care residences
- Comfortable skilled care center personal suites



freedom to live well®