

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Events Calendar Mount Carmel Bluffs - Gables <h1>October 2024</h1>		Social Wellness 1 9:45 Rosary with Sarah followed by Chair Tai Chi 2EKR 10:30 Mass Ch 994 Before Dinner Daily Chronicles 1:30 Fit Minds with Jo 2DR 2:30 Euchre Card Game 1DR Before Supper Singing with Jo	Intellectual Wellness 2 9:30 Indoor Badminton 1DR 10:45 Community Prayers Ch 994 Before Dinner Daily Chronicles 1:30 Wii Bowling 2nd Fireplace 2:00 Library Cart with Katrina 3:00 Gluckhaus Dice Game 2DR Before Supper Wacky Wordies 6:00 Movie Ch 993	Emotional Wellness 3 9:30 Crafting with Katrina 2DR No Mass or Community Prayers Before Dinner Daily Chronicles 1:30 Activity Visits 2:30 Music Enjoyment with Katrina 2EKR 6:00 Euchre Card Game (RL) CLB 6:00 Wheel of Fortune Ch 7	Vocational Wellness 4 9:30 Balloon Volleyball 9:45 Coffee & Cocoa Cart 2F 10:30 Mass Ch 994 Before Dinner Daily Chronicles 2:00 Pumpkin Pie ala mode Cart with Jo & Katrina Before Supper Singing with Jo 6:00 "Cupcake" Bingo SJH	Enviromental Wellness 5 9:30 Fitness with Rachael Ch 993 10:30 Activity Visits Before Dinner Daily Chronicles 1:30 Wii Bowling with Jo 2F Before Supper October IQ 6:00 Movie Ch 993
Spiritual Wellness 6 9:30 Fitness with Rachael Ch 993 10:30 Mass Ch 994 Activity Packets available in the 1st Fl Activity Room	9:30 Chair Exercises 2DR 7 9:45 Bingo 2DR Before Dinner Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 1AR 2:30 MCB Autumn Tours Before Supper Trash & Treasure 6:00 Movie Ch 993	9:45 Rosary with Sarah 8 followed by Chair Tai Chi 2EKR 10:30 Mass Ch 994 Before Dinner Daily Chronicles 1:30 Fit Minds with Jo 2DR 2:30 Euchre Card Game 1DR Before Supper Singing with Jo	9:30 Ping Pong 1DR 9 Before Dinner Daily Chronicles 1:30 Wii Bowling 2nd Fireplace 2:00 Music with Katrina 2EKR Before Supper Remembering Halloween Costumes 5:30 to 7:30 Trunk & Treat Deerfield Parking Lot 6:00 Movie Ch 993	9:00 to 11:00 "That One" 10 Coffee Truck VPL 9:45 Drumming Fitness 2VCR No Mass or Community Prayers Before Dinner Daily Chronicles 1:30 Activity Visits 2:30 Crafting with Katrina 2DR 6:00 Euchre Card Game (RL) CLB 6:00 Wheel of Fortune Ch 7	9:30 Balloon Volleyball 11 9:45 Coffee & Cocoa Cart 2F 10:45 Mass Ch 994 Before Dinner Daily Chronicles 2:00 Pokeno 2DR Before Supper Singing with Jo	9:30 Fitness with Rachael Ch 993 12 Activity Packets available in the 1st Fl Activity Room 6:00 Movie Ch 993
9:30 Fitness with Rachael Ch 993 13 10:30 Mass Ch 994 Before Dinner Daily Chronicles 1:30 Watercoloring Jack-O-Lanterns with Kristine 2DR 6:00 Movie Ch 993 Before Supper Autumn Poems	9:30 Chair Exercises 2DR 14 9:45 Bingo 2DR 11:15 Resident Council 2VCR Before Dinner Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 2SL 3:00 MCB Library Visits Before Supper Indigenous People 6:00 Movie Ch 993	9:45 Rosary with Sarah 15 followed by Chair Tai Chi 2EKR 10:30 Mass Ch 994 Before Dinner Daily Chronicles 12:00 Happy Joe's Pizza 1 & 2 Dining Rooms 1:30 Fit Minds with Jo 2DR 2:30 Euchre Card Game 1DR Before Supper Singing with Jo	9:30 Table Hockey 1DR 16 10:45 Community Prayers Ch 994 Before Dinner Daily Chronicles 1:30 Wii Bowling 2nd Fireplace 2:00 Library Cart with Katrina Before Supper Ghoulishly Riddles 6:00 Movie Ch 993 6:30 Oktoberfest with Americana Band SJH	9:30 Music with Katrina 2EKR 17 9:45 Drumming Fitness 2VCR No Mass or Community Prayers Before Dinner Daily Chronicles 1:30 Activity Visits 2:30 Crafting with Katrina 2DR 6:00 Euchre Card Game (RL) CLB 6:00 Wheel of Fortune Ch 7	9:45 Fitness Fusion 2VCR 18 10:45 Mass Ch 994 Before Dinner Daily Chronicles 1:30 Movie and Popcorn 2FP	9:30 Fitness with Rachael Ch 993 19 10:30 Activity Visits Before Dinner ~ Daily Chronicles 1:30 Wii Bowling with Jo 2F Before Supper Concentration Puzzles 6:00 Movie Ch 993
9:30 Fitness with Rachael Ch 993 20 10:30 Mass Ch 994 Activity Packets available in the 1st Fl Activity Room	9:30 Chair Exercises 2DR 21 9:45 Bingo 2DR Before Dinner Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 1AR 2:30 Music with Katrina 2EKR Before Supper October Trivia 6:00 Movie Ch 993	9:45 Rosary with Sarah 22 followed by Chair Tai Chi 2EKR 10:30 Mass Ch 994 Before Dinner Daily Chronicles 1:30 Fit Minds with Jo 2DR 2:30 Euchre Card Game 1DR Before Supper Singing with Jo	9:30 Indoor Badminton 1DR 23 10:45 Community Prayers Ch 994 Before Dinner Daily Chronicles 1:30 October Birthday Party with Live Music Ron Lubbers SJH Before Supper Bases Loaded with Laughs 6:00 Movie Ch 993	9:30 Crafting with Katrina 2DR 24 No Mass or Community Prayers Before Dinner Daily Chronicles 1:30 Activity visits 2:30 Music Enjoyment with Katrina 2EKR 6:00 Euchre Card Game (RL) CLB 6:00 Wheel of Fortune Ch 7	9:30 Balloon Volleyball 25 9:45 Coffee & Cocoa Cart 2F 10:45 Mass Ch 994 Before Dinner Daily Chronicles 2:00 Spooktacular Halloween Fun with Jo & Katrina 1DR Before Supper Singing with Jo	9:30 Fitness with Rachael Ch 993 26 11:00 Spooky Halloween Bingo with Michele CLB Activity Packets available in the 1st Fl Activity Room 6:00 Movie Ch 993
9:30 Fitness with Rachael Ch 993 27 10:30 Mass Ch 994 Before Dinner Daily Chronicles 1:30 Pumpkin Painting with Kristine 2DR Before Supper The History of the Jack-o-Lantern	9:30 Chair Exercises 2DR 28 9:45 Bingo 2DR 10:30 Live Music with Janet 2DR Before Dinner Daily Chronicles 1:30 Pet Visits with Bronx 1:30 Manicures & Massages 2SL Before Supper Random Trivia 6:00 Movie Ch 993	9:45 Rosary with Sarah 29 followed by Chair Tai Chi 2EKR 10:30 Mass Ch 994 Before Dinner Daily Chronicles 1:30 Fit Minds with Jo 2DR 2:30 Euchre Card Game 1DR Before Supper Singing with Jo	9:30 Ping Pong 1DR 30 Before Dinner Daily Chronicles 1:30 Wii Bowling 2nd Fireplace 2:00 Library Cart with Katrina 3:00 Halloween Bingo 2DR Before Supper Going Batty: Bats & Baseball Trivia 6:00 Movie Ch 993	9:30 Music with Katrina 2EKR 31 9:45 Drumming Fitness 2VCR No Mass or Community Prayers Before Dinner Daily Chronicles 1:30 Crafting with Katrina 2DR 3:00 Activity Visits 6:00 Euchre Card Game (RL) CLB 6:00 Wheel of Fortune Ch 7 Halloween	Key: 1DR – 1st Dining Room 1NL – 1st North Lounge 1SL – 1st South Lounge 1AR – 1st Activity Room 2EKR – 2nd Eliza Kelly Room 2DR – 2nd Dining Room 2NL – 2nd North Lounge 2SL – 2nd South Lounge VPL – Vista Parking Lot 2VCR – 2nd Vista Community Room 2VP – 2 Vista Patio SJH – St Joesph's Hall MFC – Mary Frances Clarke Chapel RL – Resident Led	

All events are subject to change.

Life Enrichment Department Katrina 563-845-7603 or Dawn 563-845-7604