

A joint ministry of Mercy Medical Center and Presbyterian Homes & Services

# THE GABLES

Dorothy McGrath Care Center

## Welcome to HallMar Village

Imagine a place where residents receive quality care while exercising their freedom to decide what their "best day" includes.

At HallMar Village, each day here unfolds according to the resident's wishes, an innovative approach to care. Whether it be rising at their leisure and enjoying a late breakfast or spending an afternoon watching football on television accompanied by their favorite snacks, residents orchestrate the lifestyle of their design, celebrating their independence and dignity.

### Care Options

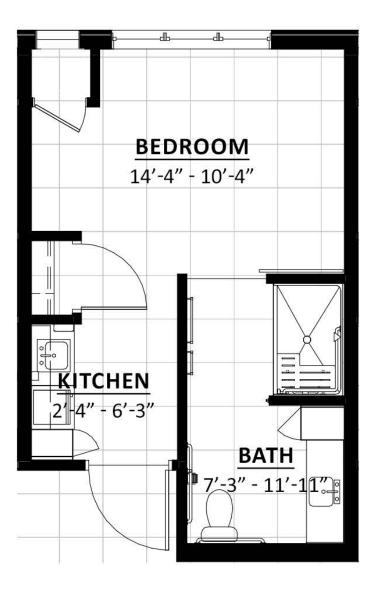
#### Long-Term Care

Recognizing the connection between mind, body and spirit, this community provides so much more than around-the-clock health care. Therapeutic recreation, exercise, music and spiritual activities are all an integral part of life here. Our specially trained on-site care team is here to meet your physical and/or cognitive needs, supported by the expertise of visiting professionals and the cheer and inspiration of devoted volunteers. Family involvement is welcomed and strongly encouraged.

#### Short-Stay Recovery (Skilled Nursing Care)

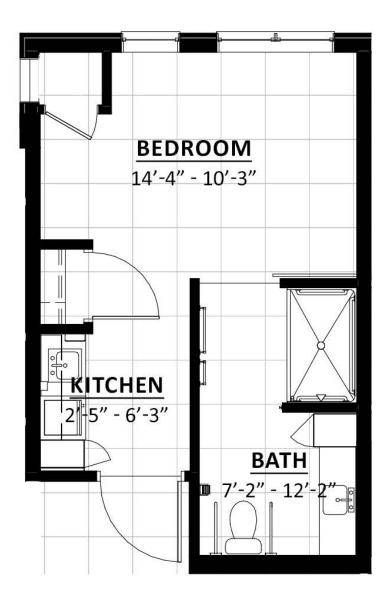
For those who are in transition from home or hospital, this is the place to heal and recover. Benefit from the experience of our clinical team within pleasant surroundings, while receiving services designed to relieve the stress of recovery and restore you to your full potential.

### Sample Floor Plans



#### NewBo

Private Suites 333 Sq. Ft.



#### Matsell

Private Suites 333 Sq. Ft.

### Find the Right Fit

The Gables provides a vibrant neighborhood setting where staff serve the unique needs of each individual with warmth and compassion. Stimulating activities and personalized care assure families their loved one has the opportunity to live life to the fullest.

### Included Amenities

- Furnished, private suite
- Private bath with roll-in shower
- Three daily meals and snacks (served in the family dining room)
- Flexible dining hours
- Light housekeeping and linen change
- Laundry service
- 24-hour nursing care
- Intellectually stimulating programs, spiritual care services, group fitness classes, fitness center, volunteer opportunities
- Basic cable television service
- Open public Wi-Fi
- Access to Village Center amenities and programs
- Direct access to the Chris & Suzy DeWolf Family Innovation Center for Aging & Dementia, which offers resources and support to families and individuals

### Other Conveniences

Additional fees may apply

- Physical, occupational and speech therapy
- Guest dining
- Access to designated Physician or Nurse Practitioner for on-site services

The look, feel and atmosphere of our 24-hour skilled nursing care is very different from the stereotypical image of "nursing homes" you might have in mind. It is important to note that The Gables is not a "nursing home," but rather a community of individuals who may need assistance in medication management, therapy services and activities of daily living.

### Care Plan Information

Thank you for considering The Gables Care Center at HallMar Village. Care plans are determined by the following criteria:

- How much physical help is needed
- Cognitive abilities
- Rehabilitation therapy
- Behavioral interventions
- Medical condition and skilled nursing requirements
- Diagnosis

We will be happy to assess individual needs and determine the appropriate care plan.

### Payment Options

- Medicare
- Various HMOs
- Private insurance
- Long-Term Care insurance
- Private funds



#### Trusted, experienced providers working together:

Mercy Medical Center is a nationally recognized health system, rooted in the community for more than 120 years. As a non-profit, faith-based organization, Mercy provides excellent preventive, acute, and post-acute care and expertise on aging and those living with dementia.

Presbyterian Homes & Services (PHS), based in St. Paul, Minnesota, is a non-profit, faith-based organization providing a broad array of high-quality housing choices, care and service options for older adults. Over 7,100 employees serve more than 26,000 older adults through over 59 PHS-affiliated senior living communities in Minnesota, Iowa and Wisconsin, and through home and community services. Established in 1955, PHS has earned the reputation as an innovative leader dedicated to promoting independence, vitality and well-being for those they serve.

HallMar Village residents have the benefit of direct access to the Chris & Suzy DeWolf Family Center for Aging & Dementia. This is available to HallMar residents and those living in Eastern Iowa. These services include the Mercy Center for Memory Health, the Family Caregivers Center, as well as an Age & Dementia Friendly Smart Show Room. The Show Room features kiosks where products and information are available to enhance the lives of older adults, and those living with dementia. The DeWolf Innovation Center is a place of continuing discovery with a goal to reframe aging and dementia. Residents at HallMar Village will be offered the opportunity to pilot the ideas, products and methods discovered at the Innovation Center.

#### Living Options

- Beautifully arranged senior apartments
- Relaxing, thoughtfully designed assisted living apartments
- Private, nurturing memory care apartments
- Comfortable skilled care center personal suites

319-200-3850

8900 C Avenue NE Cedar Rapids, IA 52302 HallMarVillagePHS.org



Equal housing opportunity. All faiths welcome. ©2023 HallMar Village