## Croixdale Arbor

if escorted by staff or scheduled volunteers.





## Recreation Calendar

Families are welcome to bring Arbor residents to all Croixdale events. Please see the calendar outside the Arbor doors for additional worship and entertainment etc.

Events outside of the Arbor are only listed on the Arbor calendar

**Activity Locations** 

1st Floor
CR-Community Room
1st Floor
GV- Grand View Dining
Garden Level

WB-Willow Bluff Dining
Garden Level

HC-Hobby Center
1st Floor

WC-Wellness Center
Garden Level

TV-Channel 991

A-Led by aides M-Led by Missy K-Led by Kelly C-Led by Chaplain V-Led by Volunteers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:00 V 6-5-4 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 6:00 A Netflix or YouTube	AM Catholic Communion 10:25 W Exercise with Wellness Staff 1:15 M Sing - Along 3:15 A Coffee Time 3:45 M Reminisce	9:00 M Morning Chat 9:30 C Worship Service with Communion 10:45 M Creative Storytelling 2:00 M Oreo the Therapy dog and Julie 3:15 A Coffee Time 3:45 M This & That 5:30 V Fun and Games with Diane	AM A Netflix or YouTube 10:45 M Active Game 2:00 M Various Card Games 3:00 V Piano Hymns with Beth 3:30 M Puzzling 5:15 M Resident's Choice Word Game	9:45 M Discussion Group 10:25 W Exercises with Wellness Staff 1:45 CR Sing Along with Jimmy Sylvester and his Concertina 3:15 A Coffee Time 3:45 M Resident's Choice Trivia	9:00 TV Fitness 10:30 TV Fitness 3:15 A Coffee Time 5:00 V Fun with Diane 6:00 A Netflix or YouTube
9:00 TV Fitness  AM A Netflix or YouTube 2:15 V Walking with Paula 3:15 A Coffee Time	11:00 M Bingo 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube	AM Catholic Communion 9:45 V Emmy the Therapy Dog and Nadine 10:25 W Exercise with Wellness Staff 1:15 M Sing - Along 2:00 CR Worship in Motion 3:15 A Coffee Time 3:45 M Reminisce	9:00 M Morning Chat 9:30 C Bible Study 10:45 M Creative Storytelling 2:00 M What in the World? 3:15 A Coffee Time 3:45 M This & That 5:30 V Fun and Games with Diane	AM A Netflix or YouTube 10:45 M Active Game 1:15 CR Live Music By Lon Newman 3:00 V Piano Hymns with Beth 3:30 M Puzzling 5:15 M Resident's Choice Word Game	9:45 M Discussion Group 10:25 W Exercises with Wellness Staff 1:00 A Movie: Mary Poppins 3:15 A Coffee Time 3:45 M Resident's Choice Trivia	9:00 TV Fitness 10:30 TV Fitness 3:15 A Coffee Time 5:00 V Fun with Diane 6:00 A Netflix or YouTube

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 TV Fitness  AM A Netflix or YouTube 2:15 V Walking with Paula 3:15 A Coffee Time	11:00 M Bunco 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube	AM Catholic Communion 9:45 M Morning Chat 10:25 W Exercise with Wellness Staff 1:45 GV Monthly Birthday Party with Live Music by Amy & Adams 2:30 GV Cake & Ice Cream 3:45 M Resident's Choice Reminisce	9:00 M Morning Chat 9:30 C Bible Study 10:45 M Adult Art 2:00 M Oreo the Therapy dog and Julie 3:15 A Coffee Time 3:45 M This & That 5:30 V Fun and Games with Diane	AM A Netflix or YouTube 10:45 M Active Game 1:45 CR Sing-Along with Glenda and her Accordion 3:00 V Piano Hymns with Beth 3:30 M Puzzling 5:15 M Resident's Choice Word Game	9:45 M Discussion Group 10:25 W Exercises with Wellness Staff 2:00 M Hymn Sing 3:15 A Coffee Time 3:45 M Resident's Choice Trivia	9:00 TV Fitness 10:30 TV Fitness 3:15 A Coffee Time 5:00 V Fun with Diane 6:00 A Netflix or YouTube
9:00 TV Fitness AM A Netflix or YouTube 2:15 V Walking with Paula 3:15 A Coffee Time	11:00 M 6-5-4 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube	AM Catholic Communion 9:45 V Emmy the Therapy Dog and Nadine 10:25 W Exercise with Wellness Staff 1:15 M Sing - Along 3:45 M Resident's Choice Reminisce	9:00 M Morning Chat 9:30 C Bible Study 10:45 M Armchair Travel to Chicago w/ Pizza lunch from Lou Malnati's 2:00 M Behind Everyday Wonders 3:15 A Coffee Time 3:45 M This & That 5:30 V Fun and Games with Diane	AM A Netflix or YouTube 10:45 M Active Game 1:15 TC Scenic Drive 3:00 V Piano Hymns with Beth 3:30 M Puzzling 5:15 M Resident's Choice Word Game	9:00 M Discussion Group 10:25 W Exercises with Wellness Staff 1:45 CR Live Music by "Im-Perfect", aka "Pete and Virgil Duo 3:15 A Coffee Time 3:45 M Resident's Choice Trivia	9:00 TV Fitness 10:30 TV Fitness 2:30 V Coco's Heart Pet Visit 3:15 A Coffee Time 5:00 V Fun with Diane 6:00 A Netflix
9:00 TV Fitness AM A Netflix or YouTube 2:15 V Walking with Paula 3:15 A Coffee Time	11:00 M Bingo 1:55 W Exercise with Wellness Staff 2:30 WC Open Gym with Wellness Staff 3:15 A Coffee Time 3:45 M Uno 5:15 M Resident's Choice Trivia 6:00 A Netflix or YouTube	AM Catholic Communion 9:45 M Morning Chat 10:25 W Exercise with Wellness Staff 1:15 M Sing-Along 3:15 A Coffee Time 3:45 M Resident's Choice Reminisce	WIIII DIGITE	April B	Birthdays	